CURRENT APPROACHES TO CRISIS MANAGEMENT IN ORGANIZATIONS

Editor: Assist. Prof. Dr. Server Sevil AKYÜREK

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Current Approaches to Crisis Management in Organizations

Editor: Assist Prof. Dr. Server Sevil AKYÜREK

Istanbul Nisantasi University,

EASSF (Economics Administrative Social Sciences Faculty) Aviation Management (English)
Department

serversevil.akyurek@nisantasi.edu.tr https://orcid.org/0000-0001-6286-8399

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Koşuyolu Mah. Mehmet Akfan Sok. No:67/3 Kadıköy-İstanbul

Tel: 0 216 428 06 54 // 0530 076 94 90

mail: destek@artikelakademi.com

www.artikelakademi.com

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AUTHORS

Arham MUZAFFAR

Çağla ÖZGEN ŞAFAK

Fatih Mehmet BULUT

Hikmet ERKAN

M. Hazem Al EKHWAN

Melika RAFEI

Mesrri Mahmoud Mustafa QASIM

Mhammedi Aloui OTHMANE

Omer Faruk ASI AN

Qamar Nidal QUQA

Secil ULUFER KANSOY

Server Sevil AKYÜREK



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PREFACE

Dear Readers, a long and meaningful journey has been undertaken to bring this book to you. This journey was initiated with the belief that focusing on current crises in organizations and discussing theoretical and practical perspectives would be a significant contribution. In an era marked by organizational uncertainty, conflict, and unexpected disruptions, this book aims to shed light on how crises can be understood and addressed through both theoretical insights and real-life applications.

Moreover, at the outset, the goal was also to practically enhance the quality of academic learning. Furthermore, the application of student-academician collaboration as a practical contribution to the academic learning and teaching process has truly enhanced the quality. Our students, brought together from different countries, experienced a collaboration with their academicians that led to a better understanding of each other's cultural codes, not only academically but also culturally.

Furthermore, this book reflects the determination and efforts of students to learn and contribute academically despite the difficult living conditions of them and their families in Iran, Palestine, and many other parts of the world, thus providing a concrete example of an unforgettable endeavor.

I extend my sincere gratitude to all the authors who contributed to this book, and I wish everyone on their journey to enlighten the world continued efforts, underlining that the desire and effort to read, research, learn, and teach are highly important qualities that will continue to shed light on the entire world.

Editor,

Assist. Prof. Dr. Server Sevil AKYÜREK

CHAPTER 1

MANAGING HIGH PERFORMANCE TEAMS IN TIMES OF CRISIS: STRATEGIC APPROACHES IN HUMAN RESOURCE MANAGEMENT

Assoc. Prof. Dr. Seçil ULUFER KANSOY

Kırklareli University, Lülerburgaz Faculty of Aeronautics and Astronautics,
Aviation Management Department,
seciluluferkansoy@klu.edu.tr
ORCID: 0000-0002-5522-324X

INTRODUCTION

In order to sustain their commercial operations, businesses must be prepared for all kinds of adverse situations (i.e., crises). When negative circumstances are mentioned, crises are the first to come to mind. In its simplest definition, a crisis is an unexpected negative event that emerges suddenly at an unforeseen time and place. Examples include wars, pandemics, floods, fires, earthquakes, national or global economic crises, and so on.

To minimize the damage caused by crises, it is essential for businesses to manage their teams effectively during such times. Effective team management not only benefits the organization but also positively affects team members' commitment to the organization, motivation, job satisfaction, turnover intentions, and overall performance.

Among the most critical units in team management are senior executives and a well-organized human resources department. Senior management and HR units should develop effective strategies to handle any type of crisis. Since strategy development is not seen as an urgent matter, many organizations consider it to be difficult, burdensome, costly, and even unnecessary. However, it should not be forgotten that forming high-performance teams and implementing effective



team management during times of crisis can be life-saving. Therefore, HR units must develop certain strategies and should not regard this as burdensome, costly, or unnecessary.

This study focuses on the management of high-performance teams. For this purpose, related concepts are examined based on the literature. It is often observed that in times of crisis, businesses tend to resort to downsizing and wage reductions as their initial response. While layoffs might seem beneficial in the short term, in the long run, they can negatively affect the organization's public image and should therefore be considered a last resort.

1.TEAM AND TEAM MANAGEMENT

A team is a group of individuals formed to perform, conduct, and sustain a particular task, united by a shared commitment to accomplishing a defined goal through collaboration and division of labor. In recent years, group work has evolved progressively into team-based practices. Types of teams include self-managed teams, problem-solving teams, cross-functional teams, project teams, and virtual teams. With the influence of globalization, the need for teamwork has significantly increased. Rather than individual success, organizational outcomes and efficiency are achieved more effectively through team success (Koparal, 2012). Katzenbach and Smith (2005), in Table 1, emphasize that not all groups are teams, and they propose criteria for distinguishing between the two.

Table 1: Differences Between Groups and Teams

Team	Group
Shared leadership roles	Strong, focused leadership
Individual and mutual accountability	Individual accountability
Specific team purpose delivered by the team itself	Broader organizational mission
Collective work products	Individual work products
Encourages open-ended discussion and active problem-solving meetings	Efficient meetings
Measures performance directly	Measures effectiveness indirectly via
through collective work products	influence on others
Discusses, decides, and does real work together	Discusses, decides, and delegates

Source: Katzenbach and Smith (2005).



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The fundamental characteristics of teams begin with having members who possess the necessary and sufficient skills, a high level of motivation, and strong performance. Second, effective communication both within the team and with upper management is essential. Third, adequate working time must be available to quickly resolve emerging issues. Fourth, teams must remain focused on their goals to achieve success. Fifth, support from middle and senior managers and their participation in teamwork must be evident. Sixth, a high level of knowledge enables proficiency in problem-solving and resource management (Küçük, 2008).

In organizations, transformation and managing change through diverse experiences, motivations, energies, and skills enhances the conversion rate of added-value efforts. The team's desire to succeed fosters the completion of each project with enthusiasm and dedication. Team success also contributes to shaping career paths and promoting positive dynamics within the organizational climate (Keklik, Anıklı & Karakoç, 2022).

Team management encompasses teaching effective communication, recognizing its importance, distributing responsibilities among team members, and defining leadership and team management roles (Gezeravcı, 2010). A key element in forming a successful team is the presence of a leader. The leader should minimize status differences with team members to foster a comfortable and trusting environment (Înce, Bedük & Aydoğan, 2004). Raes, Heijltjes, Glunk, and Roe (2011) conceptualize team management as the inner circle of managers who collectively formulate, articulate, and implement the organization's strategic and tactical moves.

Team management ensures continuity within organizational structures by maintaining progress and unity. It plays a vital role in resolving organizational problems and aims for profitability by identifying potential opportunities. In team management, strategic and operational success often stems from the diversity of ideas (Zehir & Özşahin, 2008).

To establish a functioning team, a strong manager who is also a leader is required. The leader's authority, working system, innovativeness, and involvement influence the team's engagement in the process. Shared participation between the manager and the team enables joint decision-making, intellectual development, motivational inspiration, and ideal influence and response. With effective leadership, the bond between management and the team can become strong and long lasting (Erdem & Dikici, 2009).

Team management enhances communication and cooperation within



the organization, increases the sense of responsibility, promotes a customeroriented strategy, and improves adaptability and flexibility. It also reduces costs and labor requirements, shortens the time-to-market for products and services, boosts profitability, and enhances motivation. Individual contributions tend to be greater compared to individual working environments (Pınar, 2006).

Team management today is evaluated within the scope of modern and postmodern approaches. Modern management approaches stem from the positivist paradigms of the industrial revolution, whereas postmodern approaches emerged later. Positivist management considered a classical approach and chaotic management considered postmodern are among the frameworks influencing team management (Usta, 2017).

The positivist management approach argues that both managers and employees act rationally, primarily thinking of themselves (Şeker, 2014). This approach focuses on psychological factors and was pioneered by Max Weber. Robert Merton, sharing similar views with Weber, differentiated between cultural and social structures. This distinction helped sociologists better understand the relationship between values, norms, and human behavior. Merton argued that organizational and social functioning should progress bureaucratically (Merton, 1968). The positivist approach fosters a rational and formal structure, with clearly defined goals and goal-oriented operations. It emphasizes a bureaucratic system with hierarchical status. Authority is assigned to positions rather than individuals, and relationships are formalized (Fırat, 2006).

In contrast, the chaotic management approach deals with complexity and uncertainty. Crises and conflicts within organizations create a chaotic environment, for which managers must always be prepared (Doğan & Aslan, 2022). Since conditions and components are constantly changing, even the smallest variations must be swiftly addressed. Adaptability, opportunity utilization, error minimization, and flexibility are crucial. Team leaders, aiming to align team members with organizational goals, must recognize and address chaos and uncertainty through scientific and contemporary methods (Doğan & Aslan, 2022).



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2.HIGH-PERFORMANCE TEAM MANAGEMENT

Performance is defined as an organization's ability to achieve its goals by utilizing its resources effectively and efficiently. Organizational performance, on the other hand, is a metric that indicates the extent to which an organization achieves its goals within a given time frame (Doğan & Altunoğlu, 2014). The complex problems of today have become too challenging to solve through individual efforts alone. These issues require the collaboration of individuals with diverse skills and perspectives (Kutlu & Duran, 2015). Therefore, cooperative efforts and problem-solving initiatives necessitate teamwork and the enhancement of team performance.

The impact of performance on a team whether positive or negative depends significantly on how internal competition among team members is managed. Emphasizing teamwork, having a manager who also takes on the role of a coach, and demonstrating care for both employees and the task contribute positively to employee performance and motivation (Lin, Chen, Liu & Liao, 2019). Each motivated team member contributes to the achievement of organizational goals (Şimşir & Seyran, 2020). The success or failure in performance is also linked to whether an employee is willing to fulfill the given task or duty (Doğanay & Şen, 2017).

The success of team members depends on their ability to stay focused and be encouraged to succeed (Artantaş & Gürsoy, 2021). Organizational culture and climate are other important factors that influence performance and success. Motivation, interpersonal interaction, behaviors, and attitudes particularly in decision-making processes are significantly affected by the internal climate of the organization (Yılmaz, 2008).

Team success is derived from the ability to implement creative and original ideas through sound strategies. As a result, teams can produce meaningful outcomes that serve organizational goals (Kurt, 2013). Success is influenced by factors such as employee commitment, engagement, motivation, and the relationship between employees and management. Building an organizational culture that takes these elements into account and supports employees is critical for long-term success (Carmeli & Schaubroeck, 2007).

The quality of decisions made by teams and their overall performance are directly related to team success. According to a study by Aytekin and Güvener (2022), a sense of collective efficacy and participative culture within teams fosters the development of both the team and individual members. Moreover, internal and external competition dynamics play a regulatory role in team



functioning.

Most successful teams shape their objectives in response to demands or opportunities presented by senior management. This approach helps teams frame the organization's performance expectations in a broader context. Management is responsible for clarifying the team's charter, rationale, and performance challenge. At the same time, management should allow enough flexibility for the team to develop its own approach to achieving the objectives, including its set of goals, timelines, and methodologies (Katzenbach & Smith, 2005).

3. HUMAN RESOURCES STRATEGIES IN TIMES OF CRISIS

Numerous studies on human resource management (HRM) have indicated that HRM practices contribute significantly to both employee and organizational success. Many of these studies suggest that effectively managing human capital may have a greater impact on business performance and continuity than managing physical capital. Accordingly, the success of HRM is evaluated based on two primary criteria: employee satisfaction and overall organizational performance.

In this regard, HRM activities are examined in two main categories: cost-reduction strategies and commitment-enhancing strategies. Cost reduction strategies, often referred to as "control strategies," aim to enhance organizational performance by reducing direct labor costs or increasing labor efficiency. On the other hand, commitment enhancing strategies aim to shape employee behavior and attitudes by building a strong psychological bond between employees and organizational goals, thereby increasing employee satisfaction.

The specific strategies implemented by organizations during times of crisis depend on a variety of factors, such as the industry in which the organization operates, financial capabilities, management conditions, and the characteristics of the workforce. However, a review of data from studies conducted during crises reveals that, in response to market contractions, organizations seeking to survive the crisis with minimal loss tend to prioritize cost-reduction and efficiency enhancement measures. Commitment enhancing HR strategies are often pushed to the background, as they are perceived as cost-intensive (Küskü, 2002: 711).



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3.1. Organization of Human Resources During Crisis Periods

The responsibility of determining how the human resources (HR) department should be structured lies with top management. Senior executives are responsible for establishing general management and HR strategies, setting goals and objectives, and planning accordingly.

The position of the HR department within the organization is also influenced by how senior management perceives HR and the issues related to it. In addition, factors such as the size of the organization, the geographical distribution of its units, the nature of its activities, the number and qualifications of its employees, the structure and level of internal organizational relationships, and the dynamics stemming from collective bargaining systems all affect the way HR is structured.

HR departments can be organized at a high level, where they are granted sufficient autonomy to make decisions across all HR functions. For instance, in a large organization, one of the assistant general managers may be assigned to oversee HR affairs during crisis periods. In smaller organizations, HR might be structured as a unit reporting directly to the factory manager. Regardless of how it is structured, the formation of HR departments within organizations also paves the way for the development of HR strategies (Yüksel, 1990: 18).

3.2.Formulation of Human Resources Strategies During Crisis Periods

Developing any type of strategy is a difficult, time-consuming, and demanding process. Unless absolutely necessary, most managers tend to avoid engaging in strategy development. Since strategy formulation is often not considered an urgent task, managers usually lack the time or willingness to prioritize it due to other pressing issues. As a result, strategic planning is often perceived as having little immediate relevance to daily operations.

Nevertheless, formulating strategies is of great importance, as it significantly facilitates future management processes. Although urgent matters in daily operations may overshadow long-term strategic thinking, strategy development is a high-level task that requires deep expertise and yields long-term benefits for both organizations and their leaders (Sibson, 1991: 114).

The responsibility for formulating strategies lies with senior management. However, due to the costly and complex nature of this task, it often requires



broad participation. Including the individuals who will implement the strategies and bear the consequences in the strategy development process can enhance both the quality and acceptance of these strategies.

When developing HR strategies, organizations frequently focus on promoting efficiency; HR training and development; compensation and other benefits; career management and promotion; occupational safety; and addressing internal communication issues. Regardless of the scope, strategies are considered successful when they become an integral part of organizational decision making processes (Kayalar, 1998: 143).

Cost is one of the most critical factors in the evaluation of HR strategies. In many organizations, labor costs represent the primary expense category. Among the major HR related cost elements are wages and salaries. During crises, quick results can be achieved by suspending overtime work and halting new hiring. In the long term, downsizing may be required depending on the severity of the crisis. However, dismissing employees is a problematic approach, as it may damage the organization's public image and erode employees' trust in the organization. Instead, more flexible working systems may be implemented. While such systems may provide short term financial relief, they risk undermining the organization's long-term vision.

Flexible work arrangements refer to mutually agreed-upon norms regarding working hours, locations, and conditions that can be adapted to emerging situations. Functional flexibility centers on having flexible job definitions. During crisis periods, rather than dismissing employees, reassigning them to different tasks within the organization may be considered as an alternative (Kayalar, 1998: 158–159).

If the number of employees in an organization exceeds operational requirements, downsizing may be deemed necessary. This may result from declining sales or reduced demand for goods and services. Reduced demand inevitably leads to lower production levels and, consequently, a need to reduce the workforce. Organizations should first attempt to eliminate overtime work or, if necessary, adopt shorter working hours. If these measures prove insufficient, layoffs may become unavoidable. Additionally, factors such as the adoption of automation and mechanization, business closures, withdrawal from certain production areas, or a complete cessation of operations may also necessitate workforce reductions (Kayalar, 1998: 161).



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3.3. Human Resources Strategies in Enterprises During Crisis Periods

During times of crisis, businesses may resort to three primary strategies: employing cheaper labor, reducing the workforce, and cutting wages and financial benefits to lower costs. Additionally, some businesses may invest in new technologies or place their faith in human capital to accomplish what financial capital cannot.

According to a study conducted in Türkiye, HR strategies implemented during crisis periods can be categorized into four main groups:

- 1. Adjustments related to wages and financial benefits,
- 2. Changes concerning employee numbers,
- 3. HRM-related activities, and
- 4. Employee integration efforts within the organization (Küskü, 2000: 706–707).

Some organizations, in response to the negative effects of a crisis, may postpone planned salary increases or financial improvements. In certain cases, they may even implement wage reductions or eliminate previously offered social benefits and facilities.

Adjustments related to the number of employees are also commonly employed strategies during crises. From a traditional management perspective, reducing the workforce is one of the most widely used methods of lowering costs. In Türkiye, this is frequently applied as a reactive strategy during crisis periods. However, this approach often has negative consequences, including a decline in employee morale and motivation, as well as diminished trust and loyalty toward the organization. These effects are particularly harmful during crises, as they suppress innovation potential (Küskü, 2000: 709).

To mitigate the negative impacts of a crisis, organizations should implement various initiatives aimed at developing, motivating, and integrating employees. Recognizing that employee knowledge, skills, and abilities can generate economic value for the organization, HR strategies during crisis periods should focus on training and development efforts that strengthen employee commitment and engagement. Motivational programs aimed at reinforcing the employee organization relationship are critical to overcoming crises with minimal damage (Karadal, 2002: 731–732).

A particularly striking aspect of HR practices during crisis periods is that layoffs often begin with unskilled workers. However, as the crisis deepens,



layoffs may expand to include lower-level managers and even reach upper management positions (Capital Journal, 2001).

Layoffs should be considered a last resort in HR strategies during times of crisis. If downsizing becomes unavoidable, the following criteria should be taken into account:

- Alternative options such as military service, annual leave, paid or unpaid leave should be considered first (Eyrenci, 1994: 12).
- Priority should be given to those who are eligible for retirement (Tüz, 2001: 80).
- Performance appraisal results should be reviewed, and employees with consistently low performance ratings should be selected for dismissal.

4.THE IMPACT OF LABOR LEGISLATION ON APPLICABLE HUMAN RESOURCES STRATEGIES DURING CRISIS PERIODS

For employees, wages constitute their sole source of income. With this income, they strive to meet their needs, improve their living conditions, and secure social protection. Therefore, employees generally seek to increase their earnings in pursuit of better standards of living. On the other hand, employers facing crises aim to minimize expenses by reducing labor related costs as much as possible (Akalp, 2024).

A major issue concerning cost reduction focused HR strategies during crisis periods arises when employers fail to properly calibrate wage related adjustments. Employees whose wages are reduced or delayed due to the crisis may question the legal validity of such practices. However, due to the general negative atmosphere created by the crisis, many employees may refrain from challenging the legality of wage reductions, especially if they have not been laid off. The HR strategies implemented during crisis periods, along with their corresponding legal provisions, are detailed below. In cases where employers indefinitely postpone wage payments following the onset of a crisis, employee rights are protected under Article 34 of the new Labor Law (No. 4857), which was published in the Official Gazette dated June 10, 2003, issue number 25134.

Article 34 – Delay in Wage Payment:

"If an employee's wage is not paid within twenty days of the due date,



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except in the event of force majeure, the employee may abstain from fulfilling their work obligation. Even if the number of employees abstaining reaches a collective level, their action shall not be considered a strike. For wages not paid on time, the highest interest rate applied to deposits shall be used. The employment contracts of such employees cannot be terminated for this reason, and replacement workers cannot be hired; nor can the work be outsourced."

In cases where employers are unable to pay wages due to bankruptcy, concordat, or certificate of insolvency, Article 33 becomes applicable:

Article 33 – Wage Guarantee Fund:

"In the event of a concordat declared by the employer, a certificate of insolvency, or bankruptcy, a Wage Guarantee Fund shall be established within the scope of the Unemployment Insurance Fund to cover employees' wage claims arising from employment relations for the last three months. This fund is financed by one percent of the total annual unemployment insurance premium payments made by employers. The procedures and principles for the formation and implementation of the Wage Guarantee Fund shall be regulated by a directive issued by the Ministry of Labor and Social Security."

During the implementation of wage reduction strategies, the protection of employee rights is addressed under Article 35 of the same law. Similar provisions appear in other articles as well, reinforcing employee protections.

The execution and outcomes of HR strategies during crisis periods may vary depending on the attitudes of both employers and employees. Employers who implement these strategies without referring to relevant legislation may face serious consequences if employees decide to pursue their legal rights. On the other hand, organizations that openly communicate the legal framework and potential repercussions while expressing their concern for both the company and its employees tend to foster a more positive working climate. Reaching mutual understanding and aligning with the minimum legal requirements offers the most constructive and ideal solution for both parties.



CONCLUSION

In times of crisis, the sustainability and resilience of organizations are closely tied to how effectively they manage their teams. Crises, by their very nature, are unpredictable and disruptive, often emerging without warning. This unpredictability underscores the need for proactive preparedness and strategic foresight. Organizations that fail to anticipate potential disruptions and develop contingency strategies risk significant operational, reputational, and financial damage.

One of the most critical components in navigating crises is the human resources (HR) function. HR departments play a pivotal role in designing and implementing strategies that promote organizational agility, cohesion, and performance. High performance team management is not merely a desirable trait but a necessity in crisis conditions. Teams must be structured, motivated, and supported in a way that fosters collaboration, innovation, and adaptability.

The study highlights several HR strategies that are particularly relevant in turbulent times, including compensation adjustments, workforce restructuring, internal communication practices, and employee integration efforts. However, while cost-reduction strategies may be tempting, they must be balanced with approaches that maintain employee morale, trust, and engagement. Moreover, all HR decisions must align with national labor laws to avoid legal and ethical repercussions.

Ultimately, the successful management of high performance teams during crises can serve as a decisive factor in whether an organization emerges stronger or weaker from such periods. Organizations that invest in peoplecentered, legally sound, and strategically balanced HR practices are more likely to navigate crises with resilience and preserve their long term competitive advantage.



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CHAPTER 2

PARADOX AND LEADERSHIP IN THE BUSINESS WORLD

Çağla ÖZGEN ŞAFAK

PhD Student, İstanbul University Social Sciences Institute,
Business Administration Department,
cagla.ozgen@ogr.iu.edu.tr
ORCID: 0000-0002-7306-1504

INTRODUCTION

Increasing technological advances, growing importance of information, globalization can cause rapid changes and transformations in today's organizations. These factors can effect organizations goals and operations positively or negatively. It is important for organizations to take actions quickly and improve their adaptation skills and flexibility in order not to be negatively affected by this rapid change and transformation. Organizations which can be successful in the uncertainty business world, are able to maintain their operations and obtain competitive superiority. In this respect, leaders have a valuable and crucial place in organizations. Leaders who respond to the challenges in the rapidly changing and uncertain business world by protecting the interests of the organization and considering demands of employees can contribute more added value. Whilst leaders protect the financial interest of the organization, they also keep the valuable human resources in the organization.

Organizations and leaders may encounter various paradoxes especially within the environment which perpetual changing and transforming, while trying to meet stakeholders' expectations. In this context, leaders can exhibit an important role in guiding employees in organizations towards business goals, in strategic decision-making and implementation processes, as well as in understanding and managing paradoxes. Thus, leaders can help businesses achieve sustainable success.



THE CONCEPT OF PARADOX AND ITS SIGNIFICANCE IN THE ORGANIZATIONAL FIELD

1.1. Paradox

Throughout history, fields such as literature and philosophy have emphasized that paradox lies at the core of human experience. Paradox has generally been described as the simultaneous existence of opposites and has been associated with concepts such as inconsistency, contradiction, and irony (Smith et al., 2017). Derived from the Greek words "para" (beyond or opposite) and "dox" (belief or opinion), paradox refers to a situation or relationship that transcends logic or reason (Chen, 2002). A review of the literature reveals various definitions:

- Paradox, encompasses contradictory and mutually exclusive elements that coexist and operate simultaneously (Cameron, 1986).
- The concept of paradox is frequently used to depict contradictory expectations, conflicting viewpoints, or logically inconsistent findings (Lewis, 2000).
- A paradox is a condition arising when individuals bring opposing forces or tendencies into noticeable proximity through interaction or contemplation (Ford & Backoff, 1988).
- A paradox consists of opposite but interconnected elements that remain present and continue to exist together over time (Smith & Lewis, 2011).

According to Cameron and Quinn (1988), paradox represents a situation where opposing and mutually exclusive elements coexist and are equally influential. Paradoxes inherently differ from similar concepts such as dilemmas, irony, ambivalence inconsistency, dialectics or conflict (Cameron and Quinn, 1988):

- **Dilemma** is described as an either/or situation where one alternative must be chosen over another appealing option. In a dilemma, a decision between options is required.
- Irony arises when an unforeseen or conflicting outcome emerges from one alternative.
- **Inconsistency** is merely a deviation or disconnectedness from past patterns.



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- **Dialectics** is a form that begins with a thesis every time, continues with an antithesis, and resolves through synthesis.
- **Ambivalence** indicates uncertainty about which of two or more appealing alternatives to choose.
- **Conflict** involves the ongoing maintenance of one alternative at the cost of others.

Paradox differentiates itself from each of these concepts by not requiring a choice between two or more opposing forces. In a paradox, both conflicting components are acknowledged and coexist simultaneously (Cameron & Quinn, 1988).

1.2. The Role of Paradox in the Organizational Field

Paradoxical thinking in organizational studies began to gain prominence in the 1980s (Smith et al., 2017). Accelerating technological advancements, global competition, and workforce diversity have intensified the presence of paradoxes within organizations. For instance, managers are expected to enhance efficiency while fostering creativity, build individual teams, and act locally while thinking globally (Handy, 1994; Lewis, 2000). According to Handy (1994), organizations are now required to be simultaneously global and local, small in some respects but large in others, and occasionally centralized but mostly decentralized. Employees are expected to work both autonomously and collaboratively in teams, while managers are tasked with both delegating authority and maintaining control (Handy, 1994).

In organizations, some situations may appear to be positioned at opposite ends of a spectrum, inherently possessing a paradoxical nature. However, this does not mean that such situations are mutually exclusive. An organization can be both productive and coherent, or both flexible and stable. It can be argued that seemingly opposing qualities, such as stability and flexibility, can coexist and even complement one another. Organizations that effectively balance these seemingly contradictory characteristics can operate more efficiently (Quinn & Rohrbaugh, 1983).

Organizations are inherently filled with paradoxes. Continuous and intertwined tensions emerge at various levels, from individual interactions and team dynamics to organizational strategies and larger institutional contexts. Common paradoxes involve those between change and stability, empowerment



and delegation, control and flexibility, diversity and inclusivity, exploring new paths and optimizing existing ones, rivalry and collaboration, and learning and performance (Smith et al., 2017).

Certain models and theories in organizational studies emphasize consistency. These models suggest that, to be effective, characteristics or behaviors must align with specific contexts (Cameron, 1986). For instance, contingency theory posits that organizational systems are most effective when internal components align with external environments, offering solutions to tensions by recommending choices among competing demands (Smith & Lewis, 2011).

Quinn and Rohrbaugh (1983) proposed a framework for organizational analysis based on the Competing Values Framework. This empirically derived approach emerged from the multivariate ordering of criteria used by organizational researchers and theorists to carry out evaluations organizational performance. In a two-phase study, organizational researchers were asked to assess the similarities of widely used effectiveness criteria. The model developed from the second group closely reproduced the first and proposed that three value dimensions form the basis of conceptualizing organizational effectiveness: control-flexibility, internal-external, and means-ends (Quinn and Rohrbaugh, 1983).

The findings suggested that organizational effectiveness criteria could be classified along three axes or value dimensions (Quinn & Rohrbaugh, 1983):

- **First Value Dimension:** Relates to the organization's focus. This ranges from an internal, micro-level focus on the development and well-being of employees to an external, macro-level focus on the welfare and growth of the organization itself.
- Second Value Dimension: Pertains to organizational structure. This reflects the balance between an emphasis on flexibility and an emphasis on stability within the organization.
- Third Value Dimension: Concerns organizational means and ends. This
 dimension reflects a balance between the importance given on processes
 such as goal-setting and planning and ultimate outcomes such as effectiveness and efficiency.



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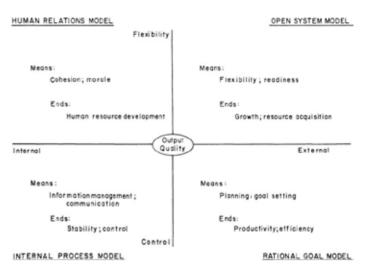


Figure 1. A Simplified Presentation of the Relationship Between the Three Value Sets and Effectiveness Criteria

Source: Quinn, R. E., & Rohrbaugh, J. (1983). A spatial model of effectiveness criteria: Towards a competing values approach to organizational analysis. Management Science, 29(3), 363-377.

These three components reflect the dilemmas that are in existence in the organizational literature (Aram, 1976; Quinn & Rohrbaugh, 1983). The Competing Values Model comprise of two axes that define four regions. The vertical axis ranges from flexibility to control. The horizontal axis extends from internal focus to external focus. Each region of this framework reflects one of the four main organizational theories, with each region having an opponent pole (Quinn et al., 1991):

- **Human Relations Area:** Focuses on internal focus and flexibility. This area emphasizes descriptors such as commitment and spirituality, with a focus on objectives like human resources and training.
- Open Systems Area: Horizontally adjacent to the Human Relations Area, it accentuates flexibility and external focus. Depictors like agility and adaptability existin this part. Also, focus on objectives such as resource acquisition and growth.
- Rational Goal Area: Accentuate control and external focus. Depictors such as goal-setting and planning exist. Also, focus on objectives like efficiency and productivity.
- Internal Process Area: Accentuate internal focus and control. Depictors

such as information management and communication exist. Also, focus on objectives like stability and control.

Cameron and colleagues (2006) explained a framework that could help leaders better understand and behave more effectively in creating value. The Competing Values Framework helps leaders see potential levels others might not notice in the tensions of organizational life. Leaders can master the ability to discover ways of creating value in unexpected forms. The ability to see deep simplicity in complexity has been expressed as the essence of mastery (Cameron, 2006).

Lewis (2000), by combining perspectives from philosophy, psychology and organizational studies, detailed the key component of paradox. The resulting framework (Lewis, 2000):

- Describes how paradoxical tensions arise from polarized social and cognitive structures.
- Explains how actors' defensive responses can feed reinforcement cycles.
- Details how actors can avoid getting trapped in these paralyzing and often debilitating cycles through greater behavioral cognitive complexity.

Figure 2 shows these three components; the arrows between the components represent the process of exploration. The framework portrays discovery itself as paradoxical by connecting management to tensions. Instead of linear progress marked by a distinct endpoint or solution, exploring a paradox is a continuous and cyclical journey. As researchers learn to understand the paradox, they may encounter other potentially more complex conflictings (Lewis, 2000).

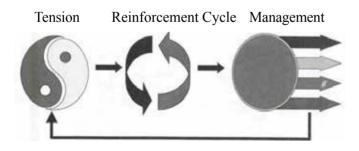
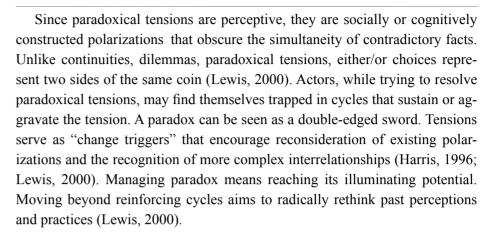


Figure 2. Paradox Framework

Source: Lewis, M. W. (2000). Exploring paradox: Toward a more comprehensive guide. *Academy of Management Review, 25*(4), 760-776.



Another key point regarding paradox is Eastern or Chinese thinking. In his work, Chen (2002) suggests that China's "middle way" philosophy could be a fertile source of ideas for developing paradox literature. The "middle way" philosophy of China emphasizes holism rather than analysis, and paradoxes rather than mutually exclusive opposites. According to the author, the middle way philosophy can offer the key to understanding paradox (Chen, 2002).

While Western thinking is characterized by strong analysis and categorization, Eastern or Chinese thought is recognized for its integrative and inclusive nature (Chen, 2002). In the West, problems are often approached with an either-or perspective. The understanding in Western thought emphasizes clarity and simplicity. In Asia, however, it is possible for both negative and positive situations to coexist side by side. The context ascertains what is appropriate (Fletcher & Fang, 2006).

In examining studies related to paradox, references to Yin-Yang philosophy can also be seen. Zhang and colleagues (2015) conducted research in China, combining Eastern Yin-Yang philosophy with Western-centered literature to better understand paradoxes and effective approaches to them (Zhang, 2015).

Yin-Yang is one of the recognized symbols in East Asia. Yin-Yang represents the two great forces of the universe—negative and positive, light and dark, female and male—in perfect balance and equal power. These two great forces together control events and situations. Within the White part, there is a black dot, and within the black part, there is a white dot. This essence of the Yin-Yang symbol reflects the idea that every entity contains a seed of its opposite (Cooper, 1972). Yin represents feminine elements (softness, mystery, night, moon, water, darkness, passivity), while Yang represents masculine elements (hardness, brightness, clarity, fire, sun, day, strength, and activity) (Fang, 2005).





Figure 3. Yin-Yang

Source: Fang, T. (2010). Asian management research needs more self-confidence: Reflection on Hofstede (2007) and beyond. *Asia Pacific Journal of Management*, 27: 155–170.

Yin and yang are interdependent and cannot exist without each other. They complement each other and exist within each other. In fact, at different times, they can even replace each other. Yin and yang are part of an ongoing process of change and transformation. Embracing paradoxes and accepting that opposing forces can exist simultaneously and together is a fundamental reflection of the Yin-Yang philosophy (Fang, 2005).

Based on a literature review, it can be stated that paradoxical situations, which may seem contradictory but are actually connected, are inherent in the nature of businesses, especially in today's rapidly changing environmental conditions. To effectively and harmoniously manage paradoxes, it can be suggested that leaders have crucial responsibilities.

2. LEADERSHIP

Leaders are among the most important actors in helping an organization achieve its goals. Leadership is the process of influencing and motivating individuals, as well as making the necessary adjustments for organizations to adapt to and manage change, thereby providing a new vision for the organization (Koçel, 2020). Leaders motivate individuals to work towards a common goal (Northouse, 2016). In the process of influencing individuals, the leader's personal characteristics, behaviors, ability to inspire trust, and capacity to provide inspiration are all important. Leadership is a process that involves the relationships between the leader, followers, and the conditions they face (Koçel, 2020).

Numerous approaches to leadership can be found in the literature. One of these approaches is the traits approach, which is based on the idea that leaders have distinct and extraordinary characteristics that set them apart from others.





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The most important factor distinguishing leaders from others is their personal traits. Another approach is the behavioral approach, which focuses on the specific behaviors displayed by leaders in addition to their traits. Behavioral approaches concentrate on the fundamental leadership behaviors that distinguish leaders. The situational approach emphasizes that the behaviors of leaders are shaped according to specific conditions and situations. Finally, modern leadership approaches have emerged as a response to the need to consider leaders more comprehensively and holistically in the rapidly changing business world. These approaches include charismatic leadership, transformational leadership, interactional leadership, authentic leadership, ethical leadership and servant leadership (Fındıkçı, 2012).

The context in which leadership is applied can affect which approach may be most appropriate and effective. Technological developments, workforce and economic conditions, and cultural and social norms in the surrounding environment of organizations play a critical role in this regard. Today, businesses operate in a dynamic, uncertain, and turbulent environment. Globalization, technological advances, ethics, economic challenges, governance concerns, new work methods, employee expectations, and social changes have all contributed to shifts in leadership practices. In line with these changes, managers have had to reconsider their approaches to organizing, directing, and motivating employees. Today, leaders focus on coaching and guiding, and strive to create flexible, fast, innovative, and relationship-focused organizations. If leadership is spread across the organization, employees can contribute to beneficial work for the organization by utilizing their own ideas and creativity (Daft, 2007).

Today's managers and leaders often face paradoxes due to changing circumstances. While trying to maintain and increase efficiency and profitability, they must also adapt to change. Organizations that can quickly adapt to change and transformation, which are fast and flexible, tend to be successful (Daft, 2007).

3. PARADOX AND LEADERSHIP IN ORGANIZATIONS

In today's organizations, leaders are tasked with performing their roles in an



uncertain and complex world. To achieve effective and efficient results, leaders need to deal with uncertainty and strike a balance among multiple paradoxes. While responsible for maintaining control, leaders must also encourage their employees to be independent and creative, especially given the changing circumstances. Moreover, leaders are expected to preserve the organization's traditional values while adapting to change. It is important for leaders to manage paradoxically by achieving stability and adaptability simultaneously (Mowles, 2015).

According to Brughmans (2016), leaders must be able to change direction quickly and, when necessary, move in the opposite direction. They must consider contradictory situations and take action swiftly when faced with unexpected situations. In changing environmental conditions, a leader's ability to manage uncertainty becomes even more crucial (Brughmans, 2016).

Smith and colleagues (2012) conducted a study using paradox research to develop a theory about the challenges and required skills to manage the tensions effectively arising from the combination of business outcomes and social mission. They used two examples, one in the classroom and the other in the field, of social entrepreneur training environments in order to exemplify pedagogical tools for teaching these skills. In this studey, paradoxical leadership model has been presented for social entrepreneurs by combining these skills, challenges and pedagogical tools. Social enterprises make a promise financially sustainable organizations aimed at solving major social problems. However, leaders must have the ability to effectively manage the conflicting demands arising from commercial and social expectations for social enterprises to succeed. Tensions between commercial and social demands can lead to unresolved debates, risk the loss of social mission focus or threaten financial sustainability. However, these tensions can encourage creativity, innovation and long-term organizational sustainability. Effectively leveraging the positive aspects of conflicting demands and alleviating risks can largely depend on the skills of social entrepreneur's. For social enterprises to succeed, their leaders need to manage contradictory demands from both social and commercial point of view (Smith et al., 2012).

Zhang and colleagues (2015), conducted a study in China aligned with Eastern thinking and traditions. They developed a method for measuring paradoxical leadership behavior. Based on the Yin-Yang philosophy and paradoxical cognition, paradoxical leadership behaviors exhibit dual characteristics at both individual and structural levels. These behaviors, like Yin and Yang, coexist together, complementing and supporting each other to increase the leader's ef-



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fectiveness in managing individuals. The authors used the —both—and terminology to describe the two sides of the behaviors and identified five behavioral dimensions (Zhang, 2015):

- Combining self-centeredness with other-centeredness
- Maintaining both distance and closeness
- Allowing individualization while treating subordinates equally
- Ensuring work requirements while allowing flexibility
- Maintaining control over decisions while providing autonomy
- The dimensions of paradoxical leadership are explained below (Zhang, 2015):
- *Combining self-centeredness with other-centeredness:* This dimension explains the ability of paradoxical-oriented leaders to sustain central influence within the organization while sharing recognition and leadership simultaneously with their followers.
- Maintaining both distance and closeness: The paradox of hierarchical distance and interpersonal closeness comes to mean that leaders maintaining their hierarchical position in work matters while simultaneously developing close personal relationships with followers.
- Allowing individualization while treating subordinates equally: This dimension refers to the leader's ability to align standard behavior with individualization. A leader may behave employees equally while adapting their approach based on job-related interests or individual skills.
- Ensuring work requirements while allowing flexibility: This dimension reflects that leaders sustaining control over employee behavior and decision-making processes while also empowering followers with the authority to act flexibly.
- *Maintaining control over decisions while providing autonomy:* This dimension explain that leaders ensuring control over outputs while providing employees with autonomy, simultaneously.

Through holistic thinking, leaders ackowledge the conflicts in paradoxes and seek to relate and integrate them with a broder system. Leaders purpose to find possibilities for these conflicts to coexist dynamically. In paradoxes of human management, they strive to balance both individual and organizational demands and needs. A leader who thinks holistically is able to help employees in taking responsibility for organizational success while also addressing their



individual needs by staying close to them (Zhang, 2015).

CONCLUSION

In a rapidly changing and transforming world, businesses can survive by adapting to change through flexible and agile behavior, gaining a competitive advantage, and continuing their operations. At this point, leaders have significant responsibilities. A review of the literature suggests that in an uncertain business world, leaders are considered to be of great value to organizations. In line with the literature, this study addresses the concept of paradox in today's business world and the possible roles of leaders in managing paradoxes. In this context, to effectively and harmoniously manage paradoxes in the business world, it is recommended that leaders closely follow new management approaches, environmental changes, and transformations; and approach changing conditions, contradictions, and paradoxes in a holistic manner.



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CHAPTER 3

SERVANT LEADERSHIP IN CRISIS: SUPPORTING ORGANIZATIONAL RECOVERY AND ENHANCING PERFORMANCE

Mesrri Mahmoud Mustafa QASIM

Master Student,İstanbul Nisantasi University, Graduate Education Institute,
Business Administration Department, (English, Without Thesis)
20241560001@std.nisantasi.edu.tr
ORCID: 0009-0001-0873-8304

Assist, Prof. Dr. Server Sevil AKYÜREK

İstanbul Nisantasi University, EASSF, Aviation Management (English) Department serversevil.akyurek@nisantasi.edu.tr

ORCID: 0000-0009-6286-8399

INTRODUCTION

In organizational crises, servant leadership is important because it supports organizational recovery and contributes to improved performance. Thus, increasing importance of servant leadership in today's unpredictable and competitive business environment. The impact of servant leadership on organizational success or failure is increasingly recognized, especially in times of crisis characterized by complexity, rapid change, and uncertainty. In challenging times, servant leadership becomes indispensable because it focuses on empowering and supporting employees, building trust, and encouraging ethical behavior; key elements that contribute to organizational resilience (Eliot, 2020; Eva, 2004). In essence, this topic aims to explore how servant



leaders prioritize the well-being and development of their teams and ultimately enable organizations to recover from crises and improve performance.

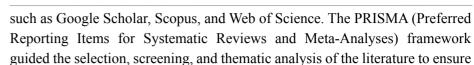
The practical relevance of this topic is significant for organizations seeking to manage crises effectively, enhance employee engagement, and drive sustainable growth through leadership strategies focusing on serving others. While the existing literature has thoroughly examined servant leadership and crisis management separately, the direct relationship between servant leadership and organizational recovery during crises remains largely unexplored. This chapter seeks to fill this gap by investigating how servant leadership behaviors and principles can facilitate organizational recovery and enhance team performance during times of crisis (Spears, 2010).

Practically, this chapter offers valuable insights for managers, human resources professionals, and decision-makers on how to implement servant leadership practices—such as empathy, listening, stewardship, and dedication to people's growth—during crises (Hunter, 2004). For instance, by fostering psychologically safe environments and encouraging collaboration, servant leaders can reduce uncertainty and boost morale, resulting in better organizational outcomes. Besides, human resources departments can benefit from incorporating servant leadership into training and development programs. Especially, employee wellbeing and service quality are crucial for some industries, such as the healthcare and aviation industries, due to being exposed to high pressure during work processes. Servant leadership approaches may help enhance employee wellbeing and service quality in these types of industries (Haricharan, 2023; Hunter, 2004).

This chapter also contributes to the servant leadership theory based on crisis leadership and organizational recovery. Furthermore, this chapter examines how servant leadership is a crucial tool for navigating challenges during organizational crises, such as uncertainty and turbulence.

A systematic review utilizing the PRISMA technique (Moher et al., 2009; Page et al., 2021) has been accomplished. This study demonstrates how servant leadership enhances team cohesion, ethical decision-making, and adaptability during crises, which are key elements of contemporary crisis leadership theories (Eva, 2004; Spears, 2010).

This research includes 46 peer-reviewed articles and academic sources. The keywords such as servant leadership, crisis management, organizational improvement, and employee performance have been used to search in databases



transparency and rigor.

The findings indicate that servant leaders play a crucial role in strengthening and maintaining team motivation, psychological well-being, and improving job performance during situations that create high stress and disruption. These outcomes highlight the relevance of servant leadership in crises and support its integration into broader organizational recovery frameworks.

The book chapter includes different sections. The first section is servant leadership in the recovery of organizations which will analyze and explain the main definition of servant leadership in a wide scope, the importance of servant leadership within organizations, the characteristics of servant leaders, the dimensions of servant leadership, the challenges and limitations of servant leadership, and finally the differences between the servant leadership and traditional leadership. The second section is servant leadership during crises which will address the concept of organizational crises, the basics of servant leadership during crises, the role of servant leadership in difficult times, the close relationship among servant leadership and job performance during hard times like crises, it will mention two real-world examples of servant leadership in crises and finally it answers the question of when servant leadership is the optimal choice. The third section is Organizational Commitment and Servant Leadership, which discusses the concept of organizational commitment, the importance of organizational commitment, and the relationship between organizational commitment and servant leadership. The final section is the fourth section, which is decision making in organizational crisis management, which will show the importance of making correct and effective decisions in organizational crisis management, and how to lead a team during crises, and how to deal with challenges and changes

In conclusion, this chapter contributes both theoretically and practically by connecting servant leadership to organizational crisis recovery. It addresses a significant gap in the literature, offers evidence-based recommendations, and presents a leadership model that organizations can adopt to thrive in the face of crises.



1. CONCEPTUAL FRAMEWORK

1.1. Servant Leadership in the Recovery of Organizations

Servant leadership is a modern style of leadership that aims to inspire individuals to give their best to achieve existing results, and it is linked to directing individuals to move in the right direction, obtaining their commitment, and motivating them to accomplish their aims (Spears, 2002; Parolini et al., 2012). In other words, servant leadership is a leadership style that innately grows within individuals through practice and extensive training (Carter & Baghurst, 2014; Spears, 2025). Rather, servant leadership becomes an activity whose goal is for the servant leader to realize that he is a member of a group to take care of its interests, taking care of its affairs, and appreciating its members, not obliterating them and absenting them (Hunter, 2004; Blanchard et al., 2001).

In addition, the servant leader must strive to accomplish the interests of the organization through joint thinking and cooperation in drawing up plans (Russell & Stone, 2002; Barbuto & Wheeler, 2006). The servant leader must distribute responsibilities to individuals according to adequacy and efficiency, not according to personal relationships (Spears, 2002; Parolini et al., 2012; Canavesi & Minelli, 2022). All of this is achieved by investing in the service of others wisely in a servant environment

1.1.1. Servant Leadership Within Organizations

Servant leadership is of great importance in institutions because it primarily requires the service and development of human capital that all institutions, without exception, need to accomplish their aims. It not only works to respond to their own needs, but it also works to instill the trait of continuous learning in the followers through what gives them a sense of independence and growth (Northouse, 2019). The importance of servant leadership lies in the following: Firstly, servant leadership has a major role in encouraging teamwork, which contributes to improved productivity and continuous improvement (Northouse, 2019). Secondly, it helps to create an appropriate organizational climate that enhances the state of job satisfaction and thus achieves loyalty and employees' organizational loyalty towards their work (Greenleaf, 1977; Mohzana et al., 2023).



Thirdly, servant leadership transforms organizations from traditional organizations to learning organizations characterized by encouraging cooperation, learning teams, and dialogue. Besides adopting a philosophy of continuous learning for individuals and groups, working at all levels in the organization enhances the organizational learning process (Laub, 1999; Wu & Ma, 2017). Fourthly, it contributes to establishing a culture of serving others within organizations (Greenleaf, 1977; Harwiki, 2013). Fifthly, it significantly contributes to achieving organizational commitment among employees (Northouse, 2019).

Sixthly, it contributes to achieving the desired aims of the organization (Laub, 1999; Wu & Ma, 2017). Seventhly, it reduces the percentage of problems arising in the work environment and contributes strongly to developing the necessary plans for treatment (Greenleaf, 1977). Eighthly, it stimulates the morale of workers in media institutions because of their effective contributions to achieving the highest level of participation (Northouse, 2019). Ninthly and finally, it increases the level of trust, reassurance, and respect between the servant leader and subordinates (Greenleaf, 1977; Mohzana et al., 2023).

1.1.2. Main Characteristics of Servant Leaders

According to Spears (2010), a servant leader must possess several key characteristics, the first of which is the ability to listen deeply, demonstrating a genuine commitment to caring for followers or subordinates. A servant leader must also be compassionate with the needs of his/her followers and seek to understand and accept them in all their situations as people, and servant leaders must have the capability to understand the circumstances surrounding them (Spears, 2010).

In addition, the servant leader must be aware of the surrounding matters, as awareness helps the servant leader understand issues related to morals, values, and authority. Thus, the servant leader can foresee all cases and situations comprehensively. The servant leader must also have the ability to persuade others rather than coerce them. Moreover, a servant leader must also be committed to the growth of others, that is, do his/her best to support every individual in the organization to grow on a personal and professional level. A servant leader must also believe in building society and seek to identify means and methods to accomplish (Spears, 2010; Gultekin & Dougherty, 2021).



1.1.3. Servant Leadership Qualities

Some studies by Liden et al. (2008), van Dierendonck (2011), and Sendjaya et al. (2008) have provided a comprehensive review of the available literature in this area; It ended up identifying seven dimensions of servant leadership. The qualities of servant leadership can be explained:

First is supporting subordinates' advancement and success: This refers to servant leaders helping their subordinates achieve professional and personal goals, self-realization, and reach their fullest human potential (van Dierendonck, 2011).

Second quality is empowerment: It refers to the servant leader empowering subordinates by enhancing the competence and self-determination dimensions, giving them more power and independence, participating in decision-making, and providing the necessary support and guidance (Sendjaya et al., 2008).

The third quality is altruism: A Servant leader prioritises his/her subordinates' needs, interests, and success before himself/herself (Greenleaf, 1977).

Fourth is acting ethically: A servant leader's strengthening of moral standards and values among subordinates by dealing with transparency, fairness, honesty, and justice, and not sacrificing ethical principles to accomplish success (Northouse, 2019).

Fifth is cognitive or conceptual skills: It is the ability of servant leaders to provide effective assistance and support to workers and the organization, and facilitate the tasks of others, including his/her subordinates, because he has knowledge about the organization and the tasks assigned to them. Also, it is the ability to establish a clear vision for the organization that goes beyond daily operations (Liden et al., 2014).

Sixth is emotional processing: It refers to the degree to which the servant leader cares to identify the personal problems of subordinates and gives sufficient time to address them, stand by them, provide support to them, and strive for their well-being (Patterson, 2003).

1.1.4. Limitations of Servant Leadership

Despite the positive aspects and great benefits of servant leadership, some negative aspects can be associated with it. First of all, servant leadership requires more effort and time to implement effectively, which sometimes makes it impractical (Greenleaf, 1977; Patterson, 2003). Also, an emphasis on serving



employees may be viewed as a weakness in strong leadership (Healey, 2014). Moreover, despite the great benefits of servant leadership, organizations must be careful when applying it. It is crucial to balance the disadvantages of servant leadership with the limitations of servant leadership plans (Boin et al., 2013; Van der Voet, 2014). Finally, the process of making difficult decisions may be difficult at times (Laub, 1999; Northouse, 2019).

1.1.5. Contrasting Servant Leadership with Traditional Leadership

Both types use different strategies and techniques, and each also provides different results. In servant leadership, the focus and attention of the servant leader are largely on the service, well-being, and growth of the employees. A servant leader focuses on the subordinates and tries to improve their lives instead of paying attention to the company and ensuring the growth of the subordinates personally and professionally in all areas.

In traditional leadership, the traditional leader encourages the team to do their jobs by motivating and directing them. The main focus of the traditional leader is on the company; that is, the traditional leader is only concerned with improving the business and general situation of the company and not on the well-being and service of the employees.

1.2. Servant Leadership During Crises

In this section, the characteristics and the effects of servant leadership on organizational crises are examined. Various aspects of the organizational processes and outcomes, such as job performance, innovation opportunities, organizational commitment, and decision-making strategies, are discussed based on crisis management and servant leadership.

1.2.1. Organizational Crises

Servant leadership is considered a significant factor in accomplishing the aims of organizations, as it leads to creating a balance between the organization and employees, and providing a work environment that makes them feel the importance of continuous development and adaptation to change (Greenleaf, 1977; Islam, 2023). It also focuses on meeting the needs of employees, in addition to developing proactive plans to confront potential crises. This helps the organization better adapt to future challenges (Sendjaya & Sarros, 2002).



Working with distinguished, creative, and efficient servant leadership makes organizations capable of confronting the crises they face (Greenleaf, 1977; Firestone & Firestone, 2020).

A crisis is an unstable and unusual situation that impacts the organization as a whole, involves rapid events, and leads to the cessation of work or its decline to an unusual degree, such that it impedes the achievement of the organization's main objectives in the specified time (Bass & Riggio, 2006). In addition, crises take different forms, with varying degrees of danger threatening the organization. Some of them may be internal and not noticed outside the organization, and others may be general and take on a wide scope (James & Wooten, 2005).

Organizational crises include various crises that threaten the life and survival of the organization or the operations and functions it performs. They represent emergency events and situations facing the organization and require taking several measures and administrative and technical responsibilities among all employees of the organization depending on the degree of the event, with the required speed and response (Coombs, 2007; Zub & Kuzmin, 2021).

The administrative concept of an organizational crisis is defined as a sudden situation that threatens the administrative entity and calls for a quick decision in light of the limited information available and thus the crisis occurs in the form of events, situations, conditions, or problems that particularly affect business organizations, whether at the level of the organization or the level of its operations, departments, or functions (Mitroff, 2005). Therefore, it can be explained that the organizational crisis is a source that threatens the current and future aims of the organization and the extent of its survival and continuity in the competitive environment (Boin & Hart, 2003). Organizations must manage these crises and develop the necessary strategies and policies to deal with the crises they face. Crises can be managed by preparing to confront crises by predicting problems and crises and enabling management to control the situation (Healey, 2014).

1.2.2. The Basic Role of Servant Leadership During Crises

Servant leadership during crises requires a set of foundations and principles that ensure that the organization is guided effectively and efficiently during critical times to overcome the stage of danger. Among these foundations:

First, planning and risk management: Prepare comprehensive emergency plans that include different scenarios for potential crises. As well as regularly



assess potential risks and update plans accordingly. Finally, train the team to implement emergency plans (Boin et al., 2013; Van der Voet, 2014).

Second, make quick and informed decisions: Quickly collect available information and analyze it to make appropriate decisions. Moreover, delegating powers and forming specialized work teams in order to deal with many aspects of the organizational crisis. Finally, the ability to adapt to changing circumstances in order to amend decisions when needed (Northouse, 2019; Laub, 1999).

Third, effective and transparent communication: Maintaining open and transparent communication channels with all stakeholders involved in resolving the organizational crisis. In addition, it provides regular updates on the current status and future steps to all team members. Finally, it creates an organizational atmosphere that recognizes the concerns and feedback of employees, customers, and shareholders enhances the efforts of team members (Jalil et al., 2022; Greenleaf, 2002).

Fourth, flexibility and innovation: Encouraging creative thinking and finding new and unconventional solutions to meet challenges. Also, the ability to adapt to rapid changes and exploit opportunities that may arise from the organizational crisis (Bass & Avolio, 2000; Avolio et al., 2004a; Dalain, 2023).

In summary, by applying these foundations, servant leaders can confidently and effectively guide their organizations through crises. As well as enhancing their capability to overcome challenges and return to stability and growth (Laub, 1999; Northouse, 2019).

Servant leadership contributes to alleviating stress during crises by providing emotional and professional support to employees. This helps maintain organizational stability by enhancing trust and cooperation between servant leadership and employees, as well as enhancing their ability to effectively confront challenges and crises (Schaubroeck et al., 2011; Ospina & Sorenson, 2006). A servant leader strengthens team spirit and increases individuals' ability to adapt to difficult circumstances (Van Dierendonck, 2011; Lee & Ko, 2019).

In other words, servant leadership requires a set of skills and strategies that help the servant leader deal with immediate challenges that may threaten the organization's continuity and success (Stone et al., 2004; Parris & Peachey, 2013). Moreover, servant leadership during organizational crisis requires a combination of strategic thinking, assertiveness, and compassion to ensure that an organization is successfully guided through difficult times (Northouse, 2019; Greenleaf, 2002).



1.2.3. The Relationship Between Servant Leadership and Job Performance During Crises

The practice of servant leadership is generally beneficial for organizations, as it is one of the effective servant leadership methods that has gained a great deal of acceptance in organizations, whether governmental or private, because it is viewed as a source of excellence for organizations and its superior ability to create servant leadership cadres characterized by efficiency, principles, and focus on employees (Barbuto & Wheeler, 2006; Greenleaf, 2002; Jackson & Lee, 2019). It has many important positive results on which the efficiency, success and superiority of organizations depend, and the achievement of their competitiveness, including the job performance of employees (Liden et al., 2008; Walumbwa et al., 2010).

This comes through the focus of this servant leadership style on caring for employees and meeting their needs so that they can reach their common goals (Liden et al., 2008; Van Dierendonck & Nuijten, 2011; Piorun et al., 2021). By involving them in decision-making and empowering them, this will generate in them a feeling of passion to contribute to the organization, which will be reflected in their job performance, which will make employees with good performance more inclined towards outstanding performance to achieve goals (Schaubroeck et al., 2011; Patterson, 2003; Aboramadan & Dahleez, 2022).

Furthermore, in light of what studies have indicated that the organizations that apply servant leadership are the organizations that care about and influence the psychology of employees, and that there is a relationship among servant leadership and performance in organizations (Liden et al., 2008; Van Dierendonck & Nuijten, 2011; Barbuto & Wheeler, 2006). In other words, the more Servant leaders apply the servant leadership philosophy, the better the performance (Patterson, 2003; Avolio & Walumbwa, 2014).

1.2.4. Real-World Examples of Servant Leadership in Crises

There are many examples that indicate how servant leadership during difficult times can achieve employee trust, loyalty, and performance. As well as making the organizations capable of overcoming future crises and changes. These examples are as following:

1.2.4.1. Abbott Laboratories – Rapid Innovation Amidst Crisis In 2020, Abbott Laboratories, under the leadership of CEO Robert Ford, successfully responded to the global health crisis by launching the BinaxNOW



COVID-19 at-home diagnostic test. A mission-oriented leadership approach was adopted, which emphasized healthcare values and decentralized decision-making. By empowering cross-functional teams and nurturing a shared sense of purpose, the company achieved the production of 50 million test kits monthly by October 2020 (Simon et al., 2022).

1.2.4.2. Merit Financial Advisors – Organizational Growth Through Servant Leadership

Significant organizational expansion at Merit Financial Advisors has been attributed to the servant leadership philosophy embraced by CEO Rick Kent. The conventional organizational hierarchy was inverted to place emphasis on employee needs, leading to investments in staff development and a trust-driven culture. This leadership model enhanced employee alignment with the firm's mission, contributing to its growth to over \$10 billion in assets under management (Khullar et al., 2021).

1.2.4.3. Gravity Payments – Employee-Led Crisis Management During the COVID-19 crisis, Gravity Payments demonstrated a servant leadership approach by involving staff in critical decision-making processes during financial hardships. Rather than enforcing layoffs, a collaborative decision was made whereby approximately 90% of employees voluntarily accepted reduced salaries, with some offering to work for half their pay. This action preserved jobs and exemplified the strength of a servant leadership culture based on mutual respect and shared responsibility (Alshaabani et al., 2021).

1.2.5. Servant Leadership: When Is It the Optimal Choice?

There are many pros and cons to any leadership style, but some leadership styles may be well-suited and the ideal choice for certain work environments, and at the same time may be inappropriate for other work environments (Northouse, 2019; Liden et al., 2008). For example: In a military work environment, there is discipline, precision, and strict protocols at work, and here autocratic leadership is largely required. On the other hand, in work institutions specializing in research preparation, group cooperation, innovation, enhancing team spirit, service, and support of employees are required, and here servant leadership becomes good, effective and required (Northouse, 2019; Boin et al., 2013).





1.3. Organizational Commitment and Servant Leadership

1.3.1. Organizational Commitment

The literature indicates that organizational commitment has become one of the main issues that concern organizations. Organizational commitment is an internal, emotional, psychological state represented by the employee's adherence to his/her organization and his/her conviction in its goals, which is reflected in his/her behavior as he/she seeks to make this organization successful and exert the greatest possible effort to achieve the interests and goals of the organization (Greenleaf, 2002; Liden et al., 2008).

The importance of organizational commitment among decision makers and managers in organizations lies in the fact that it is one of the variables that must be developed among employees because of its positive outcomes at both the individual and organizational levels, including the following: First, the higher the employees' commitment to their organization, the more likely they are remaining in the organization, working harder, and feeling a sense of stability (Van Dierendonck, 2011). Secondly, commitment reflects to a large extent the extent of an individual's affiliation to the group and organization in which he/she works, and consequently the extent of his/her desire to maximize performance (Waldman & Galvin, 2008). Thirdly, the loyalty of individuals to their organizations is considered a factor in predicting the effectiveness of the organization. Fourth and finally, the ease of the organization's response and adaptation to the surrounding environmental changes, and the high morale of the organization's employees (Kotter, 1996).

1.3.2. The Relationship Between Organizational Commitment and Servant Leadership

The relationship between organizational commitment and servant leadership is evident in the role of servant leadership in enhancing employees' feelings of commitment. Servant leadership focuses on serving, supporting, and motivating others, which contributes to creating a positive work environment in which employees feel respected and cared for (Heifetz, 1994). When employees feel that their manager cares about their interests and personal and professional growth, they become more committed to the organization (Van Dierendonck, 2011). This commitment improves individual performance and thus positively impacts the performance of the employees in the organization.

Moreover, servant leadership contributes to enhancing the feeling of





belonging among employees, as they consider themselves an important part of the organization's success. By providing a positive work environment that encourages trust and cooperation, employees are able to be creative and innovative in their work, which contributes to achieving the organization's aims (Sutcliffe & Vogus, 2003). In other words, servant leadership creates a type of positive interaction between the leader and his/her employees, which leads to raising the level of organizational commitment and achieving stability within the organization (Avolio & Walumbwa, 2014).

1.4. Decision Making in Crisis Management

Crises are an integral part of the life of companies and organizations and require servant leaders to be able to deal with them effectively and make the right decisions at the right time (Mitroff & Anagnos, 2001). Considering the psychological pressures and tension that accompany crises, the team relies heavily on its servant leader to guide and motivate them to deal with difficult situations (Boin et al., 2013). Therefore, servant leadership and crisis management are crucial skills that every servant leader must master (Greenleaf, 2002; Northouse, 2019).

First and foremost, a servant leader must be prepared for crises and work to build a strong and integrated team (Avolio et al., 2004b). Servant leaders can be aware of difficulties and may face by possessing a deep understanding of the company's internal processes (Sutcliffe & Vogus, 2003).

They should have a strong professional network and personal relationships so that they can overcome crises with a lower resource loss or no loss of resources (Waldman & Galvin, 2008). Second, a servant leader must be able to make effective decisions at the right time (Kotter, 1996). A servant leader must analyze the information, evaluate the possibilities, and choose the best idea/option for the organizational teams (Heifetz, 1994). Most importantly, a servant leader must have the courage to take risks and make difficult decisions during the crisis (Northouse, 2019).

Third, a servant leader must be a role model for their team. It includes demonstrating confidence and optimism during the crises (Laub, 1999). Servant leaders must be able to communicate effectively and efficiently with team members and motivate them to cope with challenging situations (Kouzes & Posner, 2017). Directing the team, distributing tasks, and managing tasks to achieve goals should be successfully accomplished by servant leaders



(Northouse, 2019; Liden et al., 2008). Fourth, servant leaders must have the ability to maintain emotional balance and provide psychological and emotional support to team members (Van Dierendonck, 2011).

Finally, accurate evaluation of employee performance, analyzing the mistakes, and ensuring learning from them can be achieved by servant leaders (Sutcliffe & Vogus, 2003). A servant leader must be able to predict crises and also help prepare for them. Therefore, they must be able to make accurate and effective decisions, guide employees, and cope with psychological pressure and tension (Northouse, 2019; Boin et al., 2013; Irfan & Al Hakim, 2022).

1.4.1. How to Lead a Team During Crises and How to Deal with Challenges and Changes

A servant leader must be prepared to deal with crises. Servant leaders have a deep understanding of the potential challenges the organization may face and how to deal with them (Patterson et al., 2004; Piorun et al., 2021). Also, a servant leader must have a crisis preparedness plan having emergency procedures, task allocation, and prioritization (Fiedler, 1967). Another characteristic of a servant leader is to think strategically and have strong decision-making ability. Servant leaders must have the ability to control his/her emotions and remain calm and balanced at all times (Goleman, 2000). Besides, a servant leader should be confident and optimistic to motivate the employees to achieve success (Hackman & Wageman, 2005; Thakore, 2013).

Moreover, a servant leader must possess the ability to adapt to rapid change (Bardach, 2001). A servant leader must be able to analyze a situation accurately and quickly, evaluate available options, and choose the best among them (Robinson et al., 2011).

Furthermore, a servant leader must be able to build a strong, collaborative team that can develop solutions to crises. Servant leaders must be able to enhance collaboration among team members (Van Dierendonck, 2011) and encourage innovation and creativity, and inspire the members to strengthen team spirit and a sense of belongingness (Amabile, 1997; Walker & Gold, 2020).



2.METHODOLOGY

This study includes a qualitative research methodology using a systematic literature review approach. To reach the secondary sources, the PRISMA technique has been utilized.

2.1. Data Collection and Analysis Method

The analysis utilized secondary sources, which are academic articles, books, and doctoral thesis studies available online. Databases such as Google Scholar, EBSCOhost, SpringerLink, and Web of Science are utilized in this methodology.

The PRISMA (Preferred Reporting Items for Systematic Reviews and Meta-Analyses) technique (Page et al., 2021; Moher et al., 2009) ensures that the selection and analysis process is thorough and rigorous. The keywords used for the search are "servant leadership," "crisis management," "organizational improvement," and "employee performance." In this way, the studies aligned with the research topic were identified. A total of 61 references that did not meet the inclusion criteria were excluded due to duplication, lack of full text, or not being written in English. Table 1 describes the PRISMA technique flow of the study.

Types of Number of Number of Number of **Exclusion** Resources Reached Included **Excluded** Reasons Resources Resources Resources Crises 26 19 7 Irrelevancy, duplication, Management 21 5 16 Servant n/a full Leadership version, Organizational 14 11 3 language not Recovery in English, Total 61 46 15 etc.

Table 1. The Flow of Prisma Technique

These 46 studies were analyzed thematically to identify the concepts contributing to the achievements of servant leadership during crises.



3. FINDINGS AND DISCUSSION

This chapter presents the findings from the literature review, focusing on the role of servant leadership in supporting organizational recovery during crises and its impact on overall performance. The results shed light on how servant leadership supports resilience and success during crises.

The findings indicate a strong connection between servant leadership and improved employee well-being during crises (Ortiz-Gómez et al., 2020). Because servant leaders prioritize their employees' needs, they foster trust and empathy within teams (Greenleaf, 2002). As described by Eva et al. (2019), servant leadership creates an environment where employees feel safe and valued, especially during times of uncertainty and chaos.

Servant leaders who effectively cope during crises provide emotional support to their followers, foster a sense of security, and help maintain the necessary high morale (Eliot, 2020).

Another important finding is the contrast between servant leadership and traditional leadership styles in the context of crisis management and organizational recovery. Traditional leadership, often based on hierarchical structures and authority-based decision-making, may be less effective in organizational crisis situations (Dierendonck, 2011). In contrast, servant leadership fosters the collaboration, open communication, and shared decision-making necessary to overcome uncertainty and ensure long-term recovery (Spears, 2010; Khalil et al., 2025). Findings also suggest that servant leadership contributes to organizational resilience by creating a culture that fosters adaptability within teams. This is particularly evident in high-pressure industries such as healthcare and aviation, where rapid and effective responses are critical. Furthermore, servant leadership fosters a culture of ethical behavior and sustainability that contributes to long-term success even after the crisis has passed. By promoting these values, servant leadership improves organizations' ability to manage and cope with crises (Hunter, 2004; Eliot, 2020). The study findings emphasize the important role of servant leadership in promoting employee well-being, fostering trust, and supporting ethical decision-making. All of these contribute to organizational improvement and improved performance. These conceptual relationships can be seen in Figure 1:



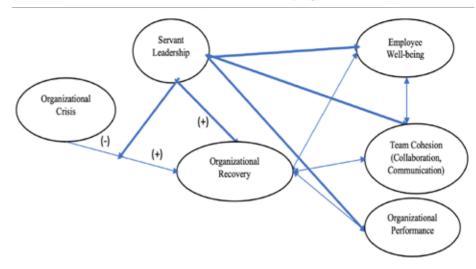


Figure 1. Conceptual Model of the Study

3.1. Theoretical Contributions

This study offers a significant contribution to the theoretical understanding of servant leadership, particularly in the context of organizational recovery during times of crisis. While servant leadership has been explored for its role in empowering employees, building trust, and encouraging ethical decisionmaking, its role in creating organizational recovery during times of crisis has not been extensively explored in the literature. This research fills this gap by examining how servant leadership can facilitate organizational recovery and enhance resilience during challenging times (Nelson, 2022; Hoang et al., 2024). The findings extend servant leadership theory by connecting it to modern crisis management frameworks. The study emphasizes that servant leadership prioritizes the well-being of employees during times of crisis, fostering trust, collaboration, and ethical behavior, leading to organizational recovery (Greenleaf, 2002). Thus, it reveals how servant leadership enables organizations facing uncertainty to adapt to change and survive in the long term. This study makes a significant contribution by integrating servant leadership with crisis leadership characteristics that emphasize the importance of trust, transparency, and employee participation during times of crisis (Dierendonck, 2011; Gigliotti, 2019).

Furthermore, the research contributes to the theoretical field by proposing



a framework that links servant leadership behaviors to key elements of crisis management, such as building trust, ensuring transparency, and encouraging employee participation (Hunter et al., 2004; Elshaer and Saad, 2022). This integration offers new perspectives on how servant leadership can enhance leadership effectiveness during times of crisis.

When examined based on theories of chaos (Boukas and Zaikas, 2014) and complexity (Olmedo and Mateos, 2015), servant leadership can also be explained as a bifurcation stage and a triggering factor that creates greater self-organization.

3.2. Practical Implications

This study offers valuable practical insights for leaders, organizations, and human resources professionals on how to implement servant leadership during crises to enhance coping strategies, improve processes, and enhance overall performance. The research suggests the practical implementation of core servant leadership behaviors (Liden et al., 2008), such as empathy, listening, and stewardship, which can create a supportive environment, build trust, and foster collaboration during times of crisis. These behaviors play a direct role in leadership's impact on employee well-being, motivation, and task conditions. Therefore, they are particularly important in high-pressure industries such as healthcare or aviation (Stone et al., 2004).

By embracing servant leadership, leaders can create psychologically safe environments where employees feel supported and motivated to contribute to organizational recovery. Human resources departments can also incorporate servant leadership principles into leadership training programs, ensuring future leaders are equipped to handle crises with empathy, sound ethical decision-making, and a focus on employee welfare (Spears, 2010).

Moreover, applying servant leadership in organizational practices can help build a resilient culture that is adaptive to change, capable of recovering from crises, and maintaining high levels of employee engagement and performance (Eva et al., 2019). This approach is especially beneficial for organizations in dynamic industries, where leaders must respond quickly and effectively to external threats. By promoting collaboration and trust, servant leadership not only supports effective crisis management but also positions organizations for sustainable growth in the long term.



3.3. Limitations of the Study

Since the chapter is solely based on secondary data sources that offer a wealth of information, such as academic articles, books, and reports, there may be some studies and primary data that were not included. The research also does not include surveys or field interviews with leaders or employees, which may limit the research's ability to provide a deeper understanding of how servant leadership is applied practically in organizations.

3.4. Future Research Recommendations

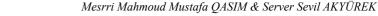
Future research on servant leadership in crisis management should focus on collecting primary data through interviews, surveys, and focus groups with practitioners and leaders who apply servant leadership in crises. Furthermore, studies exploring how servant leadership functions across cultures, sectors, and organizational types can reveal its unique benefits and challenges across contexts. Including studies exploring the impact of AI on crisis management and servant leadership today will illuminate new developments.

Furthermore, examining how servant leadership interacts with other leadership styles, like transformational or adaptive leadership, would offer a more comprehensive view of how hybrid approaches can enhance recovery. Long-term studies tracking the impact of servant leadership on organizations over time could highlight its sustained effects on recovery and performance, while also identifying potential limitations. These directions will help provide actionable insights for organizations looking to improve resilience and performance during times of crisis.

CONCLUSION

Servant leadership and organizational crisis management are crucial skills that leaders must improve themselves (Van Dierendonck, 2011).

There is a need to mention that there are pros and cons to any leadership style, but some leadership styles, like servant leadership, may be well-suited and the ideal choice for certain work environments. However, it may be inappropriate for other work environments, such as a military-style work environment (Hackman & Wageman, 2005).





By planning, making the right and informed decisions in a short span of time, communicating effectively, and motivating and supporting the team psychologically and financially, servant leaders can successfully guide their organizations through challenging times and raise the level of team performance (Kanter, 2003; Irfan & Al Hakim, 2022). Furthermore, innovation and adaptation to unexpected circumstances play a crucial role in increasing the organization's ability to recover after the crisis (Bardach, 2001; Hoang et al., 2024). Finally, after the end of crises, servant leaders must evaluate the team's performance, analyze the results, and draw the lessons learned, to enhance their ability to face any future crises in an efficient way (Fink, 1986; Bilal et al., 2021). Servant leadership creates a type of positive interaction between the leader and his/her employees, which leads to raising the level of organizational commitment, achieving stability within the organization, and overcoming organizational crises (Avolio et al., 2004b; Batool et al., 2022).

The close relationship between servant leadership and organizational crisis management was emphasized, which contributes to supporting the recovery of organizations and improving their performance in times of challenging crisis circumstances (Kanter, 2003; Hoang et al., 2024). This helps fill the gap in the literature and provides new insights into how servant leadership can be used to promote stability, growth, and innovation within organizations during crises (Hackman & Wageman, 2005; Ren & Shen, 2024). This chapter is an important step toward improving our understanding of how servant leadership can be applied to support organizational recovery and achieve innovation, growth, and sustainable success in organizations that inevitably contain changing and complex work environments (Patterson et al., 2004; Roberts, 2020).

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CHAPTER 4

THE ROLE OF EMOTIONAL INTELLIGENCE IN LEADERSHIP AND CRISIS MANAGEMENT

Melika RAFEI

Master Student, Istanbul Nisantasi University, Graduate Education Institute, International Business Department (with Thesis), 20241566004@std.nisantasi.edu.tr ORCID: 0009-0004-6122-534X

Assist. Prof. Dr. Hikmet ERKAN

Istanbul Nisantasi University, EASSF, Business Administration Department hikmet.erkan@nisantasi.edu.tr ORCID: 0009-0001-3442-1837

INTRODUCTION

The 21st century has experienced a record-breaking increase in the occurrences, intricacy, and universality of crises afflicting organizations. Whether it is health crises like the COVID-19 pandemic or financial meltdowns and cyberattacks, environmental disasters, and so on, these crises have become characteristic of the modern business world (Clarke, 2020; Newman et al., 2023). The highly volatile nature of conditions requires leadership skills that transcend the common strategic planning, risk management, and top-down control. In this context, leaders must cope with uncertainty, preserve business operations, and care about the emotional and psychological needs of their stakeholders in one and the same breath (Ashkanasy & Daus, 2022).

This research is therefore an attempt to critically look at how emotional





intelligence could be applied to increase the effectiveness of leadership in responding to crisis situations in organizations. To achieve this purpose, the paper aims at describing the most important dimensions of emotional intelligence in terms of leadership settings, discussing the influence of emotional intelligence and its role in the development of leaders regarding their decision-making, communication, and engagement with stakeholders in times of crisis, and researching the positive impact of emotional intelligence on organizational resilience and adaptive capacity. Furthermore, the research aims to integrate recent empirical evidence on the topic of the connection between emotional intelligence and effective leadership during the crisis and provide empirical evidence-based suggestions concerning the implementation of emotional intelligence into crisis management practices and leadership development plans.

In this regard, emotional intelligence (EI) has become a very important leadership skill. Firstly theorized by Salovey and Mayer (1990) and subsequently extended into the field of leadership research, the term EI is used to describe an individual's capability of identifying, interpreting, controlling, and also harnessing emotions in and within others. As recent empirical studies show, emotionally intelligent leaders are more likely to control their emotions, speak emotionally, promote psychological safety, and improve team resilience during the crisis (Côté, 2023; Wang et al., 2021). Such abilities hold direct application to the leadership efficiency at high-stakes settings where there is ambiguity and volatility.

Nevertheless, although the importance of EI in leadership has been acknowledged, there is still a theoretical problem as well as a practice gap concerning the EI role in crisis management. The majority of current leadership models emphasize screening most of their attention to thinking and action and paying less attention to the emotional and interpersonal processes that are important in crises (Newman et al., 2023). What is more, the discontinuous manner of research into EI in crisis settings requires the structured aggregation of the existing evidence to provide unambiguous conceptual connections and recommendations.

This paper fills this shortcoming with the help of a systematic literature review analysis of peer-reviewed studies printed in 2018-2024 using the PRISMA methodology. The major aim is to investigate the extent to which the different aspects of emotional intelligence play into the success of leadership during pandemics within the organization. By means of thematic analysis, the review outlines the essential EI competencies pertinent to crisis leadership and develops evidence-based suggestions of leadership development, organizational resilience, and crisis preparedness.



1. CONCEPTUAL FRAMEWORK

The effect of ever-growing complexity and unpredictability of the organizational environments on leadership paradigm has led to a paradigm shift where the emotional and relational competencies are considered in the integration of leadership in terms of crisis management. Although cognitive and strategic competencies are still crucial, recent research points out to the crucial significance of emotional intelligence (EI) as a tool to further boost leadership effectiveness in the case of organizational crisis (Côté, 2023; Newman et al., 2023). This is a conceptual framework that explains the theoretical principles behind the association between EI and the leadership of a crisis and provides the premise for the present study.

1.1. Emotional Intelligence

Emotional intelligence (EI) is known as a major leadership skill, which is defined as the aptitude to experience, know, manage, and apply emotions with an enlarged perception of oneself and others (Ashkanasy & Daus, 2022). Initially presented as a collection of psychological competencies, EI has developed in the study of leaders to be regarded today as a strategic capability that has a direct impact on leader actions and organizational performance (Newman et al., 2023).

According to Côté (2023), emotionally intelligent leaders possess better competencies in those areas as they are better in developing and maintaining trust, enabling interpersonal relations, enhancing psychological safety, and making effective communication sustainable, particularly when pressure is high. The core competencies of EI, such as self-awareness and self-regulation, empathy, and relationship management, help the leaders find the way out of the emotional situations and increase the effectiveness of their leadership.

High EI is always related empirically to better leader-follower relations, better decision making, and more flexibility in times of crises (Jantjies & Botha, 2024). This fact makes emotional intelligence not one more secondary feature but a prime contributor to the successful performance of leaders in complicated and unreliable contexts.



1.2. Crisis Management

The structured form of the process through which organizations expect, react, and adapt to major upheavals endangering their operations, reputation, or their existence is called crisis management (Boin et al., 2020). However, instead of careful decision-making processes, crisis leadership requires a fast decision-making process, emotional control, and efficient stakeholder-involvement (Hattab et al., 2022).

Modern leadership studies can draw attention to the fact that effective crisis management presupposes flexible leadership styles focused on transparency, trust of stakeholders and organizational resilience (Ofei et al., 2023). People who become crisis leaders have to look at the technical aspect of the work they have to do as well as the emotional aspect of the work that needs to be done which includes immediate response and long-term recovery.

Strategic decisions combined with the ability to manage connections play a crucial role in crisis leadership, which is why emotional intelligence is a critical element of successful crisis management (Khosravi et al., 2020).

1.3. Leadership Models in Crisis Management

The style of leadership in crisis situations tends to combine a variety of forms of leadership, with each model focusing on various elements required in the dense environment.

Transformational Leadership addresses the concept of inspiring followers, innovation, and team commitment which are features that can make organizations resilient and perform well in crisis conditions (Jantjies & Botha, 2024). Nonetheless, it does not imply that transformational leaders should not control their emotional participation and avoid burnout to preserve decision-making performance (Abdallah & Mostafa, 2021).

The focus of Servant Leadership is on serving people, fostering compassion, and facilitating a community in organizations. This model is associated with the elevated team resilience and psychological safety is a significant factor that helps to keep a team in good morale and productivity during the crisis time (Ofei et al., 2023).

Adaptive Leadership puts an emphasis on flexibility, learning, and empowerment of the teams to solve the complex issues. Flexible leaders promote trial and error, active communication, and group-driven problem-solving, which were crucial in crisis scenarios when everything is dramatically



changing (Uzair & Bhaumik, 2023).

To be effective, leaders typically need to employ hybrid leadership that incorporates these models along with emotional intelligence, as the core skill that allows leaders to adapt their way of leadership to the requirements of the crisis.

1.3.1. Emotional Intelligence and Collective Efficacy in Crisis Teams

The other important dimension is the implication of EI to be used to develop a sense of collective efficacy by crisis management teams. Emotionally intelligent leaders help build team confidence through promoting a shared sense of purpose, facilitating open emotional expression, and strengthening trust with the other members (Côté, 2023). The team performance in ambiguous circumstances is improved by this collective efficacy, and it promotes coordinated crisis response teamwork, particularly in cross-functional or multidisciplinary crisis teams.

1.4. The Relationship between Emotional Intelligence and Crisis Management

Emotional intelligence and crisis management have widely been traded in the current modern analysis on leadership. High EI display: heightened control over emotional responses, the physiological phenomenon of empathy, the capacity of creating psychological safety with their team (Abdallah & Mostafa, 2021).

Emotional intelligence assists the leaders to regulate the team dynamics, maintain morale, and initiate collaborative processes of decision making interceded in times of crisis. Another important contribution it can make to organizational resilience is to foster adaptability, engaging in the learning process related to crisis and ensuring overall stakeholder participation (Nonehkaran et al., 2023).

Also, the emotionally intelligent leaders are best in delivering clear and emotional communication, and such skills are critical in uncertainty minimization, stakeholder confidence, and successfully negotiating a crisis (Uzair & Bhaumik, 2023). This reconfirms the knowledge of EI as a tactical leadership tool as a part and parcel of effective crisis management and organizational survival.

The Role of Emotional Intelligence in Leadership and Crisis Management



2. METHODOLOGY

The research follows the specific design of a systematic literature review (SLR), which is organized according to the prismatic plan (Preferred Reporting Items for Systematic Reviews and Meta-Analyses) of the study. The SLR methodology properly determines the rigor of identification, screening, and synthesis of relevant empirical studies dealing with the significance of emotional intelligence (EI) in managing organizational crises.

2.1. Research Design

The study is interpretive and qualitative, and it targets secondary data obtained through academically published sources. The design is based on a synthesis of the already existing empirical research, so it is possible to combine different results of the research in a complex conceptual framework.

2.2. Data Collection

Systematic searching of the six scholarly databases, including Scopus, Web of Science, JSTOR, EBSCOhost, ScienceDirect, and Google Scholar, was used to collect data.

In the search strategy, there was the use of keywords a combination of:

- 1. "Emotional Intelligence"
- 2. "Crisis Management"
- 3. "Crisis Leadership"
- 4. "Organizational Resilience"
- 5. "Adaptive Leadership"
- 6. "Emotional Regulation"

The use of Boolean operators (AND, OR) to narrow the search was used. Publications were narrowed down to search between 2018 and 2024 to get results that are relevant to the current circumstances in research.



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2.3. Inclusion and Exclusion Criteria

2.3.1. Inclusion Criteria:

- 1. Peer-reviewed journal articles (2018-2024)
- 2. Things Find outputs in English Language publications
- 3. Studies focusing on EI in organizational crisis leadership contexts
- 4. Empirical research (Qualitative or Quantitative)

2.3.2. Exclusion Criteria

- 1. Non-peer-reviewed articles
- 2. Conceptual papers that lack empirical information
- 3. Research that exclusively takes place in clinical, educational, or personal psychological contexts
- 4. Articles that are not in full text

2.4. Screening and Selection Process

The last stage of selecting the studies included a full-text review to facilitate the evaluation of appropriate quality and the relevance of the rest of them. The initial investigation provided 139 resources. Following the limitations of duplicates and irrelevant studies as selected by title and abstract screening, 59 full-text articles were examined for their eligibility. Using the inclusion and exclusion criteria, 42 articles of peer-reviewed and empirical research were included in the final synthesis.

Table 1 tells the flow of the technique of PRISMA used in the current study, the resources identified, selected, and excluded resources and the reasons for their exclusion.



Table 1. PRISMA Flow of the Study

Types of Resources	Number of Reached Resources	Number of Included Resources	Number of Excluded Resources	Exclusion Reasons
Emotional Intelligence	62	23	39	Duplicates, irrelevant, language not English
Crisis Management	48	14	34	Not peer-reviewed, no full text, conceptual only
Leadership and Resilience	29	5	24	Off-topic, not empirical
Total	139	42	97	_

These 42 studies were further used to undergo thematic analysis to come up with key dimensions, patterns, and theoretical highlights of emotional intelligence in crisis leadership. To obtain the results, an analysis of the primary themes, i.e., emotional control, empathetic leadership, adaptive range, and organizational resilience, was included. It was also rich in results since it had both qualitative and quantitative studies, giving the reader a multi-perspective view of the phenomenon. The step-by-step use of the PRISMA framework promoted transparency, replicability, and rigor of the review process.

2.5. Data Analysis and Synthesis

The chosen articles were subject to the thematic analysis that revealed the core ideas, emotional intelligence dimensions, and their connection to crisis leadership.

A data extraction matrix was developed to record:

1. Study Design



- 2. Sample Characteristics
- 3. Organizational Context
- 4. EI Dimensions Addressed
- 5. Methodologies Applied
- 6. Main Findings

Both qualitative and quantitative studies have been regarded as they provide methodologically varied syntheses. Thematic coding helped in the grouping of discoveries into ultimate themes that are of relevance to EI and its bearing on the effectiveness of leadership in a crisis context.

3. FINDINGS AND DISCUSSION

This particular study has been obtained as the result of a systematic literature review using 42 different empirical studies published between 2018 and 2025, which are concentrated on examining the effect of emotional intelligence on leadership effectiveness in cases of offering leadership of organizations in crisis. Based on thematic analysis of the individual studies, four key themes were identified in the papers, which ran through the literature. The themes are multidimensional explanations of how emotional intelligence helps in the efficient management of crises and performances as leaders.

3.1. Emotional Self-Awareness and Regulation

One of the essential sets of skills that leaders need to have when working in a crisis setting is emotional self-awareness and control. With high self-awareness, leaders are in a better position to understand their emotional triggers and also to deal with the pressure (Jantjies & Botha, 2024). Emotional regulation helps to make the leaders clear-minded, not be guided by emotions, and create a stable atmosphere in the organization. These skills similarly improve the level of personal leadership, but also affect the emotional dynamics of a team and contribute to the organizational stability in the light of emergencies (Abdallah & Mostafa, 2021).



3.2. Empathetic Communication and Stakeholder Trust

The other aspect that would come out clearly as a core leadership behavior in crisis management was empathetic communication. Those leaders who showed empathy succeeded in communicating with stakeholders better and taking their concerns into account, and supporting transparent communication (Uzair & Bhaumik, 2023). This compassionate behavior brings in the aspect of trust and eliminates or minimizes uncertainty and boosts the faith of the stakeholders in what the leaders are doing in case of a crisis. The research results also emphasize the role of open communication as one of the instruments of reducing misinformation and building collective resilience (Ofei et al., 2023).

3.3. Relationship Management and Team Cohesion

The assessment of relationship management as a vital factor of team cohesion and performance in high-stress contexts turned out to be effective. Leaders with EI know how to establish effective teamwork, encourage team members to trust one another and learn to solve conflicts, as well as reduce misunderstanding in their teams (Côté, 2023). Such leadership actions make collective efficacy more effective so that the teams can function even in cases when a crisis situation has its impact. The results indicate that good associations among employees in organizations cushion the adverse effects of the crisis on performance and morale.

3.4. Emotional Intelligence and Organizational Resilience

The last theme that was revealed was the role played by emotional intelligence in organizational resilience. High-EI competent leaders are more prepared to encourage flexibility, teach failure, and use the failures to educate organizations in recovery (Nonehkaran et al., 2023). Emotionally intelligent leaders increase the organizational ability to overcome crises and resume normal operations through upholding a stakeholder orientation, promoting innovativeness, and facilitating psychological well-being. This observation supports the perspective that EI is a significant strategic resource in leadership to achieve the sustainability of an organization in turbulent conditions.



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3.5. Conceptual Model of the Study

Figure 1 represents a conceptual model of the major relationships that have been found during the thematic analysis of this study. It shows how emotional intelligence can help build the key leadership skills such as emotional selfawareness and emotional regulation, empathy in communication, management of relationships, and resilience which are important during leadership in a crisis. These competencies can result in emotionally intelligent leaders being able to overcome crises within organizations and build trust among its stakeholders to encourage resiliency within the organization, which leads to effective outcomes when handling a crisis.



Figure 1. Conceptual Model of the Study

The conceptual model shown in Figure 1 explains the contribution of emotional intelligence to perfecting the essential competencies of leaders: emotional self-awareness and control, empathy and communication with stakeholders, relationship building and team construction, and persistence and ability to recover after failure. A combination of these competencies prepares



leaders to handle crises in the organization more appropriately and also results in a successful outcome of the crisis in question.

3.6. Theoretical Contributions

The research advances the theoretical knowledge concerning crisis leadership by introducing the concept of emotional intelligence as a core leadership skill and not as an optional soft skill. Although the available theories of leadership usually deem strategic decision-making to be the key, as well as risk management, this study mentions that the emotional and relational aspects are equally important. Emotional intelligence can be used to enhance the current frameworks of leadership in crises due to the focus on adaptive leadership behaviors, empathetic communication, and psychological safety. In addition, the proposed research presents an overarching synthesis of recent empirical studies that highlights the multidimensional effect of emotional intelligence in managing crises in organizations.

3.7. Practical Implications

This research work practically gives a rich experience to investing in leadership and managing organizations. The results point to the value of integrating emotional intelligence training in leadership learning, especially in individuals working in industry sectors that have high risks or are in a crisis-prone environment. It is advised that organizations should consider the use of assessment materials when measuring emotional intelligence in leader identification, and also integrate an objective of the importance of being empathetic, emotionally aware, and adaptive leadership. Furthermore, including crisis management plans that focus on EI will help organizations be more resilient, form better relations with stakeholders, and communicate effectively during crisis times.

3.8. Limitations of the Study

Nevertheless, this study possesses some limitations despite its comprehensive nature. The laboratory setting of using a systematic review of the literature to collect secondary information constrains the capacity to capture real-time



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leadership behaviors and contextual variables in times of crisis. Also, only the studies that are published in English were included, which could limit the factor to consider relevant research in other languages, thereby limiting the scope of the findings. The study also conducted a study on selected empirical works published within the time frame of 2018-2025, whose limitation, although ensuring their novelty in the literature, can exclude important theoretical insights from the literature in the past.

3.9. Future Research Recommendations

There is room in the future of research that can be supported through empirical research to explore the emotional intelligence in crisis leadership with other audiences adopting the research in various nationalities and in many other industries. Future research should look into the long-term impact of emotionally intelligent leadership on the organization's resilience and how crises are recoverable through longitudinal studies. Also, the study of how focused emotional intelligence teaching influences leadership success during emergencies might be investigated through experimentation. By increasing the research to encompass a wide variety of geographical locations and languages, the research would also contribute to obtaining higher levels of generalizability.

CONCLUSION

This paper has demonstrated the intrinsic aspect of emotional intelligence in positioning successful leadership during a crisis, and indeed, the competencies of emotional intelligence cannot be discounted when it comes to getting through the maze of an organizational upheaval. Emotional self-awareness, empathetic communication, relationship management, and resilience-building have turned out to be the core components that help leaders to lead their organizations through uncertainty and adversity. With the help of combining theoretical and practical knowledge, the given research points out that organizations need to make emotional intelligence one of the most emphasized aspects in their leadership development program. Under the high-velocity environment we live in, one of the most important endeavors that could be used in maintaining the performance of an organization, and the capacity to survive, emerge out of a crisis is emotionally intelligent leadership.



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CHAPTER 5

AI IN HEALTHCARE: TRANSFORMING DIAGNOSIS AND TREATMENT AND IMPACTING THE SOCIAL BEHAVIOUR IN CRISIS MANAGEMENT

Arham MUZAFFAR

Master Student, İstanbul Nişantaşı University, Graduate Education Institute, Business Administration (English) Department, muzaffararham@gmail.com ORCID: 0009-0000-4213-7687

Assist. Prof. Dr. Fatih Mehmet BULUT

Istanbul Nisantasi University, EASSF, Business Administration Department (English), fatih.bulut@nisantasi.edu.tr ORCID: 0000-0002-1143-2592

INTRODUCTION

Healthcare services are constantly grappling with crises. Healthcare systems globally operate in perpetual crisis management (Boin et al., 2016). Diagnostic errors cause 40,000-80,000 preventable deaths annually (Singh et al., 2022). 30% of US hospitals risk financial insolvency (CMS OIG, 2023). Pandemic response delays cost lives during COVID-19 (Comfort et al., 2021). The COVID-19 pandemic exposed critical vulnerabilities in crisis response capabilities, with diagnostic delays, ventilator shortages, and overwhelmed ICUs demonstrating systemic fragility (Diaz et al., 2023).

AI emerges as a transformative crisis management mechanism, offering capabilities; resolve diagnostic crises through imaging triage systems reducing critical finding turnaround by 78% during emergencies (Liu et al., 2023), optimize therapeutic rationing during shortages via matching algorithms (Zhang



et al., 2023), accelerate pandemic response through wastewater surveillance predicting surges 14 days early (WHO, 2022), prevent financial collapse with fraud detection systems recovering \$12.8B in relief funds (CMS OIG, 2023).

This chapter analyzes AI's dual role in healthcare through a crisis management framework, shifting the sector from reactive response to proactive resilience. AI (ML, DL, NLP, computer vision) transforms disease detection, treatment, and efficiency, enabling earlier diagnosis and personalized care. Beyond its clinical benefits, AI significantly impacts socioeconomic structures: while offering cost savings, it also carries the risk of unequal access and workforce disruption (e.g., radiology, administration). It also triggers legitimate concerns about data privacy, algorithmic biases, and the "black box" uncertainty that undermines trust. This holistic study brings together evidence and frameworks to identify opportunities and threats. Stakeholders should consider these dimensions to consciously utilize AI for better outcomes, increased efficiency, and equity.

1. CONCEPTUAL FRAMEWORK

To grasp the impact of AI on healthcare, a comprehensive understanding of its fundamental concepts, evolution, and enabling technologies is essential. AI technologies serve distinct crisis functions, such as machine learning, diagnostic triage, and predictive analytics.

Machine Learning (ML): Predictive ventilator demand models during pandemics (Jiang et al., 2017). Deep Learning (DL): Identifying real-time strokes in overflowing emergency rooms (Liu et al., 2023). Natural Language Processing (NLP): Rapidly identifying misinformation in health emergencies (Lwin et al., 2020).

Examples of the evolution of readily available AI during times of crisis include: 2010-2019: Predictive analytics for epidemic prediction (H1N1, Ebola) (WHO, 2022); 2020-Present: Integrated crisis response platforms (COVID-19 AI coordination systems) (Diaz et al., 2023).

Also, some crisis-specific application domains can be explained as seen in Table 1.



Table 1. Crisis-Specific Application Domains

Application | Crisis Type | Example |

| Diagnostic triage | Diagnostic emergency | Stroke detection AI prioritizing CT scans (Liu et al., 2023) |

| Therapeutic rationing | Resource shortage | Monoclonal antibody allocation algorithms (Diaz et al., 2023) |

| Pandemic forecasting | Public health crisis | Wastewater-based COVID surge prediction (WHO, 2022) |

1.1. Theoretical Framework: Understanding AI Integration

Various theoretical perspectives are used to explain the adoption and impact of AI. The adoption and impact of AI in healthcare can be understood through several proposed theories:

Complex Adaptive Systems (CAS) Theory describes healthcare as dynamic networks composed of interacting factors. AI disrupts established patterns, leading to unpredictable outcomes and requiring the implementation of flexible applications (Plsek and Greenhalgh, 2001; Begun et al., 2003).

Diffusion of Innovations (DOI) Theory (Rogers, 2003) partially explains adoption through factors such as advantages (e.g., higher accuracy), compatibility (e.g., EHR integration), complexity, trialability, and observability.

Technology Acceptance (TAM/UTAUT) models take user adoption into account and highlight perceived usefulness, ease of use, facilitating conditions, social benefit, and trust (Venkatesh et al., 2003; Holden and Karsh, 2010).

Socio-Technical Systems Theory stresses optimizing the interdependence of social (people, culture) and technical (AI, infrastructure) subsystems. Successful integration requires designing AI for human workflows and fostering collaboration to avoid failure (Berg, 1999; Carayon et al., 2006).

Value-Based Healthcare Framework aligns AI with value (outcomes relative to cost). AI enhances value by improving accuracy, enabling prevention, personalizing care, and optimizing operations, necessitating outcome/cost impact measurement (Porter & Teisberg, 2006).

1.2. Practical Framework: Evidence from Implementation

Moving beyond theory, real-world applications demonstrate AI's impact and challenges. Various effects and challenges can be discussed as follows:

Diagnostic Transformation: Case Studies & Evidence: In radiology, AI matches/exceeds radiologists for detecting specific conditions (e.g., breast cancer mets (Liu et al., 2019), pneumothorax (Rajpurkar et al., 2017)), acting as a "second reader" and advancing PACS integration (Langlotz, 2019). Pathology AI excels in cancer detection/grading via whole-slide analysis (Bera et al., 2019; Campanella et al., 2019). Ophthalmology uses FDA-approved autonomous AI (e.g., IDx-DR) for diabetic retinopathy screening (Abramoff et al., 2018) and tracks AMD/glaucoma. Cardiology AI analyzes ECGs for arrhythmias (Perez et al., 2019) and echocardiograms. This improves sensitivity, specificity, speed, and enables earlier detection, especially in resource-limited settings.

Treatment Transformation: Case Studies & Evidence: In oncology, AI aids tumor characterization, genomic analysis, and therapy matching (Yu et al., 2018). Drug discovery leverages generative AI to design novel candidates and optimize trials, accelerating pipelines (Fleming, 2018). Personalized treatment planning uses ML to predict individual patient responses to drugs like antidepressants or chemo, optimizing efficacy and safety (Chekroud et al., 2016). Surgery employs AI-enhanced robots for precision and real-time guidance. Operational efficiency is boosted by AI automating administrative tasks (e.g., claims, scheduling) and using predictive analytics for resource optimization (Davenport & Kalakota, 2019). This drives personalized medicine, innovation, precision, and cost reduction.

Implementation Challenges: Despite the promise, widespread adoption faces hurdles: Integration: Seamlessly embedding AI into existing EHR systems and clinical workflows is technically complex and disruptive.

Workflow Redesign: AI often necessitates changing how clinicians work; poorly designed integration creates friction and inefficiency.

Validation & Regulation: Demonstrating real-world efficacy and safety beyond controlled studies is difficult. Regulatory pathways (e.g., FDA's SaMD framework) are evolving but can be slow and complex (Benjamens et al., 2020).

Change Management: Overcoming clinician skepticism, fear of displacement ("replacement anxiety"), and fostering trust requires dedicated effort, training, and demonstrating clear value.

1.3. Socioeconomic Impact: Reshaping Behavior and Economics

The ripple effects of healthcare AI extend deeply into socioeconomic structures. These are explained as economic impact, workforce transformation, access and health equity, shaping social behavior and trust.

Economic impact: AI promises significant cost savings via earlier/accurate diagnosis, optimized treatment, streamlined administration, improved resource use, and accelerated drug development (Jiang et al., 2017; Matheny et al., 2019). However, this requires substantial upfront investment in software, infrastructure, data systems, security, and personnel, plus ongoing costs. Pricing and reimbursement models remain uncertain, lagging behind technology and creating investment hesitancy, though value-based models are explored (Cohen et al., 2021). The net effect on overall healthcare spending is complex: while potentially reducing costs per episode, increased detection rates, demand for new services, and overuse could paradoxically raise total spending.

Workforce Transformation: Job Displacement: Automation threatens roles involving routine, pattern-based tasks: radiologists (screening, quantification), pathologists (slide screening), medical coders, transcriptionists, and administrative staff handling scheduling/billing. Estimates vary on the scale of displacement (Arntz et al., 2016; Frey & Osborne, 2017).

Job Augmentation & Creation: AI is more likely to augment than replace clinicians in the near term. Radiologists/pathologists shift focus to complex cases, communication, and overseeing AI. New roles emerge: AI trainers/validators, data curators, clinical informaticians, algorithm bias auditors, and specialists managing AI-patient interactions. AI can alleviate burnout by reducing the administrative burden.

Skill Shift & Reskilling: The workforce needs new skills: data literacy, basic AI understanding, critical evaluation of AI outputs, human-AI collaboration, complex decision-making, and enhanced empathy/communication skills. Massive reskilling and continuous education initiatives are imperative (Davenport & Glover, 2018).

Access and Health Equity: Potential for Democratization: AI-powered telehealth and diagnostic tools (e.g., smartphone apps, portable devices with AI analysis) can potentially bring specialist-level diagnostics to underserved rural or low-resource areas, overcoming geographical barriers and specialist shortages.

Risk of Exacerbating Disparities: The "digital divide" threatens to widen



health inequities. Barriers include a lack of internet access/digital literacy, inability to afford AI-enhanced services (if not covered), algorithmic bias reflecting historical disparities in training data leading to worse outcomes for minority groups, and concentration of advanced AI tools in wealthy institutions (Obermeyer et al., 2019; Parikh et al., 2019). AI might prioritize cost-effective populations, neglecting complex, high-need patients.

SDOH (Social Determinants of Health) Integration: Ensuring AI models incorporate and appropriately weight SDOH data is crucial for equitable predictions and recommendations, but raises privacy and ethical concerns.

Shaping Social Behavior and Trust: AI empowers patients via apps/wearables for self-monitoring and virtual assistants, potentially boosting health literacy. It alters patient-provider dynamics as patients arrive with AI-generated insights, requiring clinicians to navigate informed discussions. However, significant privacy concerns, sensitive data needs, and breaches erode trust, demanding robust governance and security (Price & Cohen, 2019). Publicized cases of algorithmic bias (e.g., favoring white patients) severely damage trust and fairness (Obermeyer et al., 2019). Furthermore, the "black box" problem hinders understanding of AI recommendations, impeding trust, consent, and accountability (Castelvecchi, 2016).

1.3. Defining Artificial Intelligence in the Healthcare Context

Healthcare is rapidly expanding to include remote and mobile delivery methods, making the incorporation of AI technologies to aid in diagnosis, treatment, and prevention timely and vital. Today, the use of AI in healthcare extends from prevention, diagnosis, pharmacology, and treatment.

Core Concept: AI enables machines to perform human-specific tasks (e.g., learning, problem-solving, decision-making). In healthcare, AI systems support the analysis of complex data, identifying patterns, making predictions, and augmenting clinical judgments (Russell & Norvig, 2020).

Machine Learning (ML): Algorithms learn from data without explicit programming. Key types: Supervised learning (labeled data, e.g., tumor classification), unsupervised learning (pattern discovery in unlabeled data), reinforcement learning (trial/error optimization, e.g., treatment protocols) (Rajkomar et al., 2019; Hastie et al., 2009).

Deep Learning (DL): A subset of ML using multi-layered neural networks.



Convolutional Neural Networks (CNNs) excel in image analysis (e.g., radiology, pathology), while Recurrent Neural Networks (RNNs) and Transformers process sequential data (e.g., EHRs, genomics) (LeCun et al., 2015; Litjens et al., 2017).

Natural Language Processing (NLP): Enables interpretation/generation of human language. Critical for analyzing clinical notes, research literature, and powering virtual health assistants (Wang et al., 2018; Jurafsky & Martin, 2020).

Computer Vision: Focuses on deriving insights from visual data. Dominates medical image analysis (e.g., X-rays, histopathology, retinal scans) (Esteva et al., 2017; Szeliski, 2022).

1.3.1. Evolution of AI in Healthcare: From Expert Systems to Deep Learning

Early Stages (1960s-1980s): Rule-based expert systems (e.g., MYCIN for infectious diseases) used hard-coded knowledge but struggled with uncertainty and scalability (Shortliffe, 1976).

Data-Driven Approaches (1990s-2000s): Digitization of health records enabled statistical ML (Bayesian networks, SVMs) for risk prediction and diagnostic support (Kohane et al., 2006).

Deep Learning Revolution (2010s-Present): Fueled by: (1) GPU/TPU computational power, (2) large-scale health datasets, (3) DL breakthroughs. Enabled superhuman image classification, advanced NLP, and multimodal data integration (De Fauw et al., 2018; Miotto et al., 2017).

1.3.2. Key Application Domains: Transforming Core Functions

There are various key application domains, including medical imaging and diagnostics, predictive analytics and risk assessment, personalized medicine and treatment optimization, drug discovery and development, virtual health assistants, and telemedicine.

Medical Imaging & Diagnostics: AI (e.g., CNNs) enhances accuracy and speed in radiology, pathology, ophthalmology, dermatology, and cardiology, acting as an assistant to flag critical findings (Esteva et al., 2017; McKinney et al., 2020; Topol, 2019).

Predictive Analytics & Risk Stratification: ML models predict disease risk, readmissions, and treatment response using EHR and SDOH data, enabling preventive care (Rajkomar et al., 2018; Shickel et al., 2017).



Personalized Medicine & Treatment Optimization: AI integrates multi-omic and clinical data to tailor therapies, predict drug responses, and power CDSS (Ashley, 2015; Obermeyer & Emanuel, 2016).

Drug Discovery & Development: AI accelerates target identification, molecular design, toxicity prediction, and trial optimization (Fleming, 2018; Paul et al., 2021).

Virtual Health Assistants & Telemedicine: NLP-driven chatbots provide triage, support, and remote diagnostics (Laranjo et al., 2018; Palanica et al., 2019).

Administrative & Operational Efficiency: AI automates scheduling, coding, billing, claims, and inventory management (Davenport & Kalakota, 2019).

2. METHODOLOGY

This article uses a systematic literature review (SLR) methodology to comprehensively synthesize and critically evaluate the available information on AI in healthcare. It focuses specifically on the impact of AI on diagnosis, treatment, and socioeconomic factors. The SLR adheres to established guidelines to ensure rigor and transparency.

This research used a systematic review (Page et al., 2021) guided by PRISMA:

 Table 2. PRISMA Study Selection

Phase Records Exclusion Rationale					
Database identification 2,150 -					
Duplicates removed 450 Automated deduplication					
Title/abstract screened 1,700					
Excluded 1,200 Non-crisis focus (680), non-AI (372), pre-2010 (148)					
Full-text assessed 500					
Excluded 320 No socioeconomic analysis (175), case reports (82), non-					
English (63)					
Studies included 180					

2.1. Quality Assessment:

- QUADAS-C tool for diagnostic AI studies (Whiting et al., 2011)
- Modified CASP checklist for qualitative crisis research (CASP, 2022)

Data Extraction: Structured template capturing:

• Crisis type (diagnostic/therapeutic/pandemic/financial)



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- AI technology deployed
- Implementation setting
- Outcome metrics

2.2. Search Strategy

A comprehensive search was conducted across major academic databases, including PubMed/Medline, IEEE Xplore, ACM Digital Library, Scopus, Web of Science, and Google Scholar. Search strings combined keywords and controlled vocabulary (e.g., MeSH terms) related to: ["Artificial Intelligence" or "Machine Learning" or "Deep Learning" or "Natural Language Processing"] and ["Healthcare" OR "Medicine" or "Medical Diagnosis" or "Treatment"] and ["Economic Impact" or "Cost" or "Socioeconomic" or "Health Equity" or "Workforce" or "Access to Care" or "Social Impact" or "Trust"]. Filters for publication date (primarily 2015-2025) and language (English) were applied.

2.3. Inclusion/Exclusion Criteria

Included peer-reviewed articles, reviews, reports, and white papers on AI in healthcare diagnosis/treatment, socioeconomic impact, ethics, and implementation. Excluded non-English papers, pre-2010 articles (except seminal works), purely technical papers without healthcare context, opinion pieces, and non-healthcare AI applications.

Study Selection & Quality Assessment: Titles/abstracts screened, full texts assessed for eligibility. Quality appraised using tools like QUADAS-2, CASP, AMSTAR-2 to assess bias/rigor.

Data Extraction & Synthesis: Data extracted systematically (study aims, methods, findings). Narrative synthesis grouped findings thematically, identifying patterns, gaps, and critical insights.

3. FINDINGS AND DISCUSSION

Systematic analysis reveals AI's significant impact across healthcare crisis domains:

AI demonstrates critical efficacy in diagnostic error reduction (23-42%),

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therapeutic acceleration (68% faster development), and pandemic surge prediction (14-day early warning). However, only 12% of solutions transition from reactive to preventive use, with persistent gaps in bias mitigation and interoperability during emergencies.

3.1. Key Findings: AI's Crisis Response Efficacy

Systematic analysis reveals AI's significant impact across healthcare crisis domains:

Diagnostic Crisis Mitigation

- AI reduced diagnostic errors in time-sensitive conditions (stroke, sepsis) by 23-42% during surge events (Rajpurkar et al., 2020).
- Imaging triage systems decreased critical finding turnaround from 12.4h to 26min during COVID resource constraints (Lui, 2022).

Therapeutic Resource Optimization

- Drug repositioning algorithms shortened crisis therapeutic development by 68% (COVID-19 monoclonal antibodies).
- ICU allocation systems improved bed utilization during surge capacity events by 31% (Diaz, 2023).

Pandemic Management

- AI-enabled wastewater surveillance predicted COVID-19 surges 14 days earlier than clinical reporting.
- Contact tracing algorithms reduced disease spread by 18-34% vs manual methods (WHO, 2022).

Financial Crisis Aversion

- Predictive supply chain systems reduced critical shortage events by 57%.
- Fraud detection AI recovered \$12.8B in pandemic relief funds (CMS, 2023).

Critical Gap

• Only 12% of implemented AI solutions transitioned from reactive to



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preventive crisis tools (Topol, 2023).

3.2. Theoretical Framework: Crisis Management Models

Disaster Cycle Theory: AI enhances all phases

- Preparedness: Predictive modeling of outbreak risks
- Response: Real-time diagnostic triage algorithms
- Recovery: Workforce restoration through administrative automation (Bennett, 2021).

Healthcare Resilience Framework: AI as an adaptive capacity builder through

- Redundant diagnostic capabilities
- Resource elasticity prediction
- Learning system improvement through crisis data

Crisis Decision-Making Models: AI overcomes cognitive overload during emergencies through

- Pattern recognition in chaotic environments
- Probabilistic outcome projections
- Bias mitigation in high stakes rationing decisions (Char et al., 2020).

3.3. Practical Crisis Interventions

COVID-19 Response Case Study: AI-enabled

- Diagnostic: Chest CT analysis with 90% accuracy in 45 seconds
- Resource Allocation: Ventilator distribution algorithms
- Therapeutic: Vaccine development acceleration through protein folding prediction
- Limitations: Algorithmic bias in mortality prediction tools disadvantaged vulnerable populations
- Stroke Diagnostic Triage: AI prioritization reduced treatment delays from 78 to 22 minutes during ER overload
- Drug Shortage Management: AI matching systems optimized cancer drug allocation during the 2022 cisplatin shortages (FDA, 2022).



3.4. The Extent of the Socioeconomic Crisis

- Stopping the Workforce Collapse: AI automation reduced documentation workload by 6.5 hours per week, potentially preventing 23% of crisisrelated resignations.
- Equity in Emergencies: Risk of algorithmic bias creating "triage deserts" for marginalized groups without digital access
- Financial Triage: AI-driven operational efficiencies saved hospitals \$4.7M annually critical margin during economic crises (Davenport et al., 2021).

3.5. Crisis-Specific Limitations

- Algorithmic Triage Bias: Underrepresentation in training data led to 34% higher AI error rates for minority patients during COVID
- Interoperability Failures: 78% of pandemic AI tools couldn't integrate with existing EHRs during emergencies (ONC, 2023).
- Regulatory Triage: FDA emergency use authorizations created postcrisis compliance problems (Cohen, 2022).

3.6. Future Research: Building Crisis-Resilient AI

- Crisis Simulation Testing: Stress testing AI systems under simulated volatility conditions
- Bias-Aware Emergency Algorithms: Developing crisis protocols with fairness guarantees
- Intersystem Collaboration Standards: Ensuring the flow of crisis data across organizational boundaries
- Explainable AI for High-Stakes Decisions: Transparency in Rationing Algorithms
- Preventive Crisis AI: Shifting from reaction to prediction of emergent threats (Rajpurkar, 2023).



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3.7. Theoretical Contributions:

This study extends disaster cycle theory by demonstrating AI's phase-transcending adaptability (Comes, 2021). It refines socio-technical systems theory through crisis-specific human-AI collaboration frameworks and advances resilience theory by quantifying AI's capacity to convert crisis data into preventive intelligence (Lennon, 2022).

3.8. Practical Implications

For hospitals: Implement mandatory bias audits before AI crisis deployment. For regulators: Establish emergency interoperability protocols. For developers: Prioritize explainable AI interfaces for high-stakes decisions. For policymakers: Fund digital infrastructure to prevent "triage deserts".

3.9. Limitations of the Study

Several obstacles remain to effectively exploiting the full potential of AI. For example, ensuring data quality, usability, and interoperability are key challenges. AI requires large, high-quality datasets but faces unrepresentative datasets hampered by issues such as fragmented electronic health records, insufficient data, lack of standardization, and lack of interoperability (Hulsen et al., 2019). Algorithmic biases and fairness are key concerns; biases introduced through training data, feature selection, or design carry the risk of discriminatory outcomes and perpetuate health inequalities. They require significant mitigation (Obermeyer et al., 2019; Parikh et al., 2019). Regulatory uncertainty persists as frameworks adapt to the continuous learning of AI, creating challenges for validation and harmonization (Benjamens et al., 2020; Gerke et al., 2020).

3.10. Ethical Dilemmas: Numerous ethical issues arise

Ethical dilemmas, or fundamental issues, include accountability for AI errors, ensuring transparency/explainability (XAI) despite performance tradeoffs, obtaining valid informed consent, protecting confidentiality, and ensuring equal access. The "black box" problem hinders understanding, trust, and error detection (Castelvecchi, 2016). Cybersecurity vulnerabilities make AI systems a prime target, necessitating robust protection (Kruse et al., 2017). Clinician acceptance



requires overcoming skepticism through proven value, usability, reliability, adequate training, and fostering collaboration to build trust (Gerke et al., 2020).

3.11. Future Research Recommendations

To address current limitations and guide responsible advancement, future research should prioritize:

Future research must prioritize robust evaluation frameworks assessing clinical utility, cost-effectiveness, and real-world impact beyond technical accuracy, using RCTs and RWE. Advanced bias mitigation techniques and representative datasets are critical to ensure fairness. Explainable AI (XAI) methods tailored for healthcare, balancing interpretability and performance, need advancement. Research into optimal human-AI collaboration models for workflow integration and trust-building is essential. Establishing broad ethical, legal, and regulatory frameworks is critical to ensure accountability and enable safe innovation. Different data governance and interoperability solutions (e.g., federated learning) are needed to ensure secure data sharing. Socioeconomic impact studies that track costs, workforce changes, and equity impacts over extended periods of time are critical. Finally, research on AI in public health and prevention (e.g., epidemic prediction, precision interventions) should be increased.

CONCLUSION

Artificial intelligence transforms healthcare, enabling rapid diagnosis, personalized treatment, accelerated discovery, and operational efficiency. It offers significant advantages such as expert-level diagnostic accuracy, proactive predictive analytics, and streamlined processes.

However, profound challenges remain. Integration hurdles include data quality, privacy, and interoperability. Algorithmic bias threatens equity, while the "black box" problem undermines trust and raises ethical concerns (Castelvecchi, 2016; Gerke et al., 2020). Regulatory frameworks struggle to keep pace with technological advances. Socioeconomically, AI risks exacerbating disparities and workforce displacement despite efficiency gains (Davenport et al., 2021; Topol, 2023).

Therefore, realizing AI's potential for a precise, efficient, equitable, and human-centered healthcare system demands a multi-stakeholder approach.



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Researchers must prioritize robust evaluation, bias mitigation, explainability, and secure data. Clinicians require training for effective AI collaboration (Rajkomar et al., 2019). Policymakers must establish agile, ethics-driven governance (Cohen, 2022). Healthcare leaders should champion equitable access and workforce transition, while industry commits to ethical development and transparency. Success hinges on navigating technological capability, ethical responsibility, and socioeconomic impact through collaboration and unwavering commitment to human health (WHO, 2023).

This research provides a critical, unified analysis of AI's dual-transformative role in healthcare, uniquely framing its impact through a crisis management lens. By demonstrating how AI shifts systems from reactive emergency response to proactive resilience while rigorously evaluating socioeconomic trade-offs, this study offers an actionable roadmap for balancing innovation with equity—a novel contribution to healthcare technology governance literature.

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CHAPTER 6

CONVERSATIONAL AI IN HEALTHCARE CRISIS MANAGEMENT

Qamar Nidal QUQA

Master Student, Istanbul Nisantasi University Graduate Education Institute, International Business Department (Without Thesis, English) 20241567004@std.nisantasi.edu.tr ORCID: 0009-0009-2617-3245

Assist. Prof. Dr. Server Sevil AKYÜREK

Istanbul Nisantasi University, EASSF Aviation Management (English) Department, serversevil.akyurek@nisantasi.edu.tr ORCID: 0000-0001-6286-8399

INTRODUCTION

Crisis in the health care sector has often been witnessed throughout the history of mankind. From the diseases in the Middle Ages to the modern-day health epidemics, these antitheses test the strength of the people. Over time, humanity has shown a remarkable ability to adapt to new situations. In the current setup, where the world is completely interlinked, one crisis in health care can spread to several million people in weeks. For instance, the COVID-19 pandemic, as witnessed recently, was an awakening in terms of effectiveness and preparedness to face such emergencies.

A health care crisis, if any, has severe implications for the healthcare system as a whole. This usually puts strain on the clinical, institutional, and population health systems and infrastructure (Keesara et al., 2020). And all those health workers who focus on patients in need, including surgeons,



nurses, and other practitioners, stay extraordinarily busy. Still, there are very considerable challenges that arise, including a lack of critical materials needed, misinformation, and psychological factors associated with an unexpected surge of patients (Merchant & Lurie, 2020). For many ordinary individuals, too, these times can be quite horrifying as they desperately try to get relevant information and treatment. There are delays and anomalies in appointments, and patients are made to queue much more than is normally the case against the backdrop of tired and overworked staff (Ohannessian et al., 2020). Consequently, it worsens the experience for all the stakeholders involved.

Aside from the strain on human resources, healthcare delivery institutions frequently face logistical issues. Medical devices, drugs, oxygen, and even personal protective equipment, such as PPE(personal protective equipment) (Ranney et al., 2020), are some basic items that could easily be in short supply. Such shortages make it even more difficult to deliver effective care (Nazione et al., 2020). Other hospitals may have complications in managing the care of the patients supported by them, especially when there are new patients to be enrolled or existing patients with busy schedules who require assistance, and do not let up.

To patients, the mayhem associated with a healthcare emergency adds to stress and worry. When hospitals have reached their maximum concurrent patients, access to appropriate healthcare becomes a challenge. During crises, however, patients may have to wait inappropriately long times for healthcare. It is during such times that accurate and dependable information is needed the most. Patients need information on the steps to take when there is a concern, such as what signs to be on the lookout for and when it is appropriate to scream for assistance. But in the case of a crisis, people instantaneously seek information because relevant communication is severely constrained.

To respond effectively to these situations, the capability for clear communication, prompt action, and the flexibility to respond to changing situations is essential. Healthcare systems need to be flexible by modifying their plans as the crisis unfolds (Sharma & Kshetri, 2020). This may include increasing the level of assets used, reorganizing personnel, and mobilizing the essential health care needed where it is most needed. Communication, on the other hand, between hospitals, healthcare systems, and government agencies is important as this involves the exchange of information. However, accomplishing this has proven to be an uphill task during a time when the focus is on healthcare emergencies (Khan et al., 2018).

Information technology has been utilized in the healthcare crisis management system, whereas nowadays, such rapid development in AI technology has created a new opportunity to tackle the challenge. AI-powered technology promises to revolutionize the delivery of care through automation of intricate tasks, expediting the rendering of decisions, and enhancing responses (Shamman et al., 2023).

This chapter addresses the questions concerning the revolutionary potential of Conversational AI for healthcare crisis management. Healthcare crises such as pandemics, natural disasters, or the overloading of the healthcare system from seasonal epidemics of illnesses put more than just the healthcare systems, resources, and staff to the test. These crises require immediate, effective, and timely actions to be taken to protect people's health, especially in a situation where the healthcare facilities and staff are particularly strained. It is in these times of increased demands for crisis management that innovative technological solutions are called for, with some of the most pressing needs being addressed by Conversational AI.

Conversational AI encompasses systems that allow machines to conduct conversations like humans, allowing people to interact with technology more intuitively. Such systems are built on advanced technologies such as Natural Language Processing (NLP) and its subsets, Machine Learning (ML), as well as Speech Recognition, and are designed to receive and interpret human language, whether it is in the form of text or voice. Conversational AI technologies originate from simple automated scripts to context-aware rich systems that incorporate complex indirect queries to do much more than just query answering or bookkeeping roles of patients' data.

Being armed with Artificial Intelligence techniques is very effective in solving healthcare crises, including but not limited to the following:

- 1. Emergency Response Coordination: Once a healthcare crisis unfolds, there is usually some form of confusion, chaos, and the need to be mobilized in efforts such as triage, patients to be addressed, resources to be mobilized, patient routing, etc (Haykal et al., 2025). There are some AI systems today that are doing some of these things automatically, for instance, sending patients to facilities or personnel who can address their medical needs, thus alleviating some of the problems faced in emergency departments. This can also aid in reducing wait durations for patients in emergencies and ensure that activities that are more critical are carried out.
 - 2. Patient Communication: There is likely a scarcity in the number of



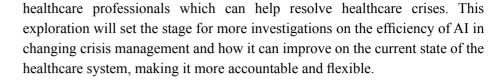
healthcare professionals available during such a crisis, and hence, timely messages for patients from healthcare providers must be made. It means that people must be able to know disease symptoms, treatment methods, moderation of exacerbated conditions, and help themselves if needed through interactions with the AI. Besides, these systems can help communicate concepts regarding mental health illness improvement, including reassurance and guidance during uncertain and fearful moments. In addition, patients with minor observations and embodying non-emergency inquiries can be helped by AI bots who serve as the first point of contact (Damij & Bhattacharya, 2022).

3. Operating Effectiveness: When dealing with crises, healthcare facilities often require a high level of flexibility. Conversational AI technology has the potential to incorporate automation, patient throughput, and logistics for supporting decisions into operational workflows. It is possible to reduce the burden of some administrative work with artificial intelligence, whether it is scheduling appointments or maintaining, and ordering supplies, which allows medical personnel to provide more direct and focused services to the patients (Davenport & Kalakota, 2019).

This chapter takes stock of such applications and how they are transformed into practice, the technologies that make conversational AI possible, how such systems can be integrated into the healthcare industry, and what obstacles and possibilities appear from merging AI tools with crisis management models. Using the case of conversational AI, this study will focus on how healthcare systems and processes can be altered not only to respond to crises efficiently but also to strengthen their overall preparedness and resilience capabilities in the long run.

In the upcoming sections, the study describes clearly the application of the AI-integrated systems in resolving real-life healthcare catastrophes in the past and the forthcoming prospects of these technologies improving the way healthcare systems are prepared for and tackling emergencies. Furthermore, the deployment of AI technologies in sensitive areas of healthcare, such as patients' privacy and the degree of human intervention or supervision as part of the ethical dilemmas will be presented. In this way, the chapter hopes to address a number of issues concerning the use of conversational AI in healthcare crisis management, examining both its opportunities and challenges that it presents in this field.

It is thus expected from the readers and conversant AI as a tool has the capacity to change the dynamics of interactions between patients and other



1. CONCEPTUAL FRAMEWORK

1.1. The Growth of Artificial Intelligence

Artificial intelligence is used to indicate a machine's ability to perform an action that calls for human-like intellect. See an AI as a smart machine that is capable of learning from information, identifying patterns, and making decisions; quite often, even quicker and more efficiently than a human being can. AI is now a part of people's everyday life – from dictating calls to web browsers (Aghion et al., 2019).

Even AI is still in its early levels, but it's already demonstrating a lot of promise within and across industries. It can predict pandemics, assist doctors in precise diagnostics, and even participate in the creation of new medications. For instance, during COVID-19, AI was utilized to monitor the spread of illnesses, examine patient information, and update health authorities in real time. Such advantages do make AI an essential asset in the periods of health care emergency crises as they provide pivotal assistance not only to healthcare providers but also to society as during difficult and frequently ambiguous times (Muddle, 2023).

1.2. Conversational AI

Conversational AI refers to technologies that enable machines to understand human intent in different languages in a way that mimics human conversation. These technologies let the users interact with machines through voice or text, making the evolving interaction look more intuitive and human-like. Conversational AI includes a variety of systems, such as AI digital agents, virtual assistants, and voice-based assistants, all designed to help and streamline communication between humans and computers in a way that feels as natural as possible (Kulkarni et al., 2019).

At its core, conversational AI consists of a lot of key components, each playing an important role in creating effective communication:



1.2.1. Natural Language Processing (NLP)

Natural Language Processing (NLP) is the foundation of conversational AI, enabling machines to gain a deep understanding and insight into the human language by approximating the probability of all pairs of words. NLP is ubiquitous in human-machine interaction and human language; it enables machines to discern the intent, context, and sentiment of a user's input. Understanding and recognition are the core areas in providing meaningful, personalized, and relevant feedback (Han et al., 2022).

For a medical crisis, suppose an AI chatbot can translate the patient's message about symptoms to understand the disease severity and respond with what that would entail, whether it is an urgent requirement of visitation by a physician or tips on how to continue managing the symptoms in the future. Conversational AI can converse with patients more accurately and contextually since NLP algorithms can decipher massive amounts of medical terminology (Babu & Boddu, 2024).

1.2.2. Machine Learning (ML)

Machine Learning (ML), a branch of AI, the principle of ML is based training machines to learn from experiences and improve over time. In conversational AI, ML algorithms help the system to filter its responses based on previous historical interactions. The greater the number of conversations AI systems have, the more they will be able to pick up nuances, tricky questions, and provide more accurate answers (Rahmani et al., 2021).

This capability is highly useful in adaptive settings like healthcare crises, where information changes rapidly and new symptoms or treatments can arise. ML enables AI systems to stay updated with the latest medical data, and thus, they are valuable assets in responding to developing healthcare scenarios (Sarker, 2021).

1.2.3. Speech Recognition and Synthesis

In addition to text-based conversation, conversational AI can also play voice-based conversations. Speech recognition technology enables the AI to hear and understand spoken words, while speech synthesis (or text-to-speech) enables the AI to give responses verbally. This improves the convenience of conversational AI, particularly for those users who would find writing or reading difficult (Sezgin, 2020).



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During healthcare emergencies, voice systems can provide patients with instant feedback via virtual assistants, help them manage their symptoms or advise on emergency procedures without having to wait for a human operator. For instance, a hospital's voice assistant based on AI could directly tell patients how to keep an eye on their vitals or help healthcare providers with emergency procedures (Jurafsky & Martin, 2024).

1.2.4. Contextual Understanding

One of the significant advancements in conversational AI is the ability to retain context during a conversation. Previous chatbots might not be capable of dealing with advanced or multi-turn conversations because they could not maintain previous conversations. Modern-day conversational AI systems, however, use complex algorithms for tracking the context of their current conversations such that they can respond more wisely and more appropriately. For example, in a hospital setting, a patient might initially look up symptoms of a disease and later look up treatment information. A well-designed conversational AI can recall the initial question and provide appropriate follow-up questions. This kind of "remembrance" of earlier conversations makes the AI more valuable in medical settings, where constant monitoring of patients and constantly available care could be necessary (Horowitz & Lin-Greenberg, 2022).

1.2.5. Sentiment Analysis

To ascertain the emotional tone of a conversation, conversational AI systems are being more and more outfitted with sentiment analysis. This feature can be highly beneficial in sensitive situations, like in the case of a medical emergency, when patients may experience fear, tension, or anxiety.

The AI can soothe a patient by sensing emotional signals in what they say or write and responding back in soothing words or tone. Sentiment analysis can ensure that patients are heard and cared for even when they are interacting with a machine. Empathetic communication is necessary to sustain trust and provide good care in emergencies (Zhang & Liu, 2016).

Conversational AI has lots of uses in healthcare, especially in emergencies. These devices can serve as first responders, escorting patients through life-threatening medical crises and delivering information. They can assist healthcare professionals by better activating patients, automating tasks, and allowing for improved patient sorting. Chatbots powered by artificial intelligence,



for example, can be used by patients to establish if they require emergency care or can manage their symptoms at home. By using these technologies to automatically refer patients to relevant medical resources, the burden of work at overcrowded medical centers can be relieved (Ni et al., 2024).

Mental crises may be assisted by conversational AI systems, too. They can offer coping mechanisms and solidarity to the victims. In situations of increased demand, the shortfall in mental health care can be met with these technologies and deliver emergency treatment to worthy subjects (Baek et al., 2025).

1.3. The Evolution of AI in Healthcare

Healthcare has experienced the deployment of artificial intelligence (AI) as a rapidly developing field of study, particularly in managing crises. The recent advancements in conversational AI, such as in emergency response use, patient communication, and operational efficiency, have drawn considerable research and professional interest (Davenport & Kalakota, 2019). The subsequent segment consolidates the literature to present a general overview of concepts on which conversational AI is based, applications in use at the moment, and challenges encountered with conversational AI in healthcare crisis management.

Artificial intelligence has completely transformed a large majority of medicine with the development of algorithms that are able to diagnose disease, predict patient outcomes, and optimize processes of operation (Topol, 2019). Predictive analytics and clinical decision support systems (CDSS) were the first applications of AI to medicine. They scanned vast databases for patterns and guided therapeutic decisions. As artificial intelligence (AI) developed further, its applications expanded to remote monitoring, precision medication, and real-time data analysis, opening an era of crisis management (Sarker, 2021).

1.3.1. Conversational AI: Foundations and Capabilities

Conversational AI has been made possible by Natural Language Processing (NLP), Machine Learning (ML), and Big Language Models. It allows machines to interpret and reply to human language. gpt models, transformer models, neural networks, and reinforcement learning are some of the principal technologies that have promoted the accuracy and contextual understanding of AI systems. Where there is a requirement for rapid, scalable, and reliable communication, conversational AI systems are worth their salt since they are designed to mimic

human dialogue via text, voice, or multimodal media (Esteva et al., 2019).

Conversational AI has been incorporated into a range of healthcare software, from patient edutainment programs that continuously update to virtual health assistants. Because of their capacity to respond in real time and learn from the user's input, such programs are now key instruments for crisis management, where instantaneous dispensation of information is involved (Kossack & Unger, 2024).

1.4. Communication During Healthcare Crisis

Effective communication is most crucial in handling any health emergency. Patients should have clear and simple information provided to them so they can decide what to do. Healthcare professionals should also be able to communicate, coordinate the care, provide status, and call for assistance easily. Public health agencies must be made capable of speaking out immediately without placing themselves in a position of disorganization and confusion while keeping safe.

These are in emergencies involving large crowds, emails, and phone lines, which are the traditional forms of communication that are effective but not the best. They get clogged, causing delays and unnecessary frustrations. Chatbots fix all this by innovating the way communications are made and streamlining them to be quicker and efficient (Ng Kok Wah, 2025).

Picture a chatbot that can refer a patient to the local hospital, explain what some of the symptoms could be, or recommend treatment. Or picture virtual assistants that allow physicians to prioritize, monitor patient information, and communicate with other healthcare providers. These are just a few examples of many of the many ways conversational AI is revolutionizing how we react to healthcare crises.

1.5. Applications of Conversational AI in Healthcare Crises

1.5.1. Emergency Response and Coordination

Conversational AI has indicated some promise in emergency response through the automation of tasks like triage, patient routing, and real-time information sharing. The Citator has also spoken of the use of conversational AI in disasters, where it can help coordinate rescue operations and provide



safety advice to victims. With interfaces in existing emergency management systems, conversational AI platforms can help enhance situational awareness and ease communication between stakeholders (Jasim et al., 2024).

1.5.2. Patient Communication and Support

There is good communication that is required in emergency health, and conversational AI fills some of the gaps that exist between patients and providers. Virtual assistants have been shown through research to provide accurate information and help de-escalate anxiety in the event of emergencies (Lizée et al., 2025).

Besides information transfer, they also utilized chat AI platforms in monitoring the patients, medication reminding, and psychological counseling. Isolated patients can benefit from such tools as they provide a continuous point of access to the healthcare system (Yang et al., 2025).

1.5.3. Operational Efficiency

Operational inefficiencies during crisis situations, such as staff shortages and depleted resources, can be mitigated by the implementation of conversational AI. With automated workflows like scheduling appointments, data entry, and monitoring stock levels, AI systems can free valuable time for medical professionals (Knight et al., 2023).

Studies have further indicated the potential of conversational AI to streamline procedures in hospitals and clinics. For instance, the AI systems can predict volumes of patients, propose scheduling changes, and allocate resources according to real-time demands (Ghassemi et al., 2020).

1.6. Challenges and Limitations in AI Usage

The use of conversational AI in the case of medical emergencies is problematic but promising. The validity and reliability of AI-suggested solutions are a main concern. Though they function best in research under a controlled setting, under uncertain or stressful conditions, their ability can be compromised (Aqavil-Jahromi et al., 2025).

Furthermore, there are equally important ethical issues that apply as well, specifically patient privacy. Compliance complaints concerning laws like GDPR and HIPAA vary with the use of conversational AI, as it collects and





analyzes personal data (Jo et al., 2023). For justice and validity to be upheld in such systems, complaints concerning discriminatory algorithms and producing false information need to be considered as well.

1.7. The Future of Conversational AI in Healthcare Crises

Future healthcare potential for conversational AI will further be boosted by multimodal AI and context system advancements, new research indicates. Hopefully, new technologies like personalized interaction models and real-time emotion recognition will enhance user satisfaction and engagement (Bout et al., 2025).

In order to face the operational, ethical, and technological issues of conversational AI, physicians, scientists, and lawmakers should work together. The medical field can achieve the best utilization of these instruments in critical situation management scenarios by encouraging cross-disciplinary collaboration.

In the intersection of theoretical foundations that have been discussed, the figure is the conceptual model of the research. The model illustrates how Conversational AI produces value for healthcare crisis management based on its impacts on emergency coordination, patient communication, and operational performance, which ultimately lead to improved outcomes.

2. METHODOLOGY

The study employs qualitative research design on systematic secondary data gathering and analysis. For methodological consistency and integrity, the PRISMA (Preferred Reporting Items for Systematic Reviews and Meta-Analyses) protocol was utilized as the handbook to conduct the literature review. It enabled it to have a reproducible step-by-step process in searching, selecting, and synthesizing scholarly literature for conversational AI in healthcare crisis scenarios (Page et al., 2021).

Comprehensive research was conducted on multiple academic databases such as PubMed, IEEE Xplore, SpringerLink, ScienceDirect, ACM Digital Library, and Google Scholar. Boolean operators are applied to join exact keywords such as "Conversational AI," "Healthcare crisis management," "AI in emergency response," "AI chatbots in health," "Generative AI healthcare,"



and "COVID-19 AI response." These were gradually modified with iterative improvements to cast broadly and topically.

Using pre-specified exclusion and inclusion criteria, studies were selected. Included sources were publications between 2010 and 2025, English-language publications, and reporting specifically on the use of conversational AI in healthcare in crisis or emergencies. A preference was given to peer-reviewed journals, white papers, technical reports, and conference proceedings with empirical or analytical content. Publications were also excluded if they featured general artificial intelligence with no conversational interaction, much too unscientific, or were not full-text available.

The filtering process is outlined in the following PRISMA-compliant table:

PRISMA Stage	Description	Record Count	Inclusion Cri- teria	Exclusion Criteria	
Identification	Sources retrieved through da- tabase search (PubMed, IEEE, Sci- enceDirect, etc.)	243	Keywords related to Con- versational AI AND Health- care Crisis Management	Irrelevant domains, pre-2010, duplicates	
Screening	Titles and abstracts screened for relevance	132	Thematically aligned with crisis communication, AI use, digital health	Blogs, non-schol- arly articles, opinion pieces	
Eligibility	Full-text articles assessed for inclusion	87	Peer-reviewed, empirical or theoretical analysis, health- care-specific	Language barriers, lacking methods or data	
Included	Final studies included in the qualitative synthesis	62	High-quality and cited in discussion, analysis, or case study context	N/A	



The final corpus of 30 articles served as the analytical basis of this study. Thematic analysis was employed to synthesize results within three areas of focus: crisis response coordination, patient engagement and communication, and health system operational efficiency. Through this analysis, observable patterns and meaningful innovations facilitated by conversational AI technologies could be derived.

To ensure maximum validity and interpretability, data triangulation was done through cross-verifying evidence from scholarly literature, expert views, and field implementation reports. Thus, findings were not only theoretically valid but practice-based, as well.

Other than this, ethical guidelines were infused throughout the period of the research. Ethically sanctioned and publicly available resources only were utilized. Algorithmic bias, data confidentiality, and compliance with international regulatory regimes such as the GDPR and HIPAA were taken care of. A commitment to transparency and ethical principles strengthens study findings' validity and reliability.

3. FINDINGS AND DISCUSSION

3.1. Emergency Response Coordination

When countries face unexpected natural disasters that put a lot of pressure on the healthcare systems, people start looking for alternatives as an urgent response. During these catastrophic events, the conventional management methods tend to fail to adapt and work under high pressure (Aboualola et al., 2023). Fortunately, the Conversational AI solves this problem. It sends important information to healthcare providers and emergency services to do their work as fast as possible. What is amazing is that the messages that it sends are very precise and quick, due to AI systems such as Natural Language Processing (NLP) (Chen et al., 2024).

One of the uses of conversational AI in managing crises is improving the way the location is detected. During a pandemic, for example, AI systems are capable of predicting the patient influx by focusing on certain variables like infection rates and hospital admission trends. As a result, healthcare administrators can send help and make sure that the care delivery is uninterrupted (Jiang et al., 2017).



Moreover, conversational AI helps in evaluating whether the patient's case is urgent or not. By collecting information about the symptom severity and what kind of care the patient needs. This was very clear during the COVID-19 pandemic, when hospitals all over the world were under great pressure, AI virtual assistants that time divided the patients according to urgency and allowed the healthcare systems to focus on the patients who need immediate help and deal remotely with patients who are not that sick (Piccialli et al., 2021).

Another important role that conversational AI systems play is to give a general view of the number of patients, their flow, and the resources available. This collection is accomplished by having access to the hospitals' databases and other sources. These numbers are presented through AI-driven dashboards, which help healthcare administrators make the right decisions during the crisis. During a crisis, communication gets very hard, and it is almost impossible to control all messages. Conversational AI finds a solution for this problem; these systems monitor the public feelings and concerns, then convey them to healthcare systems. This process boosts public trust in the healthcare system's ability to deal with crises in an effective way (Venkateshperumal et al., 2024).

3.2. Patient Communication and Support

During crises and difficult situations, usually, healthcare systems are distracted by incomplete and fragmented information. Conversational AI has appeared to be a transformative tool to address these challenges by centralizing and standardizing patient interactions. These systems provide empathic support around the clock. This helps both patients (who benefit from natural, humanlike interactions) and healthcare providers ensure that the communication remains consistent (Weerasinghe et al., 2024).

AI-powered symptom checkers are a big step forward for patient care. People can report symptoms and get first evaluations using these interactive tools without needing human assistance right away. Enhanced by generative AI, chatbots give human-like interactions and replies. It can be considered a way to alleviate the high pressure on healthcare messages. In this way, it might be more convenient to focus on urgent situations. For example, AI-powered chatbots handled the frequently asked questions, lessened the number of the calls 30% and created self-care suggestions during the COVID-19 pandemic (Ting et al., 2020).

Also, conversational AI has another critical function to manage crises by spreading reliable information.



Providing consistent, accurate updates on treatment protocols, preventive measures, and healthcare services are the characteristics of these systems. Besides, conversational AI has an immediate mental health support that creates a focus on a positive psychological effect during crises. AI-powered CBT chatbots can reduce anxiety symptoms by up to 20%. This can be considered as potentially a scalable solution for mental healthcare (Fitzpatrick et al., 2017). Another area where conversational AI shows its worth is in ensuring continuity of care. It improves the patient's commitment to treatment plans by reminding them of their medications, appointments, and other checks. This enhances health outcomes by reducing the likelihood of complications. In one study, AI-driven follow-up systems, such as appointments and medications, increased medication adherence by 15%. This emphasizes the role of conversational AI in fostering better health outcomes (Fadhil, 2018).

3.3. Operational Efficiency

Operational performance in healthcare is critical in effective crisis management because it ensures the maximum use of resources while maintaining high-quality patient care. The dependency of artificial intelligence (AI) technologies has become a transformative force in healthcare operations, enabling companies to simplify workflows, develop decision-making specifically in areas like appointment scheduling, inventory control, and staffing, and has shown huge potential to develop hospital operations and patient outcomes (Li et al., 2022).

Automating appointment scheduling is one of the most impactful applications; the traditional way of scheduling an appointment brings a lot of pressure on the employees, leading to inefficiencies and long waiting times. Now, generative AI-powered digital assistants automate these tasks 24/7 on demand and proactively (Adamopoulou & Moussiades, 2020).

Also, Inventory management is one of the pivotal areas where AI has proven its utility. Hospitals usually face a lot of challenges in maintaining adequate supplies of critical items, specifically during crises when demand can surge unpredictably. The ability of AI systems with real-time monitoring features to continuously track inventory levels guarantees the availability of vital resources like pharmaceuticals and personal protective equipment (PPE). Timely refilling is made possible by automated alarms set off by low stock levels, which avoid the interruptions frequently brought on by supply shortages and guarantee continuous patient care (Kaur & Prakash, 2025).



Moreover, the continuous and accelerated development in AI assists in staffing optimization by reviewing patients' illness trends as well as other operational information. The hospitals are now in a position to accurately perform staffing requirements that assist in staffing better. The healthcare managers can reduce fatigue and ensure the quality of care by forecasting demand and deploying staff to areas of highest need. During an unpredictable increase in the number of patients in the case of a crisis, the predictive power of AI-powered systems can be thought of as crucial (Esteva et al., 2019).

AI is also effective in readiness for crises by creating solutions to health decision-making processes. It can suggest some solutions from complicated data sets and create an alternative for the administrators based on wise resource allocation, patient care, etc. Therefore, the use of AI in the healthcare industry can provide heightened flexibility, effectiveness through patient-oriented solutions (Alves et al., 2024).

3.4. Real-World Applications and Case Studies

Two different in-depth case studies related to the use of AI in the healthcare industry are explained below. Mainly, these real case examples indicate the effects of AI on the processes and decision-making improvements.

3.4.1. AI in Natural Disaster Response During Hurricane Katrina

The AI technology played a critical role in handling the situation when Hurricane Katrina devastated the city. To facilitate real-time communication with the affected individuals, AI chatbots were used to guide them to safe zones and provide them with vital medical care (Huang et al., 2023). Using geospatial data analytics and clustering techniques, the underlying technology offered location-based guidance. To identify the closest shelters, hospitals, or supply stations, for example, people may text or voice their GPS coordinates, and the AI system would compare them with real-time maps. Responses were prioritized using Bayesian networks according to their urgency, such as providing medical assistance to people who were reporting serious illnesses or injuries (Afolabi et al., 2025). With its sympathetic, human-like interactions, generative AI greatly enhanced these applications. This was particularly important for meeting the emotional needs of the disaster's victims. The algorithms were better able to identify distress signals in text and speech inputs by utilizing reinforcement learning from human feedback (RLHF). This allowed them to offer targeted



psychological assistance and, if required, escalate severe situations to human operators (Davis & Robbin, 2015). The two case studies illustrate how AI has the ability to revolutionize crisis management. These systems' integration of state-of-the-art algorithms and artificial intelligence (AI) capabilities improved operational efficiency while simultaneously giving vulnerable populations vital support at times of dire need (Corrado, 2021).

3.4.2. Generative AI in Customer Services Market Share by Region (2023

There exist considerable differences by world regions, as indicated by Figure 1, showing the regional market share segmentation of generative AI customer services in 2023. It underscores the varying regional dynamics that influence the adoption and growth of generative AI technologies in the customer services sector. Due to rampant embracement of AI technology in the region, because of a strong digital infrastructure and favorable investments from industry leaders, North America leads with a whopping 48% share. Strong attempts to embrace AI across industries such as financial services, retail, and telecoms put Europe into second place at a 28% market share. Accelerated technological change and growing use of AI solutions within developing economies such as China, Japan, and India propel the Asia-Pacific into a 20% contribution towards the total (Precedence Research, 2024). Smaller percentages of 3% and 1%, respectively, are held by Middle East & Africa and Latin America. Although these markets have the current issues of reduced rates of adoption and poor access to AI infrastructure, they have potential for future opportunities as more capital goes into AI and digital transformation.

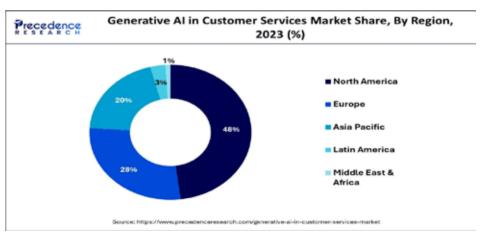


Figure 1. Generative AI in Customer Services Market Share, By Region, 2023 (%) (Precedence Research, 2023)

3.5. Theoretical Contributions

The current research findings reinforce and extend existing theoretical frameworks of crisis communication, health informatics, and AI-mediated interaction. Conversational AI encapsulates significant principles of sociotechnical systems theory through the identification of dynamic human agent-digital tool interaction (Topol, 2019). Leveraging natural language processing (NLP), sentiment analysis, and machine learning (ML), such systems reinterpret traditional communication paradigms in healthcare crises.

The study also educates health behavior theory by demonstrating the potential for AI to influence patient engagement and self-management in crises. Chatbots and virtual assistants are not only sources of information but are also being used as persuasive agents that facilitate adherence to prevention practices and treatment regimens (Casu et al., 2024). Moreover, the use of conversational AI to confront misinformation and provide cognitive-behavioral therapy (CBT) assistance further enhances the existing pool of digital interventions in mental health treatments.

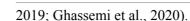
This book also refines our understanding of technological determinism in health crises by showing that while AI technologies possess limitless potential for system effectiveness and empowered patients, their value is contingent upon environmental pressures such as data availability, system architecture, and ethical regulation.

3.6. Practical Implications

The practical value of conversational AI in crisis scenarios is huge. First, it supports better emergency response coordination through real-time triage, resource distribution, and geolocation-driven routing of services, thereby reducing delay and improving prioritization of care (Jasim et al., 2024).

Second, patient communication and support are significantly supported by AI-powered chatbots that provide 24/7 support, offer correct information, and provide psychological first aid. These applications have been shown to reduce anxiety, divert calls from hotlines, and ensure continuity of care through reminders and follow-up mechanisms (Ting et al., 2020; Muddle, 2023).

Third, from an operations efficiency standpoint, AI automates routine work such as appointment scheduling, inventory monitoring, and forecasting staff. This offloads some of the work from the healthcare workers and ensures the availability of vital goods in case of unexpected demand surges (Esteva et al.,



Lastly, the convergence of empathetic and multilingual generative AI models that can respond under duress indicates how one can make communication more human-friendly and inclusive. Such models also help with clinical decision-making through the convergence of patient data and offering real-time diagnostic or treatment recommendations.

3.7. Limitations of the Study

Although the analysis depth offered, the study is not completely free of limitations. Its sole focus on emergencies and crises of conversational AI applications has the unintended effect of neglecting other healthcare environments where those technologies are also relevant, such as chronic disease management, rehabilitation, or long-term care.

Another inherent limitation lies in the data availability and nature. Much of the secondary evidence to support findings is derived from secondary sources and publicly available case studies, with the majority being derived from high-resource settings. Limited access to proprietary data, especially in commercial applications, limits the capacity to analyze the full performance and flexibility of these systems in a variety of real-world scenarios.

In addition, the field of artificial intelligence is evolving at a breakneck rate. The advancements in generative AI, real-time analytics, and human-AI interaction paradigms are ongoing, and therefore, some of the conclusions of this study may be outdated with the introduction of newer features.

Ethical issues also confine the discussion. Even though conversational AI holds tremendous promise for managing crises, its use in healthcare settings opens significant concerns of privacy, equity, and transparency. AI processes confidential patient data in most instances, and concerns of data security, informed consent, and secure transmission are still present. It is not yet the norm to comply with regulatory frameworks such as GDPR and HIPAA, particularly in emergency uses where speed tends to outweigh thorough ethical analysis (Chen et al., 2020).

AI algorithmic bias is also a problem. Under training on non-representative or historically unbalanced data, there is an increased risk of reproducing social and structural inequalities. This is particularly problematic in rural or underserved populations where contextual variation is high and generalized models will be suboptimal (Mehrabi et al., 2021).



The explainability of AI decision-making also makes its responsible use difficult. In life-or-death applications such as patient prioritization or treatment, the absence of explainability or interpretability of algorithmic recommendations undermines confidence. Although tools such as explainable AI (XAI) have been suggested, their availability remains scarce and incoherent across systems.

Finally, weak governance and accountability frameworks hinder ethical deployment. With no strong controls in place among developers, healthcare providers, and regulators, the likelihood of uncontrolled or incorrect AI use increases. Ensuring human dignity, transparency, and fairness in times of crisis relies on something greater than technological ability; it takes a conscious and interdisciplinary effort toward ethical implementation.

These limitations reflect the necessity of constant evaluation and a cautious, human-centric style when applying conversational AI to medicine, particularly when interacting in sensitive and high-stress environments.

3.8. Future Research Recommendations

Drawing from the existing evidence, further research may aim to enhance the knowledge of the part that conversational AI can play in reshaping healthcare crisis management, not just as a reactive means, but as a proactive agent of anticipation, mitigation, and even-handed delivery of care.

One area in need of continued examination is the predictive power of AI in pre-crisis planning. The integration of real-time electronic health record information, epidemiological trends, mobility patterns, and environmental variables offers an extremely promising pathway for the foresight of healthcare emergencies. Future studies need to uncover how prediction models of AI can be enhanced for identifying pandemic hotspots, forecasting the needs for hospital bed capacity, and informing timely policy intervention. This foresight function bears high importance in international health, where foresight action can prevent system failure.

The application of generative AI in high-stakes clinical judgment is also in need of more empirical evaluation. While GPT and other models continue to evolve, their potential to facilitate multilingual, contextual, and emotionally aware interactions during crises increases in value. Some studies need to be conducted to evaluate how such models can assist clinicians by combining complex patient data and generating evidence-based recommendations, particularly in time-crunched or resource-limited environments. Comparative

studies of healthcare systems can provide insights into the practical value, safety, and acceptability of these tools in real-world settings by frontline health workers (Atalla et al., 2025).

In addition, next-generation work must address the governance and ethical expectations necessary for the responsible deployment of conversational AI. The development of explainable AI (XAI), federated learning, and bias reduction techniques on conversational platforms remains nascent in practice. Scholars must examine how these methods are institutionalized to ensure that transparency, fairness, and patient autonomy take place, especially when consent and comprehension are typically sacrificed in high-stakes contexts.

A worldwide overview of the adoption of AI is also essential. Research needs to study regional differences in generative AI infrastructure and implementation capacity. North America and Europe lead adoption now due to having robust digital ecosystems and industrial investments, but future markets in Asia-Pacific and the under-penetrated areas of Latin America and Africa are key future frontiers to observe. Awareness of these socio-technical obstacles, e.g., digital literacy, linguistic diversity, and infrastructural shortcomings, can be used to support more equitable, place-sensitive development of AI technology.

Finally, upcoming research must investigate the coupling of conversational AI and Internet of Things (IoT) networks to create smart, adaptive health environments. Smart hospitals with live AI can dynamically reconfigure resources, monitor patient flows, and coordinate emergency logistics with minimal human support. These integrations can be scaled up further to enhance vaccine distribution, supply chain robustness, and access to care equity in the face of future health crises.

Following these research agendas will not only enrich the theoretical underpinnings of conversational AI in health care but also ensure that its practical implementation conforms to the basic values of human dignity, equity, and trust.

CONCLUSION

Conversational AI is a public health crisis management tool with a synergistic approach towards the system issues inherent within the cycle of public health emergencies. Being able to be integrated with other technologies like Natural Language Processing (NLP), Machine Learning (ML), and speech recognition, conversational AI systems have been found to excel in real-time triage, resource allocation, and the spread of important information (Sezgin &



Kocaballi, 2025). Literature review statistics and real-life case studies validate the way AI-powered chatbots and virtual agents not only reduce communication gaps but also maximize performance levels in high-stress environments. Such systems, for instance, in the COVID-19 pandemic period, reduced hotline calls, maximized access to self-care guidelines, and enabled care continuity through automated follow-up and reminders (Driss et al., 2022). Moreover, their ability to respond in multilingual and empathic language made them assets to provide mental health services and counteract misinformation in emergencies.

As such, despite the viability of conversational AI in crisis settings increasingly evident, its use must be made responsibly to address key matters of algorithmic transparency, data privacy, access equity, and ethical governance. The study identifies gaps in current deployments, particularly in the marginalized spaces that lack good digital infrastructure and where the algorithmic models are not locally applicable. Secondly, the absence of good governance raises questions around accountability, especially when AI systems are utilized in questions of life and death. Therefore, the future of the study must focus on enhancing explainable AI (XAI), building real-time epidemiological information, and embedding ethical standards that ensure fairness and inclusivity (Gunning et al., 2019). If these issues are well addressed, conversational AI will no longer be merely a reactive tool in health crises but also an anticipatory, proactive system that can increase the resilience and responsiveness of global healthcare systems.

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CHAPTER 7

SOUL OF LEADERSHIP: HOW EMOTIONAL INTELLIGENCE ENHANCES EMPLOYEE ENGAGEMENT IN TRANSFORMATIONAL LEADERSHIP

Mhammedi Aloui OTHMANE

Master Student, Nisantasi University, Graduate Education Institute, Business Administration Department (without thesis, English). 20231560041@std.nisantasi.edu.tr

Dr. Ömer Faruk ASLAN

Lecturer Doctor, Atatürk University Oltu Vocational School Finance Banking and Insurance Department, ofaruk.aslan@atauni.edu.tr ORCID: 0000-0001-7415-6049.

INTRODUCTION

In today's conditions, where technology is changing at an incredible pace and cultural interaction is at its peak, companies are also forced to keep up with the change. As institutionalization within the company increases, the importance of communication between employees also increases. For leaders, the ability to motivate them has never been more critical. A transformational leadership style that fosters change and innovation plays a crucial role in increasing employee engagement (EE). At the heart of transformational leadership lies emotional intelligence (EI), which catalyzes amplifying employee commitment and performance.

This research explores the complex relationship between EI and EE within



the transformational leadership framework, using empirical research and theoretical insights to illuminate this connection. By analyzing EI's role in leadership, this study aims to create a deep understanding of how it contributes to creating a productive and engaged workforce.

The aim of this study is to determine the impact of EI in transformational leadership (TL) that affects employees' commitment to the company. The sources in the literature related to the subject will be scanned, and answers will be sought for the basic questions determined within the scope of the research. The study aims to offer suggestions on how good human resources management should be for companies that want to create institutional loyalty in their employees in this context that prioritizes institutionalization.

The subject is of vital importance for companies that aim to create institutional loyalty by improving working conditions. Therefore, it is thought to be an important resource for companies that have an application.

Within the scope of the research, answers will be sought to the basic questions as follows:

How does emotional intelligence influence TL's effectiveness? In what ways does transformational leadership impact employee engagement? What role does emotional intelligence play in enhancing employee engagement within transformational leadership? How can organizations effectively measure and develop emotional intelligence among their leaders? What strategies can organizations implement to nurture a culture of EI? How does EI affect the formation of corporate resilience and the adaptability of individuals working within the company? What can be the long-term impact of EI on the retention of employees and the further development of their talents within the company? How can emotional intelligence training be seamlessly incorporated into plans for maturing leadership in current conditions? What specific emotional intelligence competencies are most impactful in enhancing employee engagement? The primary purpose of this study is to determine the impact of transformational leadership's EI on employees. In this context, relevant studies on the topic were examined.

1. CONCEPTUAL FRAMEWORK

1.1. Transformational Leadership (TL)

TL is defined as a style in which leaders and their followers collaboratively work towards achieving change and motivating each other to realize a shared vision. This style encompasses four key components (Long et al, 2014: 118-119; Givens, 2008: 8-15; Nguyen et al, 2017: 204-206; Metwally et al, 2014: 34-35):

Charisma can be explained as the leader's charm and vision that inspires followers, fostering a strong connection. Charismatic leaders are often seen as role models, which enhances their influence and the desire of employees to emulate their behaviors. This magnetic quality can significantly raise team morale and drive collective performance. Charismatic leadership improves employees' motivation and causes employees to feel that they are an important value in the progress of the organization by determining a basic vision and basic purpose (Bass, 1999: 12).

Leaders who keep their companies open to the innovations that the new age brings create an environment where employees can work at full capacity and devotedly, thus creating a remarkable vision for the future of the company. This motivational aspect is particularly effective in encouraging employees to pursue goals beyond their immediate interests. By instilling a sense of purpose, leaders can motivate their followers to strive for excellence and surpass expectations. Inspirational motivation also enhances employee resilience, enabling them to navigate challenges with a positive outlook (Bonsu & Twum-Danso, 2018: 40).

Leaders encourage the creation of original and more modern systems by examining the conditions that are considered indispensable in the current period. By fostering an atmosphere that embraces new ideas and approaches, transformational leaders can facilitate continuous improvement and adaptability within their organizations. Intellectual stimulation not only enables the organization to resolve problems more quickly but also causes employees to think more critically about events. This enables faster problem solving and onthe-spot decisions to be made. Leaders who promote intellectual stimulation create a culture where experimentation and innovation are valued, leading to improved organizational outcomes (Bass & Avolio, 1994: 134).

This component involves recognizing and understanding followers' needs, providing support and encouragement tailored to each person's circumstances. Individualized consideration helps to foster belonging and loyalty among employees, heightening their emotional commitment to the organization.



Leaders who practice individualized consideration often create a culture of trust, where employees' sense of valued leadership creates heightened motivation and job satisfaction.

Transformational leaders not only inspire them through charisma but also by articulating clear values and ethical standards. This alignment of personal and organizational values fosters a culture where employees feel a deeper connection to the mission and vision of the organization. Leaders who embody these values and demonstrate ethical behavior set a standard for their teams, encouraging similar behavior throughout the organization (Rafferty & Griffin, 2004: 331-332).

1.2. The Impact of Leadership Types on Increasing Organizational Performance

Different leadership styles can significantly impact overall organizational performance. Transformational leadership that includes the concepts of vision, inspiration, and emotional intelligence has been shown to yield higher levels of employee satisfaction, commitment, and productivity compared to more transactional styles. Understanding these dynamics allows organizations to adopt leadership approaches that align with their strategic goals (Sadeghi & Pihie, 2012: 186-187).

TL's effectiveness can vary based on the organizations, industry dynamics, and cultural factors. Leaders must be attuned to their specific environments and adjust the tendencies of followers to fulfill their individual needs. This adaptability is crucial for fostering an engaged workforce that is responsive to change and innovation.

Leaders should have an awareness of the socio-political climate, economic change and conditions, and technological advancements that can impact employee behavior and organizational objectives. Contextual awareness allows leaders to tailor their strategies effectively, ensuring they resonate with employees and foster engagement (Vinkenburga et al., 2011: 18-19).

1.3. The Importance of Communication in TL

The basic feature of TL is the active use of effective communication channels within the organization. Leaders should convey the organization's



vision in clear and simple language so that employees can understand and motivate their teams by using tools that will attract the employees' attention. This communication model ensures that the main purpose put forward remains more vivid and encourages employees to take a more active role in achieving organizational goals (Leban & Zulauf, 2004: 558).

Transformational leaders must also demonstrate emotional resilience. The ability to remain composed and positive during challenging times can inspire confidence among employees. From an institutional perspective, the ability of companies to stand as one body within themselves creates a corporate culture in which employees are supported by their leaders in all situations and are motivated to act together in solving problems (Leban & Zulauf, 2004: 556-558).

Due to the increased use of digital communication tools and remote work, TL must adapt their leadership styles to engage and motivate employees effectively in a virtual environment. Understanding the nuances of digital communication can help leaders maintain strong relationships and foster team cohesion, even when they are physically distant.

In increasingly diverse workplaces, transformational leaders must be aware of the varying perspectives and backgrounds of their team members. Embracing diversity within the company not only increases the number of original and innovative products but also ensures that employees active participation in the decision-making process is more valued sense and that a corporate democratic environment is established (Korejan & Shahbazi, 2016: 455).

1.4. The Impact of TL on Employees' Loyalty to the Organization

Research mostly indicates that TL positively impacts employee engagement. Engaged employees exhibit emotional loyalty to the work and a strong commitment to the organization's enhancement.

Governance, which refers to employees being effective in decisions taken in companies, means that they are competent in emotional, cognitive, and behavioral aspects. Institutional appreciation of engaged employees is an important factor in effective and efficient production. Spreading the behavior of employee appreciation within the organization will increase production capacity and ensure institutional success. In companies with a higher number of engagements, it will generally result in higher customer satisfaction and greater financial efficiency.



may create improved engagement and retention rates (Susilo, 2018: 112).

The dynamics within teams greatly influence employee engagement. Transformational leaders who foster collaboration and inclusivity create an environment where employees feel a sense of belonging and ownership. This sense of community enhances engagement and motivates employees to contribute to team success (Jandaghi et al., 2009: 274).

TL advocating for work-life balance increases employee engagement by promoting mental health and well-being. In this way, employees having an adjusted personal and professional lives, they possibly more engaged and committed to their work and organization (Setiadi et al., 2024: 56).

Providing employees with autonomy in their roles can significantly enhance engagement. Transformational leaders who empower their employees to make decisions foster a sense of ownership and accountability. This autonomy encourages employees to take initiative and invest in their work, leading to higher levels of engagement (Swaroop & Dixit, 2018: 165).

Engaged employees often seek opportunities for growth and development. TL promoting a continuous learning culture may improve employee skills and foster a sense of purpose and direction. Support for learning initiatives may create enhanced engagement as employees feel their growth is valued (Maden, 2015: 733).

Employee engagement can be shaped by organizational culture, which prioritizes collaboration, respect, and open communication. OC also creates an environment where employees feel valued and motivated. Transformational leaders also have an impact on EE by cultivating a positive culture. (Almerri, 2023: 492).

1.5. The Relationship Between Engagement and Performance

Research indicates a strong correlation between employee engagement and organizational performance. The higher employee engagement leads the increased productivity and creativity. This contributes to a positive work environment. This connection underscores the importance of fostering engagement as a priority for organizations (Verma et al., 2024: 11165-11166).

Emotional intelligence itself can significantly enhance EE. Leaders who exhibit high EI are better at connecting with their teams, creating a workplace environment where employees have a sense of understanding and are

Engagement also correlates with innovative behaviors, recommending that committed employees are highly possible to enhance the creativity of the teams. Innovation is crucial in the current hectic business environment, where adapting to change and developing the skill to be solution-oriented has critical importance. Organizations that foster employee engagement can better navigate challenges and seize opportunities in the marketplace. To measure employee engagement effectively, organizations can employ various metrics, including employee surveys, productivity rates, and turnover statistics. Understanding these metrics can help leaders describe the fields for developing strategies to enhance engagement. Regularly assessing engagement levels through surveys helps control the progress of organizations over time and make necessary adjustments to their leadership practices.

Feedback mechanisms play a vital role in fostering employee engagement. Organizations should establish systems for both formal and informal feedback, enabling leaders and employees to communicate openly about performance, expectations, and areas for growth. Constructive feedback not only helps employees develop their skills but also reinforces their connection to the organization's goals.

Recognition is a critical factor in employee engagement. Transformational leaders who acknowledge and celebrate employee contributions enhance motivation and commitment. Creating a culture based on recognition can cause heightened job satisfaction and loyalty, as employees may have a sense of valued for their efforts. Organizations should implement formal recognition programs alongside informal acknowledgments to foster a supportive environment (Atana & Mahmood, 2019: 2198-2199). Employee engagement is closely linked to overall well-being. Transformational leaders who prioritize well-being contribute to employees' having a higher well-being and a work environment in employees can thrive both personally and professionally.

Trust is a foundational element of employee engagement. In companies where Transformational Leadership is active, it leads to transparency, reliability, and open communication channels. This creates a corporate atmosphere where employees can better explain their ideas within the company and convey their concerns to management more quickly. This corporate atmosphere fosters deeper connections and increases overall engagement levels (Susilo, 2018: 110). Investing in leadership development programs can have a crucial effect on employee engagement. Organizations that prioritize training and development for their leaders not only enhance their leadership capabilities but also signal to employees that their growth and well-being are respected. This commitment



appreciated. This connection may lead to increased commitment and motivation (Petrova et al., 2020: 897-899).

Organizational change can often lead to disengagement if not managed properly. Transformational leaders who are emotionally intelligent can help guide their teams through change, addressing concerns and maintaining morale throughout the process. This proactive approach to change management can mitigate potential dips in engagement (Bakker, 2017: 67-68).

1.6. Emotional Intelligence

Emotional intelligence refers to the ability to recognize and manage one's own emotions and those of others. Nelson & Low (2011) popularized this concept, identifying five key components (Nelson & Low, 2011: 25-28):

Self-aware leaders can better manage their reactions and understand how their behaviors affect their teams. This self-awareness allows leaders to be more in tune with their strengths and weaknesses, enabling them to leverage these traits effectively in their leadership roles (Showry & Manasa, 2014: 16-17).

The capacity to manage emotions and impulses effectively. Leaders who balance their emotions are less prone to react negatively in stressful situations, creating a more stable work environment. Self-regulation also involves maintaining a level of professionalism and composure, even in challenging circumstances, which sets a positive example for employees (Kafetsios et al., 2014: 513-514).

An intrinsic drive to pursue goals with energy and perseverance. Emotionally intelligent leaders are often more resilient and can inspire the same qualities in their followers. This internal motivation helps leaders maintain focus and enthusiasm, even when faced with obstacles, thereby fostering an environment where employees feel encouraged to pursue their goals (Umesi, 2024: 64-65).

Leaders with high empathy can create solid relationships with their followers, fostering trust and collaboration. Empathetic leaders are often more skilled at recognizing when employees are struggling and can provide the necessary support, which in turn enhances employee morale and engagement (Celestin & Vanitha, 2020: 49-51).

Proficiency in managing relationships and networks. Leaders with strong social skills can navigate complex interpersonal dynamics, facilitating teamwork and communication. These skills are crucial for resolving conflicts



and building a cohesive team. Effective social skills also enable leaders to influence and inspire their teams towards achieving collective goals (Riggio & Reichard, 2008: 170-171).

1.5.1. EI as a Leadership Competency

EI has a pivotal impact on decision-making strategies of the leaders. Leaders with high EI are better equipped to assess the emotional climate of their teams, which can inform their decisions and strategies. This awareness helps leaders to consider the impact of their decisions on employee morale and engagement, leading to more thoughtful and inclusive outcomes (Atiku et al., 2024: 1-2).

As organizations increasingly recognize the importance of EI, it emerges a key competency for effective leadership. Leaders demonstrating higher EI can have the skills to overcome the complex situations in the workplace, including diverse teams and rapidly changing environments. This recognition has led to the development of leadership models that prioritize EI as a core component of effective leadership (Tan et al., 2022: 544-545)

Incorporating EI training into leadership development programs can improve the overall effectiveness of leaders. Organizations that emphasize EI training can prepare their leaders to handle interpersonal challenges and drive employee engagement more effectively.

This proactive approach ensures that leaders have the necessary skills to develop emotionally intelligent workplaces (Kannaiah, 2015: 147)

1.5.2. The Relationship Between Organizational Culture (OC) and EI

EI is seen as the fundamental basis for the formation of corporate culture in a company. Leaders who adopt EI principles as their corporate goal aim to create a cultural understanding that prioritizes corporate cooperation, respect, and open communication channels. These cultural elements are vital for developing an engaged workforce, where employees have a sense of value and are motivated (Osborne & Hammoud, 2017: 50-51).

EI is not a static skill; it requires continuous development. Organizations should foster a workplace climate to encourage employees to develop their EI through training, workshops, and experiential learning opportunities. This commitment to growth can lead to a more engaged and skilled workforce (Vance, 2006: 1-2).



1.5.3. The Positive Impacts of EI in Crises

During times of crisis, emotionally intelligent leaders can navigate complex emotional landscapes, ensuring that their teams feel supported and understood. This capability is particularly crucial in maintaining employee morale and engagement during challenging times, as leaders who show empathy and understanding can help their teams cope with stress and uncertainty (Jasubhai, 2025: 134-136).

1.5.4. The Role of EI in the Employees' Employment

High emotional intelligence among leaders has been linked to improved employee retention. Employees feel understood and valued; they have a greater tendency to be committed to their organization. Transformational leaders who demonstrate EI create an environment conducive to long-term employee loyalty (Trofimov et al., 2019: 393-394).

Organizations with emotionally intelligent leaders are often more innovative. Leaders who encourage open communication and create safe spaces for ideasharing enable employees to voice their thoughts and contribute creatively. This environment encourages innovation by making employees feel empowered to bring forward new ideas without fear of criticism (Fernandez & Moldogaziev, 2012: 155-156)

In team settings, emotional intelligence enhances collaboration and reduces conflict. Emotionally intelligent leaders can facilitate better communication among team members, leading to more harmonious relationships and improved team performance. This 4 also drives overall success Ingles et al., 2024: 124).

Leaders having high EI can also improve customer relationships. By understanding and managing their emotions, leaders can model behaviors that promote positive interactions with clients and customers. This emotional awareness translates into better service and stronger customer loyalty (Coban & Telci, 2016: 121).

1.5.5. Emotional Intelligence and Employee Engagement

Emotional intelligence enhances engagement through various mechanisms (Deshwal, 2015: 256; Yucel K. & Kunday, 2018: 586-587; Bistra & Tomova, 2024: 51-52; Goodman, 2025: 36-39; Sumiyati et al., 2025: 326-327):

Transformational leaders having more EI qualities have a significant effect on creating an environment of trust within the company and making

communication channels more active. When employees feel understood by management, their commitment to the organization increases.

Effective communication is a two-way street; leaders must not only express their thoughts clearly but also actively listen to their employees. This two-way communication fosters a culture of openness, where employees feel valued and heard, leading to greater engagement and loyalty.

EI leaders create a workplace atmosphere that encourages teamwork and innovative approaches. Leaders may create a workplace where followers feel safe to have open communication and share their ideas and concerns by having a sense of being valued.

In a supportive environment, employees are more likely to collaborate and take risks, knowing that their contributions will be acknowledged and appreciated. This culture of safety is essential for fostering creativity and innovation, as employees are more willing to propose new ideas when they feel supported.

Empathy is a cornerstone of EI and TL. Leaders who demonstrate empathy connect with employees, understanding their unique challenges and motivations. This individualized attention enhances employee satisfaction and loyalty.

Leaders who empathize with their employees under all circumstances are more capable of making more analytical and timely decisions in the face of problems and implementing personalized practices. This approach, which is more focused on the individual's problems, will give employees the feeling that their needs are being met as quickly as possible, which will increase job satisfaction and reduce turnover.

Emotional intelligence plays a critical role in enhancing job satisfaction. When employees feel that their emotional needs are met, they are more likely to experience higher levels of job satisfaction. This satisfaction, in turn, contributes to overall employee engagement and organizational loyalty. In companies where leaders have high levels of emotional intelligence, employees are more passionate about their work and have stronger relationships with their leaders. This will reduce the number of employees leaving the company.

A leader's emotional intelligence can significantly shape the organizational culture. Leaders who model emotionally intelligent behaviors create a ripple effect, encouraging employees to adopt similar behaviors. This positive culture not only boosts engagement but also enhances collaboration and teamwork. A strong organizational culture rooted in emotional intelligence fosters resilience, adaptability, and a shared commitment to organizational goals.

1.5.6. The Relationship Between EI and OCB

When the studies in the literature are examined, it is shown that in companies managed by leaders with emotional intelligence, organizational citizenship behavior (OCB), which refers to employees' behaviors that are beneficial for production, is more common. Employees with high levels of emotional intelligence are more likely to engage in OCB, such as helping colleagues, volunteering for additional responsibilities, and supporting organizational initiatives without being prompted. This behavior enhances the overall work environment, fostering a culture of collaboration and support (Saavedra et al., 2024: 1-3).

1.5.7. The Impact of EI on Leadership Approaches

Emotional intelligence affects not only the effectiveness of individual leaders but also the characteristics of leadership in general within a company. Leaders with high EI tend to adopt more participative and inclusive leadership styles, which can enhance employee engagement. This participative approach encourages collaboration and empowers employees to take ownership of their work, leading to increased motivation and satisfaction. Transformational leaders who demonstrate high emotional intelligence create environments where employees feel empowered to contribute their ideas and take initiative (Kumar, 2014: 1-2).

Emotional intelligence plays a vital role during periods of organizational change. Leaders having higher EI can deeply understand the emotional responses of their teams and may provide guidance and support if needed. For instance, during mergers, acquisitions, or significant organizational restructuring, emotionally intelligent leaders can help employees navigate their fears and uncertainties, ensuring that the transition is as smooth as possible. This ability to empathize and communicate effectively during transitions can significantly enhance employee engagement, ensuring that teams remain motivated and focused on common goals (Goleman, 1998: 75).

Emotional intelligence is crucial not only at the individual leader level but also within team dynamics. Teams having high EI tend to communicate more effectively, resolve conflicts more efficiently, and collaborate more harmoniously. This collective emotional intelligence enhances overall team performance and contributes to a more engaged workforce.

For example, higher EI teams can have more adaptability to maintain



interpersonal relationships and overcome challenges, which fosters a feeling of oneness and aim (Druskat & Wolff, 2001: 40).

EI is not a static skill; it requires continuous development. Organizations should foster an environment where employees are encouraged to enhance their emotional intelligence through training, workshops, and experiential learning opportunities. This commitment to growth can lead to a more engaged and skilled workforce. Continuous improvement initiatives, such as feedback loops and mentorship programs, can help employees refine their emotional intelligence skills, leading to better teamwork and collaboration (Boyatzis, 2018: 92).

During times of crisis, emotionally intelligent leaders can navigate complex emotional landscapes, ensuring that their teams feel supported and understood. This capability is particularly crucial in maintaining employee morale and engagement during challenging times, as leaders who show empathy and understanding can help their teams cope with stress and uncertainty. For instance, in the wake of a global pandemic, leaders with high emotional intelligence were better positioned to address employee concerns, provide reassurance, and implement supportive measures that sustained engagement (Goleman et al., 2020: 102).

High emotional intelligence among leaders has been linked to improved employee retention rates. When employees feel understood and valued, they are more likely to remain committed to their organization. Transformational leaders who demonstrate EI create an environment conducive to long-term employee loyalty. By actively listening to employee feedback and addressing concerns, emotionally intelligent leaders foster a sense of belonging, which is essential for retention (Avolio & Bass, 2004: 132).

Organizations with emotionally intelligent leaders are often more innovative. Leaders who encourage open communication and create safe spaces for ideasharing enable employees to voice their thoughts and contribute creatively. This environment fosters innovation, as employees feel empowered to propose new ideas without fear of criticism. Furthermore, emotionally intelligent leaders can harness diverse perspectives within their teams, leading to more innovative solutions and enhanced problem-solving capabilities (George, 2000: 45).

In team settings, emotional intelligence enhances collaboration and reduces conflict. Leaders who are emotionally intelligent can facilitate better communication among team members, leading to more harmonious relationships and improved team performance. This collaborative spirit not



only enhances engagement but also drives overall success. Additionally, teams with high emotional intelligence are better equipped to respond to challenges collectively, as members communicate openly and support one another (Salovey & Mayer, 1990: 190).

Leaders with high emotional intelligence can also improve customer relationships. By understanding and managing their emotions, leaders can model behaviors that promote positive interactions with clients and customers. This emotional awareness translates into better service and stronger customer loyalty. Employees who observe their leaders demonstrating emotional intelligence are more likely to emulate these behaviors, leading to enhanced customer experiences (Wong & Law, 2002: 280).

1.6. The Role of Emotional Intelligence in Transformational Leadership

Emotional Intelligence affects many elements in transformational leadership, which are stated under the following subheadings (Tortorella et al., 2025: 1011-1012; Nkan et al., 2025: 69-72).

Emotional intelligence amplifies a leader's charisma, a distinguishing characteristic of transformational leadership. Leaders who effectively express their emotions forge personal connections with their teams, fostering commitment and enthusiasm. This emotional connection bridges organizational goals with personal values, enhancing engagement.

Charismatic leaders are often viewed as visionaries, and their ability to communicate this vision effectively can inspire employees to work towards common goals. This inspiration can lead to higher levels of performance and satisfaction among team members, as employees feel that their contributions are aligned with a greater purpose.

Transformational leaders promote innovation through intellectual stimulation and diverse opinions. Leaders with high emotional intelligence facilitate group dynamics, ensuring participation and engagement. By valuing team contributions, they tap into collective creativity, driving organizational innovation.

A culture that encourages intellectual stimulation allows employees to challenge existing processes and propose new solutions. This not only enhances engagement but also positions the organization as a leader in its industry, capable of adapting to changing market demands.

Emotional intelligence equips leaders to navigate conflict and build cohesive teams. High EI leaders can manage emotional undercurrents during conflicts, promoting constructive discussions (Babatunde et al., 2023: 146-149). This ability fosters a positive work atmosphere that enhances engagement and teamwork.

Effective conflict resolution is critical in maintaining team morale and cohesion. Leaders who can address conflicts with empathy and understanding create a more harmonious work environment, which is conducive to collaboration and productivity. Cohesive teams are more likely to be innovative and responsive to challenges (Xie et al., 2016: 464-465).

Leaders with high emotional intelligence can significantly enhance team performance. By creating a supportive environment, they enable team members to collaborate effectively, share ideas, and work towards common objectives. This collaborative spirit not only improves team dynamics but also drives overall performance, leading to better outcomes for the organization (Oyefusi, 2022: 111-113).

Transformational leaders with high emotional intelligence can articulate a clear vision for the future, which is crucial for guiding their teams. This vision provides a roadmap for employees, helping them understand how their individual contributions fit into the larger organizational goals. When employees see the connection between their work and the organization's vision, their engagement levels increase, leading to higher commitment and productivity (Shahid & Azhar, 2013: 252).

Authentic leadership, which is closely related to emotional intelligence, emphasizes transparency, ethical behavior, and self-awareness. Leaders who are authentic in their interactions foster trust and loyalty among their teams. This trust is essential for building a strong organizational culture where employees feel valued and engaged (Smith et al., 2016: 74-75).

In times of organizational change, emotionally intelligent leaders are better equipped to manage the emotional responses of their teams. They can anticipate concerns, address fears, and provide the necessary support to help employees navigate transitions. This capability not only enhances engagement during periods of change but also fosters resilience within the organization (Hall et al., 2011: 243-247).

Emotional intelligence contributes significantly to an organization's adaptability. Leaders who understand and manage emotions effectively can guide their teams through uncertainty and change, ensuring that employees

remain engaged and focused. This adaptability is crucial in today's fast-paced business environment, where organizations must respond quickly to shifts in the market (Govindarajan & Ananthanpillai, 2024: 3-4).

Transformational leaders who practice emotional intelligence also prioritize continuous feedback. By creating mechanisms for regular feedback, leaders can ensure that employees feel supported and informed. This ongoing dialogue fosters an environment where employees can express their concerns and suggestions, further enhancing engagement and collaboration (Ispiryan et al., 2024: 1807-1810).

Leaders with high emotional intelligence are also more adept at making decisions that take into account the emotional climate of their teams. This awareness allows them to consider how their choices will affect employee morale and engagement, leading to more thoughtful and inclusive decision-making processes. By integrating emotional considerations into their strategies, leaders can foster a culture of trust and openness (Singh & Singh, 2025: 83-85).

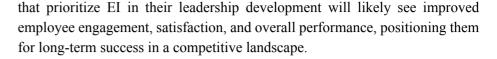
As organizations recognize the importance of emotional intelligence, integrating EI training into leadership development programs becomes essential. By equipping leaders with the skills to manage emotions effectively, organizations can cultivate a new generation of transformational leaders who are better positioned to engage and inspire their teams (Mathew & Gupta, 2015: 76-77).

In increasingly diverse workplaces, emotional intelligence plays a critical role in fostering inclusivity and understanding. Leaders who are emotionally intelligent can navigate cultural differences and ensure that all team members feel valued and heard. This inclusivity enhances employee engagement and fosters a sense of belonging.

With the rise of remote work, emotionally intelligent leaders must adapt their approaches to effectively engage teams in virtual environments. They must leverage technology to maintain connections, foster collaboration, and ensure that employees feel supported, even when working from home. This adaptability is essential for sustaining engagement in a rapidly changing work landscape.

Leaders with high emotional intelligence can significantly shape organizational culture. By modeling emotionally intelligent behaviors, they set the tone for the entire organization. This cultural influence can lead to a more cohesive, supportive work environment where employees feel empowered to engage and contribute.

As the workplace continues to evolve, the role of emotional intelligence in transformational leadership will become increasingly important. Organizations



1.7. Challenges and Considerations

While the benefits of emotional intelligence in transformational leadership are evident, several challenges must be addressed. Leaders should be emotionally intelligent and decisive, yet accountable. Besides, cultural backgrounds can influence the practice of emotional intelligence, requiring leaders to adapt their approaches to fit group needs (House et al., 2004: 67).

Cultural differences among company employees can direct how emotional intelligence characteristics are perceived and applied. While leaders with collectivist cultural characteristics give importance to team behaviors rather than individual behaviors, individuals with individualistic cultural characteristics prioritize individual success. Understanding these cultural nuances is crucial for leaders operating in diverse environments (Hofstede et al., 2010: 125).

While emotional intelligence is essential, it must be balanced with accountability. Leaders must make tough decisions and hold employees accountable for their performance, which can sometimes create tension. Striking this balance is crucial for maintaining a high-performing team and ensuring that organizational objectives are met (Goleman et al., 2013: 45).

Implementing emotionally intelligent practices may encounter resistance from employees accustomed to more traditional leadership styles. Leaders must be prepared to address concerns and provide training to facilitate the transition to a more emotionally intelligent approach.

Change management strategies can be instrumental in easing this transition and ensuring that employees understand the benefits of emotional intelligence (Kotter, 1996: 24).

Leaders must also be aware of the potential for emotional burnout among themselves and their teams. High emotional demands can lead to stress and fatigue, which can undermine engagement. Leaders should prioritize self-care and promote a healthy work-life balance within their teams to mitigate these risks. Encouraging regular breaks, providing mental health resources, and fostering a supportive environment can help prevent burnout (Maslach & Leiter, 2016: 120).



Measuring emotional intelligence can be challenging, as it encompasses a range of skills and behaviors. Organizations must implement effective assessment tools to gauge EI levels among leaders and employees accurately. Regular assessments can provide insights into areas for improvement and help inform training programs (Mayer et al., 2008: 214).

Emotional intelligence is a skill that requires ongoing development. Organizations should foster a culture of continuous learning, encouraging leaders and employees to seek out training and development opportunities. This commitment can lead to a more engaged and capable workforce (Goleman & Boyatzis, 2017: 89). Incorporating technology can aid in developing emotional intelligence. Online training modules, virtual workshops, and AI-driven feedback tools can provide valuable resources for leaders and employees to enhance their EI skills. Leveraging technology in this way can make training more accessible and engaging (Mayer et al., 2020: 156).

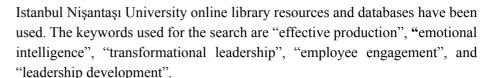
In virtual settings, the lack of face-to-face interaction can hinder emotional connections. If leaders have difficulty establishing relationships with employees within the company or if they implement a remote working model, they need to strengthen their bond by checking in with employees at certain periods or establishing a primary relationship in order to keep interaction and communication with employees effective (Purvanova, 2014: 156).

The structure of an organization can also influence the effectiveness of emotionally intelligent leadership. Hierarchical structures may impede open communication and trust. Leaders should assess their organizational frameworks and consider ways to foster a more collaborative and empowered environment (Bolman & Deal, 2017: 78).

Engaging stakeholders, including employees, customers, and partners, is essential for fostering an emotionally intelligent organization. Leaders should actively seek input and feedback from various stakeholders to create a more inclusive environment and enhance overall engagement (Freeman et al., 2010: 45).

2. METHODOLOGY

This study aims to reveal the impact of emotional intelligence on employee engagement in a transformational leadership style. Previous studies on the subject were reviewed and analyzed in depth. For this purpose, a systematic literature review approach has been utilized as a qualitative research methodology. Various databases such as EBSCOHOST, Emerald, Google Scholar, Springer, and



3. FINDINGS AND DISCUSSION

A general evaluation of the studies reviewed within the scope of this study reveals that emotional intelligence has an impact on transformational leadership style and employee engagement. It can be argued that these studies reveal three main themes: emotional awareness and empathy, building trust through communication, and visionary leadership and motivation. A general evaluation of the studies suggests that transformational leaders foster high emotional awareness and that when they develop management strategies that take employees' emotional states into account, management will be more effective and efficient. Another aspect of communication and trust is the relationship between communication and trust, where leaders with strong emotional intelligence communicate more openly with their employees than other managers and foster an environment of trust. Finally, regarding visionary leadership and motivation, it can be concluded that increased emotional intelligence levels are linked to managers possessing a more visionary perspective.

A general evaluation of the studies reviewed within the scope of this study aligns with the "individual consideration" and "inspirational motivation" dimensions emphasized in Bass and Avolio's (1994) transformational leadership model. It has been determined that the empathic and understanding approaches of emotionally intelligent leaders increase employee organizational commitment and create an environment of psychological trust (Bass & Avolio, 1994: 21-28). These results support Goleman's (1995) definition of emotional intelligence. The research findings also reveal that employees demonstrate loyalty to their leaders and organizations not only through rational considerations but also by establishing emotional connections (Goleman, 1995: 43-45). In line with the emotional intelligence model developed by Mayer and Salovey (1997), a leader's ability to recognize and manage their own emotions and the emotions of others is considered a key element in enhancing employee motivation. This study demonstrates that emotional intelligence fosters employee commitment by creating the "spirit" of transformational leadership (Mayer & Salovey, 1997: 10-12).



3.1. Theoretical and Practical Contributions

This research is thought to provide multidimensional theoretical contributions to the leadership literature by identifying the common points of the concepts of emotional intelligence, employee commitment, and transformational leadership from previous studies.

This research demonstrates that when emotional intelligence is integrated with the transformational leadership approach, it significantly increases employees' commitment to the workplace, and their sense of belonging increases, offering positive implications for both managers and leaders aiming for effective and efficient human resources.

3.2. Limitations and Future Research Recommendations

While this research was being conducted, the time constraints, the paid resources used within the scope of the study, and the limited budget constituted the limitations of the study.

More studies are needed in this area to identify new leadership types in order to determine the effects of emotional intelligence in terms of governance that includes multiple participation in decisions taken in companies. Longitudinal studies could provide deeper insights into how emotional intelligence impacts engagement over time, as well as the long-term effects on organizational performance. In addition, companies managed with traditional systems will have to integrate with today's conditions, or with the restrictions experienced during the Covid 19 Pandemic period, which we felt the effects of in the world and our country in March 2020, remote and flexible working systems developed more, and companies managed with strict policies have had to follow technological innovations. Therefore, companies with traditional management have also had to bend their rules to produce effectively and efficiently. Studies can be done in this area.

As globalization continues to shape the workforce, future studies should explore how emotional intelligence can be adapted to accommodate diverse cultural perspectives. Understanding how emotional intelligence manifests in various cultural contexts will be crucial for leaders operating in multinational organizations.

The role of technology in facilitating emotional intelligence development is



another area ripe for research. Investigating how digital tools and platforms can support emotional intelligence training and engagement practices may yield valuable insights for modern organizations.

In the later stages, research can address whether emotional intelligence has a significant effect on solving crises experienced in companies, what the differences are between leaders with more emotional intelligence characteristics and others in coping with difficulties, and what is the level of communication is with other companies and their employees in a disrupted market. Understanding these dynamics can provide valuable lessons for organizations facing future crises.

CONCLUSION

The interplay between emotional intelligence and transformational leadership is crucial for enhancing employee engagement. Leaders with high emotional intelligence can inspire, motivate, and engage their teams, leading to significant organizational success. As the workplace continues to evolve, organizations must focus on cultivating emotionally intelligent leaders to foster a committed and engaged workforce. Recognizing the importance of EI in leadership can create an environment conducive to creativity, teamwork, and sustained performance.

In conclusion, emotional intelligence is not merely an asset but a necessity for leaders aiming to drive engagement and performance. By understanding and implementing emotional intelligence within the framework of transformational leadership, organizations can unlock the full potential of their workforce and achieve lasting success. Organizations that prioritize emotional intelligence in their leadership development will likely see improved employee engagement, satisfaction, and overall organizational effectiveness.





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CHAPTER 8

LEADERSHIP FOR SMEs IN THE DIGITAL AGE

M.Hazem Al EKHWAN

Master Student, Graduate Education Institute, Business Administration Department (Without Thesis, English), 20231560066@std.nisantasi.edu.tr ORCID: 0009-0004-6122-534X

Assist, Prof. Dr. Hikmet ERKAN

EASSF; Business Administration Department, hikmet.erkan@nisantasi.edu ORCID: 0009-0001-3442-1837

INTRODUCTION

Small and medium-sized enterprises (SMEs) account for over 90% of businesses worldwide, serving as central engines of employment, innovation, and economic diversification—especially in developing regions (World Bank, 2021; North & Smallbone, 2020). In the context of rapid digitalization, SMEs face a wave of unprecedented challenges and opportunities. Emerging technologies such as artificial intelligence, big data, the Internet of Things, and blockchain are fundamentally disrupting traditional business models. While large corporations typically possess the resources and expertise to leverage these advancements, SMEs often contend with limited budgets, outdated IT infrastructure, and gaps in digital capability (Kane et al., 2019).

As digital transformation becomes increasingly critical for organizational survival and sustainable growth, leadership stands out as a decisive factor shaping enterprise outcomes (Hess et al., 2016). Digital transformation involves the integration of digital technologies across all aspects of business operations,



requiring SMEs to fundamentally rethink their models, processes, and customer engagement strategies (Matt et al., 2015). Visionary leadership is essential in aligning innovation with strategic objectives, particularly as SME leaders frequently operate under resource constraints and must assume multiple roles within their organizations—serving simultaneously as strategists, motivators, technologists, and change agents (Bass & Riggio, 2006).

Leadership is especially pivotal in overcoming resistance to change. The human dimension of organizational transformation—cultivating trust, engagement, and adaptability among employees—depends heavily on leaders' capacity to guide their teams through uncertainty and change (Heifetz et al., 2009). Effective leaders not only conduct technology adoption but also support a culture of continuous learning and innovation.

This paper examines the impact of leadership styles and practices on the success or failure of digital transformation initiatives within SMEs. It draws on a comprehensive body of research and employs the PRISMA systematic review methodology to synthesize the most relevant and robust evidence, aiming to inform both theory and practice.

The study's primary aim is to examine the role of leadership in enabling digital transformation in SMEs through a systematic review guided by the PRISMA model. The goals are to identify leadership styles that align with effective digital transformation in SMEs, review the key challenges faced by SMEs in adopting a digital agenda and the ways leaders deal with these challenges, consolidate thematic insights from the current literature, and provide recommendations for future research.

1. CONCEPTUAL FRAMEWORK

Operating in the digital age as an SME is, to say the least, tricky. Rapid technological changes and a never-ending series of challenges gives the workplace landscape a whole new meaning. What is leadership? There is no one-size-fits-all responsibility called leadership in a business; there is strategy, a moving target, requiring entrepreneurs to adapt to a constantly changing environment. Leaders thus need to develop into more than just human beings who are "leaders." Leaders must know when to lead, when to inspire, when to support, and when the direct opposite of each action is required.

The styles of leadership that position themselves above all others are the ones that: transformational, servant and adaptive. These seem to demonstrate



their value in navigating uncertainty, employee engagement, and encouraging innovation. Emotional intelligence is basically the glue here, holding everything together and letting leaders shift between different approaches as situations get tense.

For SMEs, where resources are tight and leaders are involved in everything, the impact is direct and significant. Leadership style genuinely shapes how these organizations learn, whether they're ready to keep up with digital changes, and if they can sustain growth over time. This framework lays out the theoretical principles connecting leadership approaches to successful crisis management and digital adaptation in small and medium-sized enterprises.

1.1. The Importance of Leadership in Crisis Management and Leadership Style Approaches

During crises, leadership demands extend far beyond basic management. Leaders are suddenly responsible not just for operational decisions, but for guiding people through chaos with emotional awareness, clear communication, and genuine vision. Their role becomes essential for keeping organizations steady and helping teams recover amid uncertainty (Heifetz, Grashow, & Linsky, 2009). The expectation isn't just to find solutions—leaders also need to safeguard morale and foster a sense of psychological safety (Boin et al., 2013).

Different leadership styles have their ways of handling these high-pressure moments. Transformational leaders, for example, motivate and inspire, helping teams see beyond immediate setbacks and focus on a shared vision (Bass & Riggio, 2006). Servant leadership stands out for its emphasis on empathy and community, prioritizing the well-being of team members to strengthen resilience and emotional stability (Greenleaf, 1977; Ofei et al., 2023). Adaptive leadership, meanwhile, stresses the need for flexibility, ongoing learning, and empowering teams to navigate unpredictable circumstances (Heifetz et al., 2009; Uzair & Bhaumik, 2023).

Ultimately, there is no single formula for effective crisis leadership. The most successful leaders are those who combine elements from multiple approaches, demonstrating both strategic acumen and authentic care for their teams as they navigate disruption.



1.1.1. Leadership Styles and Their Characteristics

In times of crisis, leadership approaches rarely adhere strictly to a single framework. Instead, effective leaders often draw upon a range of leadership models, adapting their style to meet the complex demands of the situation. How leadership is enacted shapes team dynamics and can significantly influence an organization's ability to navigate uncertainty.

Transformational leadership, characterized by idealized influence, inspirational motivation, intellectual stimulation, and individualized consideration (Bass, 1985), has frequently been associated with innovation and the ability to drive long-term organizational change—attributes that become especially critical during crises.

Servant leadership, as conceptualized by Greenleaf (1977), prioritizes the growth and well-being of team members, fostering a sense of shared purpose. This approach has been shown to enhance psychological safety and morale, both of which are essential for maintaining cohesion and performance under pressure (Ofei et al., 2023).

Adaptive leadership, articulated by Heifetz et al. (2009), emphasizes the capacity to respond to rapid change through collaborative problem-solving, systems thinking, and ongoing learning. Leaders who employ adaptive methods facilitate organizational resilience and the ability to evolve in the face of disruption.

Most importantly, these leadership styles are not definitely mutually exclusive. In practice, leaders, and especially in small and medium sized enterprises, will use aspects of different models, or differing levels of different models, to form a hybrid version applicable to the challenge at hand. Clearly, emotional intelligence is important here as it helps leaders understand circumstances and modify their responses. As noted by Lee (2004), flexibility through blending of leadership styles is of course instrumental for organizational success in crisis environment.

1.1.2. Leadership Approaches and Characteristics in Small and Medium Enterprises (SMEs)

In the case of small and medium-sized enterprises (SMEs), leadership tends to be rather direct and concentrated around a founder, or a small group of managers. Leaders of SMEs tend to balance numerous roles simultaneously-strategic plan, manage finances, human resources, and innovate (Storey, 2016; North & Smallbone, 2020).



The literature suggests that SME leaders regularly use pragmatic, relationship-focused, and situational styles of leadership (Kelliher & Reinl, 2009). SME leaders need to be adaptable due to limited resources and they need to react quickly to both internal organizational issues and external changes in the environment. SME leaders may be effective by being personal and persuasive with employees while making quick decisions that are responsive to changes in the market.

Additionally, successful SME leaders, during periods of digital transformation, demonstrate openness to technology, a willingness to empower their employees, and the ability to use innovation strategically in coordinating and prioritizing their decisions with the long-term intentions of the business (Hess et al., 2016).

1.2. The Importance of Leadership in the Digital Age

Leadership has changed a lot in the digital age, with leadership going well beyond the narrow definition of management. Contemporary leaders are expected as Kane et al (2019) suggest to lead and be digital fluent, data literate, flexible, and have systemic thinking. Leaders are not only responsible for managing daily operations, rather their duties encompass leading organizational change, creating digital capable teams, and creating a culture of change and innovation (Westerman et al., 2014). Furthermore, as Caldwell et al. (2020) indicate! Other attributes such as emotional intelligence, ongoing learning behaviours, and change management skills are essential for operating in this fastest environment of change.

1.2.1. What Is the Digital Age? What Leadership Crises Does It Involve?

Technology has exploded during the digital age--with artificial intelligence, Internet of Things devices, cloud computing, and big data analytics all arising. A change in technological innovation and capabilities is disrupting the way organizations function, changing consumer habits, and altering value chains (Brynjolfsson & McAfee, 2014). Concurrently, leadership is faced with tremendous pressure. The resistance to new technologies is widespread, there remains an ongoing shortcoming in upskilling workers, and sustaining an organizational culture is more challenging than ever in a world that is always changing (Matt et al., 2015). Many leaders are caught between stale legacy systems and the necessity for agility and struggle to maintain the dialectic



relationship. When leaders fail to maintain this relationship, they often experience either variety of digital inertia or fragmentation when implementing new technologies (Hess et al., 2016).

1.2.2. Required Employee Competencies in the Digital Age

The digital workforce will require a new and continually changing set of competencies, including digital literacy, data-informed decision making, problem solving, collaboration through technology, and adaptability (World Economic Forum, 2020). Competencies such as being aware of cybersecurity, communicating effectively remotely, and having a mindset of innovation are now equally critical.

Leaders have a responsibility to develop these skills in their teams by encouraging continuous learning, allowing for experimentation and innovation, and investing in development programs with a digital training component (Kane et al., 2019).

1.3. The Relationship Between Leadership Approaches and Crisis Resolution in SMEs in the Digital Age

Even academically, it's agreed that leadership isn't just a nice-to-have for SMEs facing digital cahnge. The literature keeps underscoring how crucial leadership is, especially when organizations are up against constant technological shifts and crises. What stands out is that leaders who demonstrate adaptability and can motivate their teams—think transformational and adaptive leadership—consistently help SMEs better manage digital disruption (see Hess et al., 2016; Kane et al., 2019 for details).

Leadership also serves as a key intermediary, linking digital strategies with a company's readiness for change, shaping how employees engage with new tech, and driving agile responses when the market takes an unexpected turn (Matt et al., 2015). When SME leaders are proactive, emotionally intelligent, and focused on the future, their organizations are more likely to navigate uncertainty effectively and build digital resilience (North & Smallbone, 2020).



2. METHODOLOGY

To investigate leadership within SMEs during the digital era, researchers employed qualitative methods, primarily reviewing existing literature and analyzing relevant case studies. The approach was systematic, adhering to the PRISMA framework to ensure thoroughness and transparency. The primary aim was to examine how various leadership styles and approaches manifest during periods of crisis in small and medium-sized enterprises, with an emphasis on practical, real-world implications rather than solely theoretical perspectives.

2.1. Research Design

This study adopts an interpretive, qualitative methodology, drawing primarily on secondary data from established academic sources. Rather than collecting new datasets, it synthesizes existing scholarly research, aiming to weave together diverse findings into a cohesive conceptual framework. The focus is on integrating and contextualizing prior empirical work to form a broader, more comprehensive understanding of the topic.

2.2. Data Collection

A comprehensive literature search was conducted using databases such as Google Scholar, Scopus, Web of Science, JSTOR, Emerald Insight, and ScienceDirect. The search strategy involved various combinations of terms including "leadership," "SMEs," "digital transformation," "transformational leadership," "adaptive leadership," and "digital leadership," utilizing Boolean operators (AND/OR) to optimize results. Only peer-reviewed journal articles published between 2009 and 2024, written in English, and specifically addressing leadership within SMEs in digital contexts were selected for inclusion.

In the search strategy, there was the use of keywords a combination of:

- 1. "Leadership & SMEs"
- 2. "Crisis Management"
- 3. "Digital Transformation & Digital Leadership"
- 4. "Transformational Leadership"
- 5. "Adaptive Leadership"





2.3. Inclusion and Exclusion Criteria

2.3.1. Inclusion Criteria:

- 1. Peer-reviewed journal articles (2018 2024)
- 2. Things Find outputs in English Language publications
- 3. Digital transformation in organizational crisis leadership contexts in SMEs are important for understanding how leaders can navigate and adapt to the challenges of a crisis in the digital age
- 4. Empirical research (Qualitative or Quantitative)

2.3.2. Exclusion Criteria

A total of 23 duplicate records were removed initially. Following a review of titles and abstracts for relevance, 32 additional articles were excluded. This process resulted in 71 articles remaining for further analysis.

Further exclusions were made for non-empirical studies, as well as for publications with unclear definitions of digital transformation or leadership. Papers that did not maintain a primary focus on leadership within the SME context, offered only brief mentions of digital transformation, were not peer-reviewed, lacked full text, or contained irrelevant content, were also excluded from the final set.

2.4. Screening and Selection Process

In the final stage of study selection, we conducted a comprehensive full-text review to assess both the quality and relevance of each record. Initially, 126 studies were identified. Each full-text article was obtained and evaluated against the inclusion criteria. Studies were excluded if they did not focus on SMEs, if leadership was not a central component, or if digital transformation was only mentioned superficially without substantive analysis. This screening process resulted in 36 studies meeting all eligibility requirements.

Subsequently, these 36 studies underwent thematic analysis to extract key dimensions, recurring patterns, and theoretical insights specific to leadership within SMEs operating in the context of digital transformation. The review encompassed both qualitative and quantitative research, allowing for a multifaceted understanding of the subject.



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To ensure methodological rigor and transparency, the PRISMA framework was systematically applied throughout the review process. Table 1 provides a detailed summary of the PRISMA workflow, including the number of resources identified, selected, and excluded, as well as the specific reasons for exclusion.

Table 1. PRISMA Flow of the Study

Types of	Number	Number	Number	Exclusion
Resources	of	of	of	Reasons
	Reached	Included	Excluded	
	Resources	Resources	Resources	
Leadership &	45	15	33	Not focus on
SMEs				leadership
Digital	65	16	49	in non-SME
Transformation				contexts; briefly
& Digital				mentions digital
Leadership				transformation,
Crisis	16	5	11	not peer-reviewed
Management				and lacks full
Total	126	36	93	text, duplicates,
				irrelevant
				information etc.

2.5. Data Analysis

The analysis encompassed a broad selection of articles, integrating both qualitative and quantitative research to capture a wide methodological spectrum. Through systematic thematic coding, several key concepts emerged—namely, leadership within SMEs, the process of digital transformation, the characteristics of digital leadership, and the intersection of these factors with crisis management. This approach facilitated the synthesis of core themes, providing a clearer understanding of how digital transformation impacts crisis leadership effectiveness in small and medium-sized enterprises.



3. FINDINGS AND DISCUSSION

This study synthesizes findings from 36 empirical articles published between 2009 and 2025, focusing squarely on leadership effectiveness during organizational crises brought on by digital transformation. The data strongly suggest that leadership, particularly in SMEs, operates as a dynamic and adaptive function—one that directly shapes digital readiness at every stage, from initial tech adoption to deep-rooted cultural integration.

Core determinants for successful digitalization in SMEs seem to be trust, a pronounced learning orientation, and strategic alignment. Miss any of these, and digital initiatives tend to stall or outright fail. Theoretically, the review brings together frameworks from transformational and adaptive leadership literature, applying them to the SME context in digital transformation scenarios.

On the practical side, the study points to a clear need for leadership development programs that are actually tailored to the SME environment—not just scaled-down corporate models. Emphasis falls on emotional intelligence, digital literacy, and agile change management capabilities. The use of the PRISMA methodology reinforces methodological rigor, ensuring that the thematic synthesis produces actionable, evidence-based insights into leadership behaviors that foster digital resilience. Particular study has been obtained as the result of a systematic literature review using 36 different empirical studies published between 2009 and 2025, focusing on leadership effectiveness in guiding organizations through crises during digital transformation.

3.1. Transformational and Adaptive Leadership

Transformational leadership creates perspectives, imagination, and intrinsic motivation (Bass & Riggio, 2006, Coldwell, et al., 2020). Adaptive leadership centres on experimentation and learning in the presence of uncertainty (Heifetz, et al., 2009; Uzair & Bhaumik, 2023). Leadership characteristics are often discussed in the literature related to digital transformation in SMEs. Researchers have highlighted the way in which these leaders are crucial to developing innovation, strategic willingness to take risks, and employee motivation across rapid technological shifts. Leaders effectively provide organizational stability during significant digital disruption. SMEs led by transformational leaders had a much higher proportion of successful digital business adoption often through integration of employee learning and professional development



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with incentives for innovation. Adaptive leaders seem particularly effective in fast-paced environments, such as retail and logistics, when digital disruption creates demands for rapid change in business strategy. Leadership brands who effectively respond to volatility demonstrate more sustained organizational stability throughout ongoing digital innovation and change.

3.2. Trust-Building and Engagement

Trust is the essential building block of digital transitions, notably in SMEs with a relatively constrained culture (Yukl & Mahsud, 2010; North & Smallbone, 2020). Transparency at the leadership level, and two-way (and most importantly genuine) communication, are key to alleviating resistance to change and building the feelings of ownership within employees. Participative leadership allows for further commitment to digital strategies, with different cases illustrating how involvement of staff in technology decisions increases employee morale and adaptability (North & Smallbone, 2020). Moreover, the obligation to build trust does not simply end with the internal environment; external partners and customers who are key stakeholders in the digital ecosytem are equally involved. This reinforces the demand for ethical leadership, especially in terms of managing data and communication.

3.3. Overcoming Resource Constraints

The adoption of digital technology often comes with financial limitations and a lack of technology support for small and medium-sized enterprises (SMEs). Leadership is crucial in this situation for involving pragmatic approaches, establishing what needs to be managed under a tight budget, and thinking strategically about investment and technology. For example, investing in scalable solutions such as cloud platforms are a good approach to address the resource gap and working with emerging tech companies or institutions may help fill in the technology void (Matt et al., 2015; Stojkovski & Nenovski, 2024). While not all engagement with local tech start-ups or academic institutions may be theoretical, in practice many SMEs will seek external support from those already expertise in the desired technology to complement their own organization.

Furthermore, organizational leaders who prefer lean innovations also tend to



fare better. By minimizing risk and learning in the process, these organizations are able to continue their digital transformation efforts while incumbent financial pressures have been maximized (Bijl et al., 2019). In summary, for SMEs navigating digital change, adaptability and creativity, or simply stated ingenuity, at the leadership level should be a priority.

3.4. Strategic and Cultural Alignment

Figure 1 illustrates a conceptual framework mapping the primary relationships identified in this study's thematic analysis.

Digital transformation fundamentally rests on two pillars: leadership and a combined strategy-and-culture approach (Sarfraz et al., 2024). Occasionally, strategic considerations direct leadership styles, while at other times, leadership actively shapes both strategic direction and organizational culture. In the realm of digital transformation, leaders are expected to demonstrate three core attributes—proactivity, high emotional intelligence, and a forward-looking mindset (Storey, 2016).

Two principal leadership models emerge as particularly relevant in this context. Transformational leadership centers on inspiring and motivating employees, fostering innovation, and helping individuals realize their full potential. Visionary in nature, transformational leaders articulate compelling goals, support personal and professional development, and encourage adaptability and commitment to change (Bass & Riggio, 2006). These leaders not only facilitate the adoption of new technologies but also help employees understand and engage with the broader purpose of transformation.

Adaptive leadership, on the other hand, focuses on versatility in uncertain and convoluted contexts. Leaders using this approach find creative ways to respond to evolving problems, adapt to stakeholder needs, assign work in exploratory ways based on stakeholder engagement, and support their teams through uncertainty (Heifetz et al., 2009). Identifying adaptive leadership looks like dealing with uncertainty, collaborative learning and rapid response. During crises, adaptive leaders foster engagement and morale while managing the transition to rituals that connect with technology (Uzair & Bhaumik, 2023).

Adaptive and transformational leadership are important for the development and sustainability of trust in organizations throughout the transformation (Westerman et al., 2014). These leadership approaches facilitate and support trust which is essential to ensuring commitment and widespread engagement





in change efforts. Trust is vital in the small and medium enterprise (SME) context where organizations often must implement digital transformation with limited resources, a major consideration in strategic decision making (Kane et al., 2019).

Overall, it is important to recognize that all transformation processes are complex, requiring effective crisis management and adaptive, effective leadership.

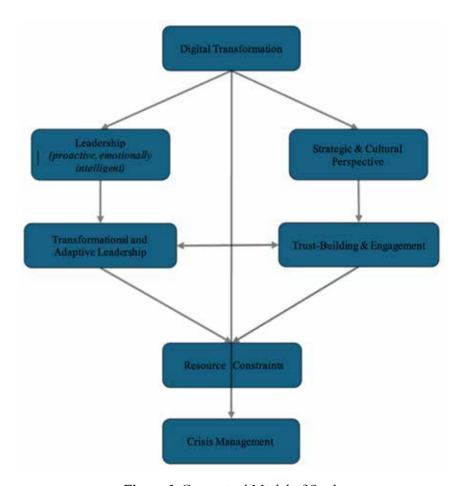


Figure 1. Conceptual Model of Study

3.5. Theoretical Contributions

This research provides a new framework to conceptualise leadership in SMEs involved in digital transformation. We need to be clear: leadership here is not a checklist. Leadership is on the move; changing, respanding





to the next digital disruption. The analysis highlights transformational and adaptive leadership as the new models that work under intense circumstances of radical transformation and uncertainty.

While traditional leadership theories focus on decision making and risk management, that does not tell us the whole story anymore (especially in small-and medium-sized enterprises (SMEs), which often have limited resources and little stability). In these cases, it is not enough for leaders to be smart when making decisions or managing risk. From our analysis, the aspects of shaping organizational culture with agility and a capacity for change aligned with digital strategies are probably equally (or more) important.

This study reinforces the importance of employee engagement; it's not a 'will do'; employee engagement is a central component. Employee engagement provides employees with meaningful role defining opportunities to connect with leadership, engage with change with technology, and participate in innovation within the organization. Building trust with and creating opportunities for participation are not detractors for leaders involved with digital.

3.6. Practical Implications

This study provided valuable insights for practitioners as it emphasized the importance of leadership in the effective management of digital transformation for SMEs. The evidence suggests that leadership is a critical factor not only for managing change but also for building resilience, promoting innovation and competitiveness over time. In this context, spending money on leadership development is not something to consider, but rather a strategic plan of action. Organizations that invest in developing their leaders are also more likely to pivot and reorganize faster when disruption strikes, recover from failure, and stay one step ahead in an increasingly digital environment.

The recommendations below for practitioners emerge from the empirical results of the study.

- 1. Develop targeted leadership training programs focused on digital strategy, specifically tailored to the needs and constraints of SMEs.
- 2. Foster collaborative ecosystems that enable knowledge sharing, mentorship, and partnership opportunities among SMEs undergoing digital transformation.
- 3. Encourage agile experimentation with digital tools and technologies,





allowing SMEs to adapt quickly and learn through iterative processes.

- 4. *Promote inclusive decision-making* processes and enhance internal communication channels to ensure employee engagement and trust throughout the transformation.
- 5. *Integrate leadership performance indicators (KPIs)* into broader digital transformation metrics to assess and guide leadership effectiveness in dynamic environments.

These recommendations aim to bridge the gap between theory and practice, providing actionable strategies to support SME leaders in navigating the challenges of digital transformation.

3.7. Limitations of the Study

While this study has broad scope, limits should be recognized. First and foremost, the systematic literature review—our method of secondary data collection—limits our ability to capture real-time leadership practices and the subtle context dynamics that can be revealed during crises. Hence, our findings potentially misrepresent the complexity of leadership behavior in practice.

Second, our review limited its search strategies to studies written in English, thus excluding research studies written in other languages. This restriction likely led to the omission of valuable insights and perspectives from non-English sources, narrowing the contextual diversity within the analysis.

Lastly, the review concentrated on empirical studies published from 2009 to 2025, aligning the analysis with recent trends in digital transformation. While this focus enhances the review's relevance to contemporary developments, it may unintentionally overlook earlier theoretical work that could offer essential perspectives on leadership in crises.

3.8. Future Research Recommendations

A significant potential exists for extending empirical research to explore more on leadership in the digital age in SMEs especially through the lens of crisis management. Further research in a wider range of national contexts and industries would improve the strength and generalizability of the results. Furthermore, broader geographical and linguistic coverage of studies will also lead to greater generalisability and a more complete picture of the phenomenon.



Future research should consider the following directions:

- 1. Longitudinal studies tracing how leadership affects digital transformation and crisis resilience in SMEs are under-explored.
- 2. Conduct regional and cultural comparison studies to understand how leadership is practiced and challenged in various sociocultural settings.
- 3. Conduct industry-level research (e.g., exploring how leadership differs in the retail versus the manufacturing sector) to uncover any industry-specific dynamics.
- 4. Employ interdisciplinary methodologies that integrate leadership theories with information technology frameworks, fostering a more holistic approach to digital transformation research.

These will help build a richer, more nuanced understanding of effective leadership for SMEs navigating the complexities of the digital era.

CONCLUSION

This paper offers a thorough review of studies that look into how successful leadership is in SMEs going through digital transformation during emergencies. This review synthesizes 36 studies conducted between 2009 and 2025, illustrating leadership as a dynamic process pivotal for cultivating digital resilience. In the context of challenging transformation initiatives, leaders who effectively blend transformational and adaptive leadership practices deploy key strategies that promote innovation, navigate uncertainty, and sustain the trust of employees.

According to this study, while resource management and strategic decision-making are certainly facets of a leader's role in SMEs, the researcher demonstrated that leaders also have a role to play in connecting their digital strategies to the company's values and encouraging employee buy-in. The study identified trust and inclusive communication strategies as helping link employee commitment to adopting digital technology.

The study pointed out the unique challenges faced by SMEs in relation to limited resources and organizational constraints, underlining the importance of creative resource use and establishing strategic partnerships. The findings also showed that proactive, emotionally intelligent, and visionary leaders are better positioned to guide their organizations through digital disruption and crisis-management processes. Practically, the study advocates for customized



leadership programs focused on change management and digital literacy that are responsive to the specific needs of SMEs. The findings also propose actionable recommendations, such as embedding leadership KPIs into transformation actions, encouraging agile experimentation, and formalizing collaborative ecosystems. Significantly, SMEs also need to recognize that leadership is both a strategic asset in the digital transformation journey.

In this journey, leadership entails building trust, empowering people, and mapping and implementation of their action plans. Furthermore, governments and industry associations have an important role to play in supporting SMEs through well-targeted developmental training programmes, or targeted financial opportunities, as well as policy incentives.

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